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An innovative link to news and activities for the City of West Des Moines

WDM magazine

Issue 33 | Spring/Summer 2014

6-9

- Valley Junction Events
- WDM Events

18

2014
Solid Waste
Events

p1

WDM Parks &
Recreation

Technology Workers are in Super High Demand!

The DMACC West Des Moines Campus Data Communications program can get you there in only 2 years at a very low tuition cost.

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- ▶ Quick Job Placement
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- ▶ Profession is in High Demand



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INNOVATION
DES MOINES AREA COMMUNITY COLLEGE WEST CAMPUS

DMACC
DES MOINES AREA
COMMUNITY COLLEGE
Life's Calling

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Partner with WDM Magazine and reach over 30,000 homes and businesses in West Des Moines. Contact Terry Block at wdm.mag@gmail.com (515) 240-3750 or (515) 222-3598. Ask for a media kit and more information on how you can **increase YOUR business** through a sponsorship in the WDM Magazine.





Eye On West Des Moines Photo Contest

The City of West Des Moines is partnering with WDM Magazine to sponsor the Eye on West Des Moines Photo Contest. Submissions for the 2014 contest are accepted anytime through Friday, June 13 at 4:00pm. Entries must be electronically submitted to parkrec@wdm.iowa.gov.

- Grand Prize/Overall Winner: **\$100** and featured on the cover of a future edition of WDM Magazine.
- Category Winners: **\$50**

All submissions must be received by **June 13, 2014 at 4:00 p.m.**

Photographs must be entered in one of five categories that represent life in the City of West Des Moines:

- Living – Activities/Events
- Living – Plants/Wildlife
- Seasons in WDM
- Raising Families
- Doing Business

For more information please contact Mark Brewick at 222-3441 or Mark.Brewick@wdm.iowa.gov

SPONSORSHIP INDEX

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DMACC • Inside Front Cover www.dmacc.edu	Polk County • Page 10 www.polkcounty.iowa.gov	Mercy Medical Center WEST LAKES • Back Cover www.mercywestlakes.org	Iowa Games • Page p24 (Parks & Recreation pull-out) www.iowagames.org	HRGreen • Page 2 www.HRGreen.com

To become a sponsor please contact Terry Block at wdm.mag@gmail.com or (515) 240-3750 or (515) 222-3598



Community Visioning

Knowing where you're going is an essential part of producing the right results and, ultimately, reaching the right destination.

That's why the West Des Moines

City Council and I host a retreat with senior management staff each year. Our most recent retreat was held in early December — and there were many positive topics on the table as we discussed the accomplishments of 2013, our organizational progress, our goals for the next five years and a clear vision for our community.

In 2012, the council and I put forth broad, ambitious goal statements for the City to work toward, including becoming a **'Preferred Location for Business'**, and a **'Leader in Providing Infrastructure for Economic Development and Quality of Life.'** We also set goals to strive to be an **"Innovative, Creative, Service-Centered Organization"**, to create **'Abundant Opportunities to Enjoy Life'** in our community, to make it a priority to be a **'Safe Community'**, to make decisions as **'Exceptional Stewards of Community'**, and take action to develop the **'Highest Educated Workforce in the Midwest'**.

I'm pleased to say we've made progress on all seven goals this past year and we'll continue to move forward on them in 2014.

It's been our philosophy that the keys to success include strategic short-term and long-term planning, beneficial partnerships, effective policy implementation, strong fiscal management, the ability to build on past successes, and the ability to create an environment that allows citizens and businesses to be successful.

In the most recent visioning session, we outlined some of the City's recent accomplishments and how those accomplishments line up with future actions steps for the 2014-2018 goals. For example, to become a preferred location for business, the City accepted recognition from both Google and Connect Iowa for efforts in providing online services and broadband infrastructure in our community.

Within our goal to provide infrastructure to expand economic development and promote quality of life, we've finished the third phase of the Southwest Connector and completed all necessary regulatory steps to start work on the 105th Street Interchange and connecting roads project. In line with our goal to be exceptional stewards of community resources, the City also has continued to advocate for responsible tax reform, maintained a steady property tax rate going on seven years, supported expanded public safety efforts, and implemented a strategy for a new public services facility.

This past year was one of the City's most successful. And, the proof is in some very impressive numbers. For instance, West Des Moines welcomed 1,823 new residents, facilitated the creation of 2,500 new jobs, and saw \$421.7 million in new building permits. That's the second-highest amount of new permits in our history.

When it comes to the City's success, there's no substitute for strong leadership, accountability for progress, and the implementation of a shared vision. I'm convinced we have all the tools in place to build on 2013's successes and prepare for the opportunities ahead in 2014.

The completion of the 105th Street Interchange and connecting roads project will continue to be a top priority along with reviewing and targeting areas within the City for economic growth and continuing to be a leader in broadband and fiber networks. As always, your council members and I will be continually working to serve you to the best of our abilities. We thank you very much for giving us the opportunity to serve you. Happy New Year!

Steven K. Gaer

9th Annual



'in the Junction

April 6 | 8am – 1pm

Join us for the 9th Annual Earth Day in the Junction Celebration on Sunday, April 6th from 8:00 a.m. to 1:00 p.m. This celebration of Earth Day includes a diverse group of exhibitors, children's activities, live music, 5K Run/Walk, and Children's Fun Run.

- **5K Run/Walk** | 9 am
- **Children's Fun Run** | 10 am
- **Toyota Hybrid Mileage Contest** 10:30 am
- Visit our **exhibits** and enjoy **live music** and **activities** at the **WDM Community Center** and **Green Grounds Café** — 8am – 1pm.

Earth Day in the Junction will celebrate its ninth year in the Des Moines metro in 2014. This family friendly event focuses on education about earth friendly, recyclable, sustainable practices and reducing our carbon footprint.

Entering its 44th year, Earth Day has become a prominent celebration internationally. It was started by Senator Gaylord Nelson of Wisconsin in 1970 as an environmental protest to call attention to mounting pollution, wildlife endangerment and disregard for natural resources in the United States. In the '90s, the recognition of Earth Day went global. In 2006 a group of organizations and businesses with local, regional, national and global sustainability concerns joined forces to create a local event to celebrate Earth Day and promote environmental education and green practices here in the Des Moines area.

Historic Valley Junction, in West Des Moines, is six square blocks of antique and specialty shops, art galleries, fashion boutiques, hair salons, service businesses and restaurants. Many of these businesses will be open to the public during the Earth Day Celebration.

For more information visit www.earthdayinthejunction.com.



Big **FUN** in **VALLEY** **JUNCTION**

Historic Valley Junction, a Main Street Iowa community, a Cultural and Entertainment District, an Iowa Great Place and a Great American Main Street Award winner, will be hosting a variety of family-friendly events this spring and summer. With over 65 event days, which are always FREE to the public, there is something for everyone – whether you are a lover of food, produce, live music, art, antiques, gifts, classic cars or simply meeting up with family and friends.

Signature events, sponsored in part by the City of West Des Moines and the West Des Moines Chamber of Commerce, include the Historic Valley Junction Farmers Market and Music in the Junction Concert Series. The Farmers Market takes place each Thursday May through late September in the 100 and 200 Blocks of 5th Street. The market features fresh Iowa produce, plants & flowers, breads & baked goods, arts & crafts, a wide variety of prepared foods and much, much more!

The Music in the Junction Concert Series, also held on Thursday evenings in May through September, takes place in Railroad Park. A beverage garden paired with local, live music makes for a lively, entertaining and fun-filled evening.

This year will mark the 10th Anniversary of Historic Valley Junction's Cinco de Mayo Celebration. This event is a celebration of Latino heritage in the Valley Junction neighborhood.



This one day festival held each May since 2005, features live music, prepared foods, children's activities, history references and also includes a formal presentation and coronation by the West Des Moines Mayor of a local King and Queen selected by local Latino community representatives. This event truly celebrates the roots and heritage of West Des Moines' original and only downtown.

Smokin' in the Junction, a two-day festival held over Memorial Day weekend is also sponsored in part by the City of West Des Moines and the West Des Moines Chamber. This Kansas City BBQ Society sanctioned event is held in the 100, 200 and 300 Blocks of 5th Street and includes two full days of live music. Approximately 15,000 spectators attend this event annually and over \$13,000 in prizes are awarded.



Additional Valley Junction annual events include: Spring and Fall Gallery Nights, Annual Rubber Boot Bash, Earth Day in the Junction Street Fair & 5K Run, Summer and Autumn Antique Jamborees, various car shows, Pumpkin Walk/ Chili Cook-Off and Jingle in the Junction Holiday Open Houses. Historic Valley Junction's Complete Calendar of Events is available at: www.valleyjunction.com.

Big FUN in WDM

Never a dull moment in West Des Moines! No matter your interest or location, there is something to do. **Valley West Mall** will continue to host **Family Nights** on the last Tuesday of each month from **6-8 pm**. Bring the kids and enjoy inflatable rides, crafts, special guests or activities, balloons, temporary tattoos and more. All activities are free. More information is posted on their web site at www.valleywestmall.com as to who each guest will be once they are booked. **The Easter Bunny** will be making its stop at **Valley West Mall** from **March 28-19th**! Photos with the Easter Bunny and Bunnyland will be available. With summer just around the corner, plan to watch the **Des Moines Menace**! The **Menace** will start their season on **May 31st**, playing their home

games on select Saturdays throughout the summer at Valley Stadium. Check out the **Menace** schedule at www.menacesoccer.com. Enjoy several options for music and outdoor activities at **Jordan Creek Town Center's Summer Concert series**, which kicks off **June 29th** with their annual concert and fireworks show. Concerts will be held weekly throughout the summer. Go to www.jordancreektowncenter.com for more details. Add **West Glen Town Center** to your summer activities with **Yoga at the Glen** (with live music to provide even more inspiration), **Fridays at the Fountain**, and the **Jazz in July Finale**! Get the specifics at westglentowncenter.com.

Enjoy West Des Moines in 2014!



Menace

Games start on May 31st and continue on many Saturdays through June and July hosted in Valley Stadium.

Jordan Creek Town Center

The kick-off for Jordan Creek Town Center's Summer Concert Series will be June 29th, with their annual concert and fireworks show. Concerts will be weekly throughout the summer. Check their website for details; www.jordancreektowncenter.com.

Valley West

Lots of fun things happening at Valley West Mall. Check out www.valleywestmall.com for all of our family activities and more.

Family nights are scheduled the last Tuesday of each month from 6:00 pm to 8 pm. Each family night, we have inflatable rides, crafts, special guests or activities, balloons, temporary tattoos and more. All activities are free. More information is posted on our web site as to who each guest will be once they are booked.

Family Nights: 6pm – 8pm

Tuesday, March 25th

Tuesday, April 29

Tuesday, May 27

Tuesday, June 24

Tuesday, July 29

Tuesday, August 26

Tuesday, September 30

Tuesday, October 28 (Also Beggars Night at the mall with costumes and trick or treating)

Visit The Easter Bunny:

March 28 –

April 19

The Easter Bunny will be in Center Court to

visit with boys and girls. Ride the Bunnyland Express train for only \$2 per ticket or 3 for \$5. Bunny's hours are Monday-Saturday 10am to 8pm and Sunday 11am to 6pm. The Easter Bunny will be at Valley West Mall from Friday, March 18-April 19. Valley West Mall will be closed Easter Sunday.

Have your photo taken with the Easter Bunny with packages starting at \$11.99.

Photo Packages Available:

- A: Two 5x7's, Eight Wallets, Four 3x5's, All your Images on USB with Photo Release, Plus a Free Gift – \$39.99
- B: Two 5x7's, Four Wallets, Two 3x5's – \$29.99
- C: One 5x7, and All Images on USB with Photo Release – \$26.99
- D: One 5x7 & Four Wallets – \$21.99
- E: One 3x5, Plus Two Photos in Two Key Chains or Magnets – \$16.99
- F: One 5 x 7 – \$11.99

All photos are copyright protected and can only be reproduced with the purchase of "A" or "C" packages.



West Glen Town Center

Watch for these upcoming events: Yoga at the Glen to live music, Fridays at the Fountain, and Jazz in July Finale.

For more information on these fun-filled events go to www.westglentowncenter.com



POLK COUNTY ELECTED OFFICIALS



Robert Brownell
1st District Supervisor



Tom Hockensmith
4th District Supervisor



Angela Connolly
2nd District Supervisor



John F. Mauro
5th District Supervisor Chair



Steve Van Oort
3rd District Supervisor



John Sarcone
County Attorney



Jamie Fitzgerald
Auditor



Julie M. Haggerty
Recorder

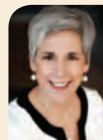


Bill McCarthy
Sheriff



Mary Maloney
Treasurer

Westside Community Center We're Getting Closer!



Angela Connolly
2nd District Supervisor
Representing
West Des Moines

Construction at the Westside Community Center (WCC) is going strong with details being provided on a weekly basis to the Polk County Board of Supervisors. Millwork has been delivered, as well as tile for the kitchen and painting has begun. Kitchen equipment, outside furniture and a kiln arrived the end of January.

"Progress has been continuous and problem free and I am extremely excited about the opening of this fantastic facility," Polk County Vice Chair Angela Connolly stated.

On January 2nd, approximately 25 seniors were given the opportunity to do a walk-thru guided by the architect. Linda Mason, who will be the Program Coordinator at WCC, indicated the reaction of the seniors was completely priceless. "Not only is everything ahead of schedule, but everyone is excited beyond words," said Mason.

An open house is scheduled for Thursday, March 6th from 1:00 p.m. to 3:00 p.m. and from 5:00 p.m. to 7:00 p.m. The new address is 134 - 6th St., West Des Moines. For more information, you may call 274-0373. Supervisor Connolly would like anyone who is interested in the facility and all that it has to offer, to please attend the grand opening or feel free to stop by anytime for a visit.



Polk County's New Administrator

Mark Wandro County Administrator



In October 2013, the Polk County Board of Supervisors unanimously ratified a contract to hire Urbandale's Mark Wandro as the new Polk County Administrator. Mark began serving in that capacity on November 4, 2013. He is the replacement for David Jones who recently left employment as Administrator to become the City Manager for the city of Ankeny.

Mark has lived in Central Iowa for over 25 years and has served state government, and Polk County, in a number of roles - including as former Assistant Polk County Engineer. Mark left his position as Executive Vice President of Snyder & Associates, Inc. to take

the position of Polk County Administrator.

Mark's background education and experience include: a B.S. Civil Engineering degree from Iowa State University and is also registered as a Professional Engineer & Land Surveyor with the State of Iowa.

He has extensive experience working with Des Moines MPO, Metro Waste Authority, Wastewater Reclamation Authority, as well as a background in working with multiple municipalities and local governments in Polk County.

Mark was the former director of the Iowa Department of Transportation where he managed a workforce of nearly 3,500 employees and annual budgets in excess of \$1 billion annually and lastly, former assistant Polk County Engineer for over 10 years with experience managing Engineering, Planning & Zoning, Building Permits, Housing Rehabilitation, Air Quality and Environmental Health.

Reservations Being Accepted For New Rental Cabins At Jester Park

Construction on the four modern rental cabins at Jester Park will be completed this spring. Each cabin has a two-story walkout floor plan. One larger cabin has two bedrooms and sleeps eight people while the other three cabins have one bedroom and sleeps six people. Amenities of each include a full kitchen (with refrigerator, range, microwave, coffee maker, toaster, dining area, limited pots and pans, cooking utensils, table service), restroom with shower, gas fireplace, front porch, barbecue grill, back deck overlooking the timber, and a communal fire pit.



The cabin site was carefully selected for its beautiful woodland setting and close proximity to many recreational amenities and environmental education programming opportunities. The cabins are nestled in woodland adjacent to Discovery Pond. This 2.8 acre pond is a popular fishing spot and public programming site. An accessible canoe/kayak access, fishing pier, and hiking trail around the pond provides safe and healthy outdoor activities for people of all ages and abilities. Within short walking distance, cabin users will stumble upon a secluded bird blind, elk and bison wildlife exhibit, and an innovative natural playscape. There are also many exciting places to explore while hiking on the nature trails in the park.

Online bookings can be made at www.mycountyparks.com. Reservations can be made beginning on Memorial Day Weekend. More details can be found by visiting Polk County Conservation's website at www.leadingyououtdoors.org. A grand opening event will take place on June 8th from 1-4 p.m. to celebrate the completion of the cabins and the restoration of Discovery Pond. Enjoy cabin tours, free canoe floats, fishing, and nature hikes. Passage of the Polk County Water and Land Legacy bond referendum in November of 2012 has allowed Conservation to move forward with this priority project.

IOWA GET SCREENED: Colorectal Cancer Program

Polk County Health Dept., Rick Kozin

The Polk County Health Department is participating in a colon cancer screening program launched by The Iowa Department of Public Health. The Iowa Get Screened: Colorectal Cancer Program is committed to raising awareness and promoting colon cancer screening in an effort to save lives from

UPCOMING COUNTY EVENTS

Survivor Day Camp March 21
9am – 3pm @ Jester Park Equestrian Center

Brown's Woods Clean-up April 5
9am – 11am @ Brown's Woods

Spring Fling Family Fun April 19
6:30pm to 8:30pm @ Brown's Woods

If you have questions regarding the above events please go to: <http://www.polkcountyiowa.gov/conservation/calendar/> or call 515-323-5300.

The Board of Supervisors convenes each Tuesday at 9:30 a.m. in room 120 in the Administrative Building.

Are You Interested In Polk County History?



Jamie Fitzgerald, Polk County Auditor

As part of our continued disaster recovery data project, the Polk County Auditor has scanned over 130 years of archived Board of Supervisor/County Commissioners meetings dating back to 1846. These files have been made available to the public online by year in pdf format.

This project is still in progress with the project moving from paper and book scanning to microfilm scanning.

The historical meeting web page has each decade broken down for easier searching: http://auditor.co.polk.ia.us/BOS_Historical_Meetings.htm.

Other historical items available on the Polk County auditor website include:

- Comprehensive Financial Reports dating back to 2000;
- Board of Supervisor meetings audio dating back to 2004;
- Historical Election Results dating back to 1997; and
- On-line transfer index dating back to 2005.

For more info, go to: <http://auditor.co.polk.ia.us/>

one of the deadliest, yet most preventable diseases.

To participate in the program, you must be between the ages of 50-64, be uninsured or underinsured, have a household income of up to 250% of the federal poverty guideline and have not previously been screened for colorectal cancer according to Centers for Disease Control and Prevention Guidelines.

For more information, or to see if you qualify, please call the Health Department 286-2192.

Bike WDM!

Bicycling is great for everyone! It promotes active lifestyles, reduces traffic congestion, improves air quality...and it's FUN!

Join in on one of the many bike events and programs going on in West Des Moines!

- **Bike Bash**
July 14 & 15
9am – 4pm
Ages 9-12
- **Cycle into Summer**
July 10 & 11
9am – 4pm
Ages 7-8
- **Mayor's Bike Ride**
September 27



Go to the Parks & Recreation section for more information on these fun activities.

Information on metro-wide events can be found on the Bike Month Iowa website www.bikemonthiowa.com.



TRAILS

Did you know there are over 57 miles of public trails in West Des Moines with new trails being added each year? Get the latest trails map at www.wdm.iowa.gov or by downloading the free WDM Trail App at the iTunes App Store.

VOLUNTEERS NEEDED

The City of WDM annually participates in the National Bicycle & Pedestrian Documentation Project. Volunteers are needed to count bicyclists and pedestrians at several locations in May.

If you are interested, call the Parks and Recreation Department at 222.3444.



What's This?

IT'S A SHARROW!

A sharrow or shared lane marking is a marking on the street that helps position bicyclists within the travel lane. It also is used to alert motorists of bicycle traffic and encourages bicyclists to ride in a straight line so their movements are predictable to motorists. Sharrows have been installed on Fuller Road from Mills to Grand, on Prairie View/Vista Drive from Ashworth to 60th and Vine Street from 2nd to 27th.

RULES of the ROAD for BIKES

Follow these rules from the League of American Bicyclists:

1. FOLLOW THE LAW

Your safety and the image of bicyclists depends on you. You have the same rights and duties as drivers. Obey traffic signals and stop signs. Ride with traffic; use the rightmost lane headed in the direction you are going.

2. BE PREDICTABLE

Make your intentions clear to motorists and other road users. Ride in a straight line and don't swerve between parked cars. Signal turns, and check behind you well before turning or changing lanes.

3. BE CONSPICUOUS

Ride where drivers can see you; wear bright clothing. Use a front white light and red rear light and reflectors at night or when visibility is poor. Make eye contact with drivers. Don't ride on sidewalks.

4. THINK AHEAD

Anticipate what drivers, pedestrians, and other bicyclists will do next. Watch for turning vehicles and ride outside the door zone for parked cars. Look out for debris, potholes, and utility covers. Cross railroad tracks at right angles.

5. RIDE READY

Check for: tires with sufficient air, working brakes, smoothly running chains and closed quick release wheel levers. Carry repair and emergency supplies appropriate for your ride. Wear a helmet.

6. KEEP YOUR COOL

Road rage benefits no one and always makes a bad situation worse.

Did you know...

The City of West Des Moines has a Public Arts Advisory Commission?



The City's current vision for public art began at a City Council workshop in fall of 2005, which led to the preparation of a Public Art Master Plan in 2008. That Plan recommended the establishment of a Public Arts Advisory Commission and a Public Art Fund, which the City Council created in 2011. The newly formed Public Arts Advisory Commission then chose to focus on a temporary art exhibit as a way to introduce the citizens of West Des Moines to public art while building up the public art fund reserves for the ultimate installation of more permanent public art throughout the City.

Those efforts were introduced to the public last summer with the "Art on the Campus" exhibit around the city campus pond. The exhibit was a success and led to the donation of the art piece pictured here, which can be viewed year-round at the City Hall.

The "Art on the Campus" exhibit will be happening again in 2014, starting on April 15 and ending on November 15! Fourteen new pieces of art by nine different artists will be positioned around the city campus pond for all to enjoy. Citizens of West Des Moines and surrounding communities are invited to join in the official launch party for the exhibit. Please join the Public Arts Advisory Commission on May 22 at 6pm in the Council Chambers at West Des Moines City Hall (4200 Mills Civic Parkway) to celebrate the opening of the 2104 "Art on the Campus" exhibit.

*If you would like to know more about the **City's Public Arts Advisory Commission**, its vision or goals, please call the City of West Des Moines Parks and Recreation Department at **222.3444** or send an email to **parkrec@wdm-ia.com**.*

Mosquito Control

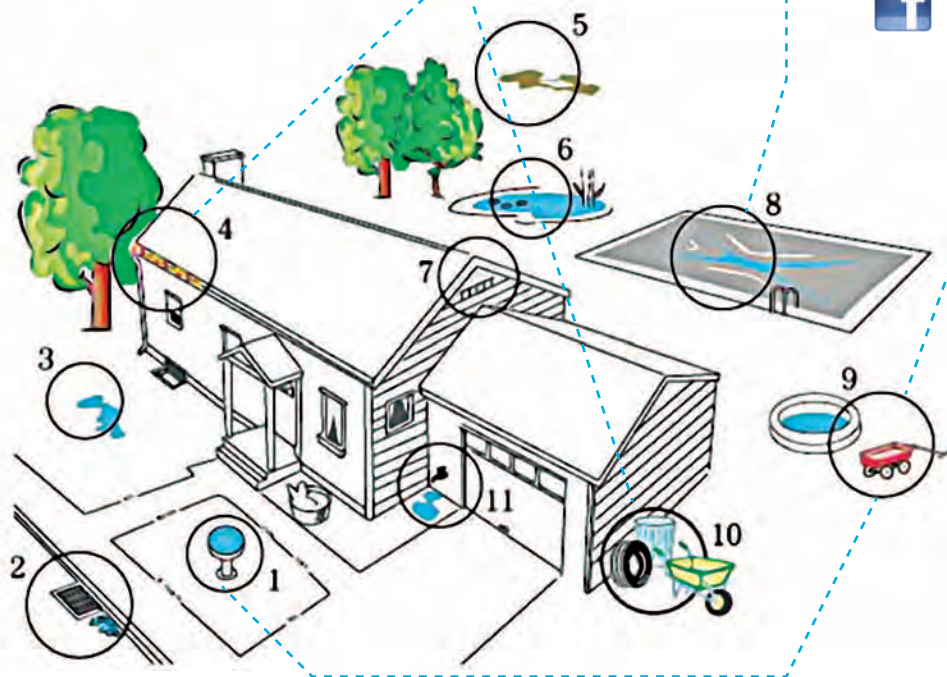
The City of West Des Moines uses several types of mosquito abatement methods to control the problems associated with large populations of these insects. Larvicide pellets are dropped from helicopters during rainy periods of the year in wet areas of the City that are hard to access. In more accessible locations City staff apply larvicide pellets to eliminate mosquitoes before they are able to hatch. Spraying of adult insects also occurs at various periods throughout the summer months. Being migratory in nature, mosquitoes can travel as far as 8-10 miles per day. Since abatement methods can never totally eliminate this problem, residents are still reminded that the best method to prevent mosquito bites is to use a spray containing Deet. The Center for Disease Control recommends a good quality spray and long sleeved clothing as your best defense against this pesky insect. Prior to a scheduled mosquito

control application, a news item is posted on the City's home page and sent electronically to those who have signed up for eUpdates,



An important part of mosquito control around your home is making sure that mosquitos don't have a place to lay their eggs. The EPA advises that we can all do our part by doing the following:

- Get rid of standing water in rain gutters, old tires, buckets, plastic covers, toys or any other container where mosquitos can breed.
- Empty and change the water in bird baths, fountains, wading pools, rain barrels and potted plant trays at least once a week to eliminate potential mosquito habitats.
- Drain temporary pools of water or fill with dirt.
- Keep swimming pool water treated and circulating.



Scrap Appliance and Metal Drop-Off

April 12th | 8 am to Noon

**These items will be accepted –
FREE**

- ▶ Rooftop AC Units
- ▶ Industrial Freezers
- ▶ Industrial Refrigerators
- ▶ Computer Systems
- ▶ Freon
- ▶ Chillers
- ▶ Milk Coolers
- ▶ Ice Makers
- ▶ Metal Shelving
- ▶ Cooler Cabinets
- ▶ Water Heaters
- ▶ Center Isle Cabinets
- ▶ Water Coolers
- ▶ Ice Cream Cabinets
- ▶ Pop Machines
- ▶ Riding Lawnmowers
- ▶ Plastic Business Signs
- ▶ Walk-behind Mowers
- ▶ General Scrap Metal
- ▶ Exercise Equipment
- ▶ Printers
- ▶ Dryers
- ▶ Washers
- ▶ Dehumidifiers
- ▶ Stoves
- ▶ Copiers
- ▶ Furnaces
- ▶ Dishwashers
- ▶ Batteries
- ▶ Microwaves
- ▶ Cell Phones
- ▶ Refrigerators
- ▶ Fax Machines
- ▶ Grocery Carts
- ▶ VCR's
- ▶ Video Game Systems
- ▶ Ice Chests
- ▶ DVD Players

West Des Moines residents may bring their scrap appliances or metal to the gated area at the Public Works facility

560 S. 16th St WDM

Midwest Recovery is partnering with the City of West Des Moines in this collection and will provide personnel to assist with unloading.

If you have any questions, please call **Public Works Department** at **222.3480**, or **Midwest Recovery** at **515.957.8000**.

Items we will NOT accept

Appliances Filled w/Food
Propane Tanks
Chemicals
Paint
Tires
Garbage

THIS POPULAR
EVENT IS A GREAT
OPPORTUNITY
TO RECYCLE
UNWANTED ITEMS!



Secure Paper Shredding

has now been added as a service to West Des Moines residents at this spring drop-off event. Residents are encouraged to bring their old documents where a shredding truck will destroy your paperwork under your watchful eye!

*Look for another
Scrap Appliance
and Metal / Paper
Shredding Drop-Off
event to occur on
September 13th !*

Two Handy Ways to Get Rid of Hazardous Waste

1. Attend a Drop-Off Event

West Des Moines and other communities partner with Metro Waste Authority to offer drop-off events from 8 a.m. to Noon on these dates.

- March 29, Johnston Public Works, 6400 NW Beaver
- June 28, West Des Moines Valley Stadium, 4440 Mills Civic Parkway
- Oct. 25, Clive Aquatic Center, 1801 NW 114th Street



These events are only for western suburb residents. For a list of what is accepted, visit www.WherItShouldGo.com and click on the Calendar for details.



2. Leave it Outside Your Door

The City of West Des Moines and Metro Waste Authority offer house-side collection the second Friday of every month for items such as lead and oil-based paints (not latex), chemicals (insecticides, poisons and solvents), lawn care products, compact fluorescent light bulbs (CFLs), sharps and cleaners.

Sign Up –\$25 Per Collection

Residents can sign up on an as-needed basis at West Des Moines Public Works, 516 S. 16th St. For \$25 fee per use, residents receive:

- Up to two 12-gallon bins (if two bins are taken, they both must be set out)
- Handling instructions
- List of accepted and not accepted items



Schedule Collection with Metro Waste Authority

Once you fill your bins, call Metro Waste Authority at 515.333.4434 to schedule collection. Bins are collected the second Friday of each month. The collected material is taken to the Metro Hazardous Waste Drop-Off in Bondurant where it is recycled or safely disposed of.



For more information, call **515.244.0021** or visit at www.WherItShouldGo.com/wdm and select Household Hazardous Waste.

Yard Waste Collection

Starts March 30



Yard waste curbside collection runs weekly from the first week of April through November. Through Metro Waste Authority's Compost It! program, residents can get rid of yard waste (which is banned from the landfill) right from the curb on garbage collection day with two easy options:



Bags & Stickers

Compost It! Bags

The cost of this bag covers the cost of collection, no sticker is required. Do not exceed 40 lbs. per bag.

Store-brand Bag + Compost It! Sticker

A Compost It! sticker must be attached to a generic bag. The sticker cost covers the cost of collection. It's a good idea to face the sticker toward the streets so the hauler can see it.

Compost It! Sticker + Brush Bundles

Attach a Compost It! sticker to each brush bundle and place it next to carts or bags. Bundles cannot exceed 18 inches in diameter or four feet in length.

Cart

A Compost It! cart is on wheels, just like your Curb It! cart, making it a convenient alternative to yard waste bags. Simply wheel it to the curb on garbage day during Compost It! season. The 96-gallon cart can hold the equivalent of three yard waste bags, but you can always use the Bags & Sticker program if your yard waste exceeds the cart's capacity.

Consider a cart if you:

- Purchase more than 68 bags a year.
- Garden, bag grass clippings, or don't want to hassle with bags.

Purchase Bags, Stickers and Cart Subscriptions

The cost of the Compost It! bag, sticker and annual cart subscription cover the cost of collection and to process the material.

Compost It! Bags	\$7.75 for a bundle of five (\$1.55 per bag). Sold at most grocery and hardware stores.
Compost It! Stickers	\$1.20 per sticker. Sold at most grocery and hardware stores.
Cart	\$105 annual subscription; One-time cart purchase - \$60 or \$80 for delivery. To enroll, call Public Works at 222-3480, or renew at www.WhereItShouldGo.com .



Metro Waste Authority

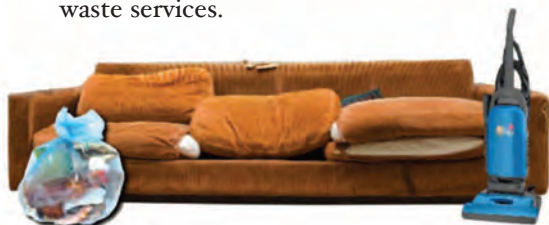
We Know Where It Should Go

Spring Clean-Up

June 2-6

*On your regular
trash collection day*

Spring Cleanup is scheduled on regular garbage collection day during the first week of June. Smaller items should be bagged or boxed. By City Ordinance items are to be placed at the curb after 5:00 PM the day before collection, and prior to 6 a.m. the day of collection. This service is available to all West Des Moines residents who receive city-provided solid waste services.



There are a few items that are not accepted such as:

- Yard waste
- Tires (see tire drop-off article for event information)
- Appliances
- Building material or concrete
- Household hazardous waste (see hazardous waste article for a disposal option).

Residents are encouraged to review a complete list of unaccepted items on the City's website at www.wdm-ia.com, or call the hauler, Waste Connections, at **265.7374**.

2014 Solid Waste Events *for* WDM Citizens

March 31	Yard Waste Pick-Up begins on normal trash collection day
April 12	Scrap Appliance, Metal Drop-Off & Paper Shredding • 8am – Noon • WDM Public Works
April 19	Scrap Tire Drop-Off • 7:30am – 4pm • WDM Public Works
May 22	Nat'l Public Works Week Celebration • 4pm – 7pm • Valley Junction Farmer's Market
June 2-6	Spring Clean-Up • On your regular trash day
June 28	Hazardous Waste Drop-Off • 8am – Noon • Valley Stadium
Sept. 13	Scrap Appliance, Metal & Paper Shredding Drop-Off • 8am – Noon • WDM Public Works
Nov. 29	Yard Waste Pick-Up Ends
Dec. 29 – 1/9/15	Winter Yard Waste & Christmas Tree Collection



A number of Hazardous Waste Drop-Off Events will be scheduled in our area by Metro Waste Authority, and will be posted on their website when available. Visit <http://www.whereshoulditgo.com/>

Yard Waste and Spring Cleanup events are available to all West Des Moines residents who are eligible for solid waste collection (single-family homes up to and including 4-plex units).

For more details check the calendar on the City's website:
www.wdm.iowa.gov Or call the PublicWorks Dept. at **222.3480**.

The Answers to Common Curbside Solid Waste Collection Questions

Do you find yourself with questions about your curbside solid waste collection programs – garbage, recycling or yard waste? Here is an overview of who to call and when.

Missed Collection? Call your hauler.

- **Garbage** –
Waste Connections
515.265.7374
- **Recycling or Yard Waste** –
Waste Management
515.244.7336

Broken Cart?

- **Garbage** –
Waste Connections
515.265.5267
- **Recycling** –
Waste Management
515.244.7336
- **Yard Waste** –
West Des Moines Public Works
515.222.3480

Moving?

Call West Des Moines Water Works
515.222.3460 or visit www.wdmww.com

If you have other questions, and you're not sure who to call, you can always call Metro Waste Authority at **(515)244-0021**, or visit **www.WhereItShouldGo.com/wdm** for community-specific information.

**Garbage & Recycling
COLLECTION DELAY**

2014 Holiday Delays

Garbage, recycling and yard waste are not collected on major holidays, causing a one-day delay. Those holidays, along with the specific days impacted are:

- **Memorial Day** (May 26)
curbside collection will be delayed one day the entire week.
- **Independence Day** (July 4)
Friday's curbside collection will be delayed to Saturday.
- **Labor Day** (Sept. 1)
curbside collection will be delayed one day the entire week.
- **Thanksgiving** (Nov. 27)
Thursday & Friday's curbside collection will be delayed one day.
- **Christmas** (Dec. 25)
Thursday & Friday's curbside collection will be delayed one day.
- **New Year's Day** (Jan. 1)
Thursday & Friday's curbside collection will be delayed one day.

NOTE: Collection is NOT delayed for MLK Day, Presidents Day or any other holiday not listed.

STREET LIGHT OUT?

Call MidAmerican Energy at **1.888.427.5632**
or Submit the information at **www.midamericanenergy.com**

EMERALD ASH BORER

About Emerald Ash Borer

The emerald ash borer (EAB) is an invasive insect that has killed tens of millions of ash trees in North America since it was first discovered in 2002. The larvae of this insect eat the wood under the bark which prevents the flow of water and nutrients from the tree's roots to its leaves.

Once infested, the tree will typically die within two to four years.

Infestations in Iowa

EAB has not yet been identified in West Des Moines. It has been found in eastern Iowa and, most recently, in the town of Creston in Union County. Based on these

infestations, the entire state of Iowa was placed under quarantine in February of 2014. What does this mean?? No hardwood firewood or unprocessed ash wood chips, logs or ash trees for planting are permitted to leave the quarantine area. Moving any of these outside of Iowa is illegal.

Ash Trees on Public Property

The City has prepared an Emerald Ash Borer Management Plan which identifies proactive steps to reduce risks associated with EAB. City staff and contractors will begin ash tree removals on public property, such as street right-of-ways (area between the street and sidewalk) and parks. Tree replacements will also start to occur in selected areas including parks, landscaped street medians, and around city buildings. A variety of different tree species will be planted to diversify West Des Moines' urban forest. For more information on EAB and ash trees on **PUBLIC** property, contact the Parks & Recreation Department at **222-3444**.

Steps for Private Property Owners

- Identify any ash trees on your property.
- Look for possible signs of EAB – sprouts on the trunk, dead or dying tree canopy, excessive woodpecker activity, and/or the presence of EAB larvae or adult insects.
- If you suspect EAB, contact Iowa State University Extension Entomology at 515-294-1101.
- If EAB is confirmed, removal and disposal of dead and dying ash trees will be the property owner's responsibility. To find a qualified tree care professional, check out www.extension.iastate.edu/forestry/care_maintenance.

For more information on EAB and ash trees on **PRIVATE** property, visit: www.mwatoday.com/environment/tree-management.

WHAT IS PUBLIC WORKS?



National Public Works Week (NPWW) Celebration

May 22 | 4pm – 7pm | Farmers Market | Valley Junction



You're Invited!

Come join the Public Works staff at its annual National Public Works Week celebration from 4:00 pm to 7:00 pm on Thursday, May 24th at the Farmers Market in Valley Junction. NPWW is a celebration of the tens of thousands of men and women in North America that provide and maintain the infrastructure and services collectively known as Public Works. Our WDM Public Works staff will be on hand to answer questions. Kids of all ages love checking out the big equipment, and there will be information, activities, the PW Paws mascot, balloons, and games for everyone to enjoy.

Please plan on joining us for this fun family event, and an opportunity to learn more about how West Des Moines Public Works serves the community!

HEY, STUDENTS!
Interested in
a career in Public
Works? Come, learn,
& ask questions!

2014's Theme is:

"Building for Today, Planning for Tomorrow"

Focusing on the communities; "building" points out the day to day aspect of public works that is quality of life, while "planning" references the sustainable practices that ensure that quality of life for future generations.



Smoke Detectors

WHAT YOU NEED TO KNOW



According to the National Fire Protection Association, almost two-thirds of home fire deaths resulted from fires in properties without working smoke detectors. A working smoke detector significantly increases your chances of surviving a deadly home fire. A properly installed and maintained smoke detector is the only thing in your home that can alert you and your family to a fire 24 hours a day.

There are many different brands of smoke alarms available on the market, but they fall under two basic types: **ionization** and **photoelectric**.

It cannot be stated definitively that one is better than the other in every fire situation that could arise in a residence. Because both ionization and photoelectric smoke alarms are better at detecting distinctly different, yet potentially fatal fires, and because no one can predict what type of fire might start in a home, the West Des Moines Fire Department recommends that every home be equipped with

- **Both ionization AND photoelectric smoke detectors, OR**
- **dual sensor smoke detectors, which contain both ionization and photoelectric smoke sensors**
- **dual sensor smoke detectors, which contain both ionization and carbon monoxide sensors OR both photoelectric and carbon monoxide sensors.**

Smoke detectors are powered by batteries or are hardwired into the home's electrical

system. If the smoke detector is powered by battery, it runs on either a disposable 9-volt battery or a non-replaceable 10-year lithium ("long-life") battery. A backup battery is usually present on hardwired detectors and should be replaced at least once a year. With the exception of lithium batteries, ALL smoke detectors should be tested once a month and have their batteries replaced at least once a year.

Install smoke detectors on every level of your home, including the basement. Many fatal fires begin late at night or early in the morning, so the West Des Moines Fire Department recommends installing smoke detectors both inside and outside of sleeping areas.

Since smoke and many deadly gases rise, installing your smoke detectors at the proper level will provide you with the earliest warning possible. Always follow the manufacturer's installation instructions. Hardwired smoke detectors should be installed by a licensed electrician.

Is your smoke detector still working? Smoke detectors must be maintained! A smoke detector with a dead or missing battery is the same as having no smoke detector at all.

A smoke detector only works when it is properly installed **and** maintained. Depending on how your smoke detector is powered (9-volt, 10-year lithium, or hardwired), you'll have to maintain it according to manufacturer's instructions. General guidelines for smoke detector maintenance:

Smoke detector powered by a 9-volt battery

- Test the detector monthly.
- Replace the batteries at least once per year.
- The entire smoke detector unit should be replaced every 8-10 years.

Smoke detector powered by a 10-year lithium (or "long life") battery

- Test the detector monthly.
- Since you cannot (and should not) replace the lithium battery, the entire smoke detector unit should be replaced according to manufacturer's instructions.

Smoke detector that is hardwired into the home's electrical system

- Test the detector monthly.
- The backup battery should be replaced at least once per year.
- The entire smoke detector unit should be replaced every 8-10 years.
- If you need to replace a hardwired smoke detector and want to find a compatible style, the West Des Moines Fire Department recommends looking for the manufactures name and serial number on the detector and contacting the company directly to purchase replacement detectors. Many of the smoke detector companies can be located on the internet and have email addresses, mailing addresses and telephone numbers to contact representatives.

RECRUITING Future Firefighters

West Des Moines Fire Department graduated twelve Paid-On-Call Firefighters in January from the 2013 Recruit Academy. The Recruit Academy begins mid-August each year and trains new recruits to the national standard of Firefighter II.

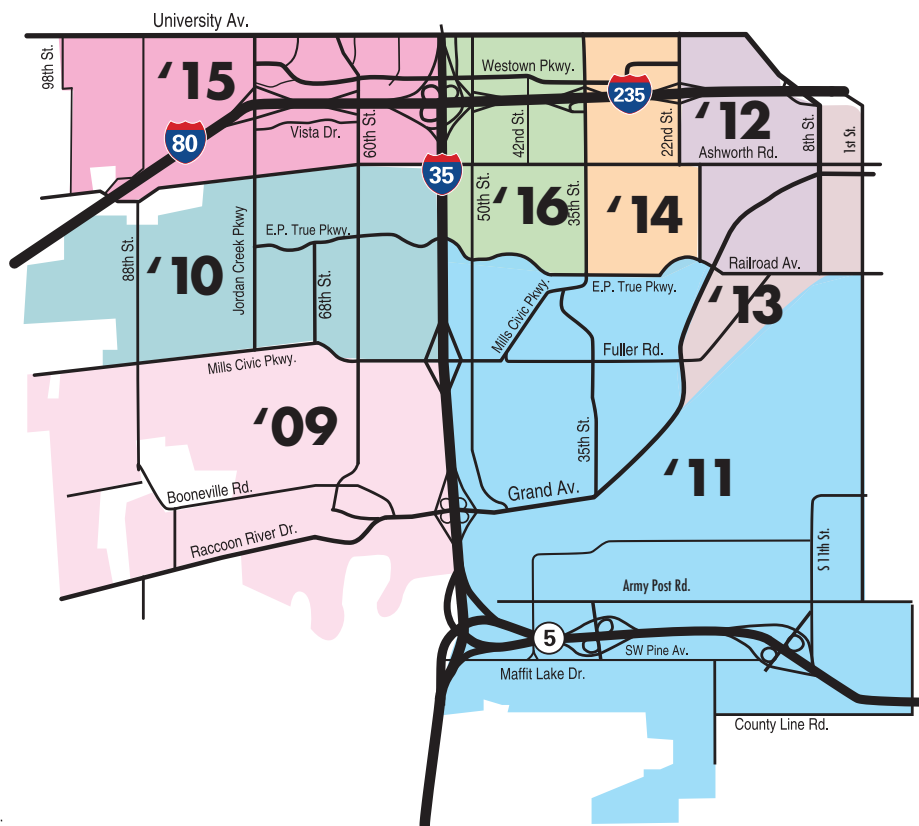
The City of West Des Moines is currently taking applications for our 2014 Recruit Academy for Paid-On-Call Firefighters. Interested individuals can go to www.wdm.iowa.gov and complete the application found under Your Government/Human Resources/Employment/Job Postings. Applications must be completed in full prior to the application deadline to be considered for the 2014 recruit class. Applicants must be at least 18 years of age and either reside in West Des Moines or be able to reach a West Des Moines Fire Station within four minutes. Considered applicants must possess a valid Driver's License, good driving record, high school diploma or equivalent, pass a background check, Certified Physical Ability Test (CPAT), post offer pre-employment physical and drug test. The 2014 Recruit Academy will begin mid-August, with the first five months being spent on Tuesday and Thursday evenings in a basic fire training academy where recruits are trained to the national standard of Firefighter II.



City of West Des Moines' Annual Sidewalk Program

Sidewalks are an integral part of the transportation system for the City of West Des Moines. The sidewalk program provides a means of reviewing the condition of existing sidewalks and the need for new sidewalks throughout the City. A map (shown right and available on the City website) displays the areas scheduled for sidewalk inspection and improvements.

Notices of defected sidewalks are sent to the owner of record according to the County Auditor's office. The City encourages residents to repair deficiencies on their own. If repairs are not completed, the City initiates a special assessment program. This authorizes the City to make repairs and bill the costs to the property owner through their property taxes.



Spring Lawn Care Pollution PREVENTION TIPS

As spring is in the air, our focus will again turn to taking care of lawns and open spaces. Lawn care companies and homeowners do an excellent job of maintaining lush and thriving turf areas in our community. However, lawn care products applied excessively or onto streets, driveways, sidewalks, and alleys can pollute streams and rivers. Rainfall washes fertilizers, pesticides, and herbicides off these paved areas and into the storm sewer where it directly enters our streams and rivers.

Never dispose of clippings, twigs or other yard waste near water ways. This organic material will break down and reduce oxygen levels in the water, endangering fish and other aquatic life!

Your actions have a direct effect on aquatic life and water quality of these streams and rivers.

Some simple things property owners can do to reduce lawn care related pollution include:

- Do not blow grass clippings into the street
- Spread fertilizers and lawn chemicals only on turf areas and not on paved surfaces
- Sweep excess fertilizers and grass clippings from driveways, sidewalks, and roads
- Dispose of yard waste properly, using the Metro Waste Authority CompostIt! Program or by composting.
- Do not hose down pavements or use water to clean up spills
- Clean up after pets

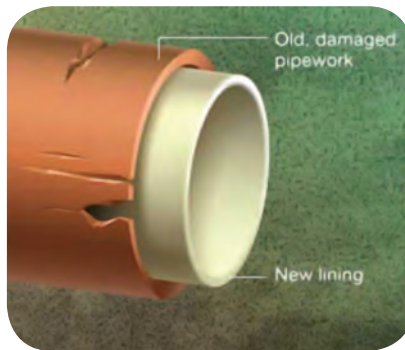
TREE MAINTENANCE



Early spring and late fall are ideal times to perform maintenance on trees and shrubs. Homeowners are responsible for maintenance of trees and shrubs located within private property but which encroach on public right-of-way as well as any trees and shrubs growing in the right-of-way. To prevent potentially hazardous situations, the minimum vertical clearance of trees and shrubs must be eight feet (8') between the surface of the sidewalk or pedestrian way and the lowest branch. Additionally, the minimum vertical clearance of trees and shrubs shall be fourteen feet (14') between the surface of the street and the lowest branch. If you have questions regarding pruning or maintenance of trees and shrubs, please contact your local nursery or the Public Works Department at 222-3480.

With construction season upon us, the dreaded thought of having to deal with construction zones, traffic delays, or even disruption of services enters one's mind. It is this type of thinking that City staff is most aware of. City staff focuses on ways to minimize these inconveniences and disruptions whenever possible for residents; however, eliminating them is not always possible. One process that addresses most all of these concerns is sewer lining.

The City of West Des Moines has nearly 237 miles of sanitary sewer located in easements and rights-of-way throughout the City. Pipe sizes range in size from 8" to 48" in diameter and consist of pipe types such as polyvinyl chloride (PVC), vitrified clay (VCP), reinforced concrete pipe (RCP), ductile iron pipe (DIP), amongst others. The oldest pipes are nearing 100 years old and, like many others that are even newer, are in need of repair. The City routinely inspects sanitary sewer pipes using a sewer camera mounted to a robotic transporter capable of passing through sewers. The City is responsible for the larger sewer main itself and not any of the service laterals from the sewer main (including the tap itself) to the building. Service laterals are owned and maintained by individual property owners, no matter where the sewer main is located.



There are several different ways to repair sewers: open cut excavation, pipe bursting, boring, sliplining, and cured-in-place (CIPP) lining. CIPP is a jointless, seamless, pipe-within-a-pipe sewer lining. This repair method can even be used to repair storm sewer.

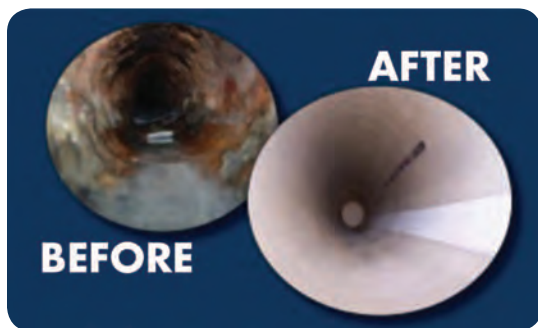
CIPP technology was first implemented in London, England in 1971. Once the original patent expired in 1994, CIPP became even more widely used. No digging is involved in this trenchless process, making for a more cost effective and less disruptive method of rehabilitation than more traditional open cut methods.

For those of you that have been impacted by one of the City's previous sewer lining projects or may possibly be impacted by one of the City's future sewer lining projects, and are wondering how this sewer lining process works, here are some basic details:

Felt material made of polyester and fiberglass is saturated with resin in a controlled environment. Each liner is specifically made for each pipe. These liners have to be kept refrigerated until such time the lining process

is to take place. Prior to lining, the existing sewer pipe needs to be cleaned using high pressure jetting machines. Quality control of the cleaning process is performed using the same sewer cameras that were mentioned previously. Once this preparation is complete and bypass pumping is set up, the liner is ready to

SEWER LINING



be installed. The liner is inverted into place using water or air pressure. This same pressure helps to push the liner outwards forming a tight fit with the existing pipe. Once the liner is in place, hot water or steam is used to cure the

resin and the liner forming a tight-fitting, jointless, and corrosion-resistant replacement pipe. Curing of the liner can take anywhere from one hour to several hours depending on several conditions. Service connections are lined over in the process, creating dimpled areas at each location so the workers can visually locate them. Service connections are restored internally with robotically controlled cutting devices. After the lining process is complete, the liner is once again cleaned and inspected using a sewer camera. This entire process is completed in such a way that there is very minimal disruption to service or any of the pipe's surroundings.

Call the Public Works Department at
515.222.3480 if you have any
 questions about sewer lining.

DUST CONTROL PROGRAM

Unimproved roadways (gravel streets) will never be totally dust-free. However, the City of West Des Moines strives to reduce the impact of dust to minimize traffic hazards, maintain environmentally safe levels of air quality near residences, and control the loss of smaller particles of aggregate. The severity of dust problems on unimproved streets is dependent upon several factors including the type, volume and speed of traffic, and moisture content of the road surface. Limestone road aggregates have the tendency to break



down under traffic to produce more dust and initially create excessive fine particles in the surface mix. Each gravel roadway in the City is inspected on a weekly basis. Supervisory staff drive the road at the posted speed limit and determine the severity of dust levels. If treatment of road surfaces is found to be recommended, the proper course of action will be initiated. Upon completion of chemical treatment, grading frequency levels will be reduced to maximize the life span of applied dust suppressants.



Raccoon River Park **Archery** Facility Opens in **April!**



There is something new for you at Raccoon River Park! The Raccoon River Park Archery Facility is the first public outdoor archery facility of its kind in Iowa. School groups, competitive archers, bow hunters and recreational program participants will find this facility a great place to practice this rapidly growing sport.

The Archery Facility may be new to the park, but the idea for this state of the art facility was planted several years ago. In the fall of 2011, the Iowa Department of Natural Resources approached the City about the possibility of building an archery facility in West Des Moines. City officials visited several archery facilities in Minnesota and began to design a facility perfect for our archers' needs.

Construction on the facility began in the fall of 2013 after funding for the \$173,000 project was procured. Generous contributions were made by

the Polk County Board of Supervisors, Iowa Department of Natural Resources Shooting Sports Program, West Des Moines Community Enrichment Foundation, and the City of West Des Moines. Equipment has been provided by Scheels All Sports.

Important Dates:

- **April 1**
Annual Permits / Daily Permits Available for Purchase
- **April 15**
Planned Opening Day
- **May 20**
Grand Opening Celebration (details on p2 of the WDM Parks & Recreation Program Guide)

For permit forms and other information, visit the Raccoon River Park Archery Facility webpage at www.wdm.iowa.gov/archery.



Thank you to the following companies that opened their doors to the City of West Des Moines, the Greater Des Moines Partnership, and the West Des Moines Chamber of Commerce as part of the City of West Des Moines' Executive Call Program in 2013. Through the Executive Call program, these area Economic Development leaders call on businesses to obtain input about their specific industry and get their opinion on city services.

During the call they discuss specific concerns including workforce traits, job training, potential expansion, business networking, and more. This confidential input is valuable to the City as we learn more about our business community, and it helps us identify ways to serve our local businesses better. If you would like to schedule an Executive Call with the City of West Des Moines, please contact Jo Eckert, Community and Economic Development Department, at 273-0770.

Executive Call Program 2013



Advanced Technologies Group

Alzheimer's Association:
Greater Iowa Chapter

Amanda the Panda

American Management
Resources

American Retirement Systems

Annuities Plus LC

Auto-Owners Insurance

Barker Lemar Engineering

Benefit Source

Bituminous Insurance

Bryton Companies

Burt Commercial Finance Corp.

Care Initiatives

Career Resources Group

Central Financial

Check All Valve Mfg. Co.

Commercial Appraisers of
Iowa Inc.

CoOpportunity Health

Corell Contractor Inc.

CPI Telecommunications

Drake Homes

Duracable Manufacturing/
Roto-Rooter Corporation

EmbarkIT

Ensure Technologies

Farmers National Co

Financial Care Professionals

Financial Partners Group

Focus OneSource

Foster Group

Franke, Herr & Associates/
Ameriprise Financial

Hanser & Associates

Health Systems International

Hy-Line International

Integrative Counseling
Solutions

Iowa Area Development Group

Iowa Girls High School Athletic
Union

Iowa Medical Society

Iowa Wealth Management

Kingston Life & Health

Mediafour

MetLife

Midwest Technical Partners

Morgan Stanley Smith Barney

National Child Safety Council

Newbury Properties

Outcomes Pharmaceutical
Health Care

Palmer Group

PayLess Office Products

Peterson Financial Group

Philadelphia Insurance
Companies

Portico Staffing

Proferral

Ramco Innovations

Red Five Interactive Inc.

RehabVisions

Scobie Group

Screenscape Studios

Sherpa Investment
Management

Shive-Hattery

Solar Transport

Speck USA

Struxture Architects

SVPA Architects

Tek Systems

The Vroman Group

Three Razors Media

Trabue Industrial Systems

Transport Permits

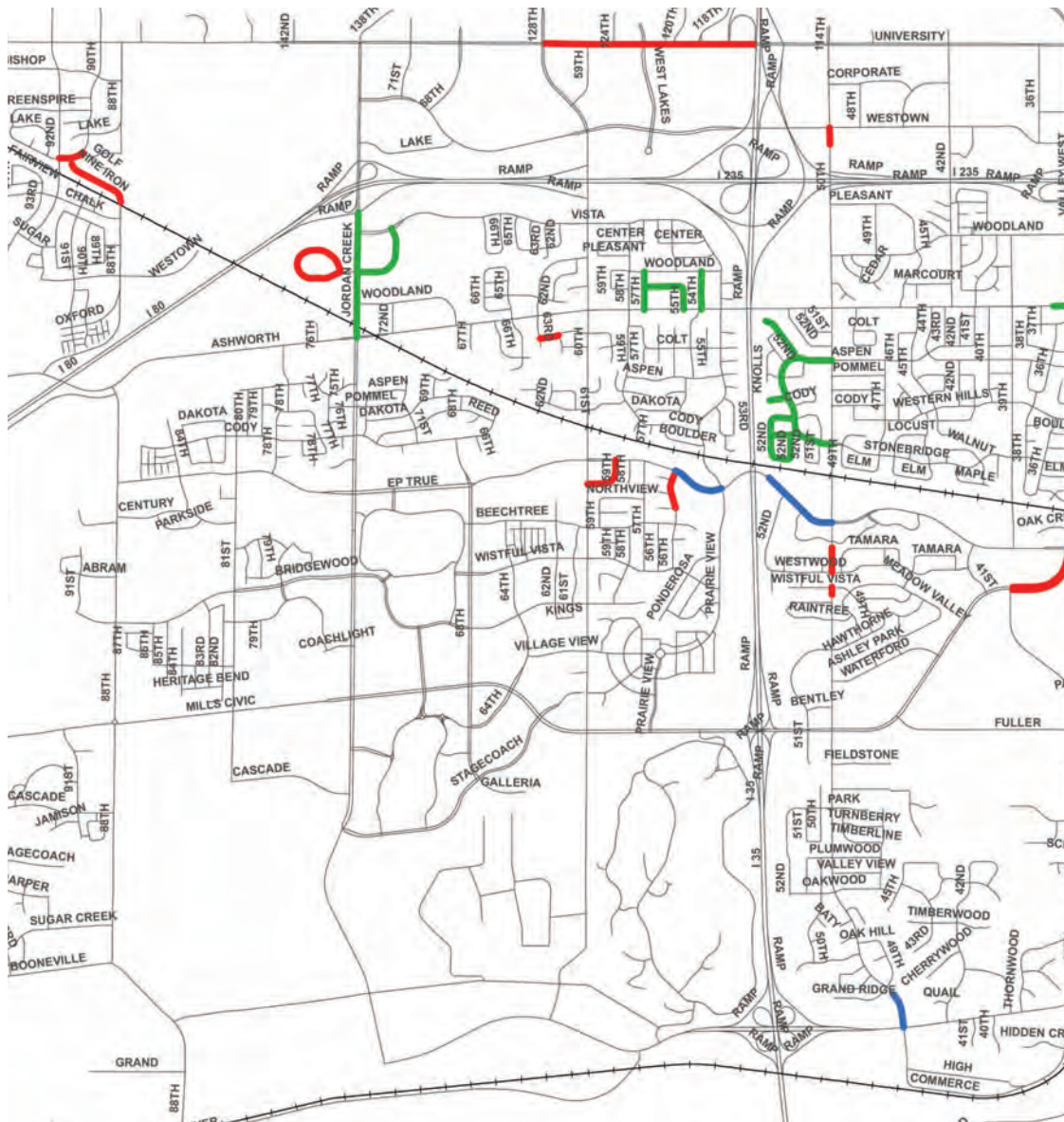
UBS Financial Services

WorkSource Staffing

WDM Street Maintenance and

Recent citywide surveys of West Des Moines residents consistently rate maintaining streets among the most important services provided by the City. Currently the City has approximately 775 lane miles (290 centerline miles) of public streets to maintain. The replacement value of the City's public street network is

estimated at over \$735 million in today's market. The City's street network is probably the highest valued item owned by the taxpayers of West Des Moines. To preserve this critical asset, the City's Public Works Department uses a Street Management System (SMS) for maintaining streets and pavements in a satisfactory



Rehabilitation Program

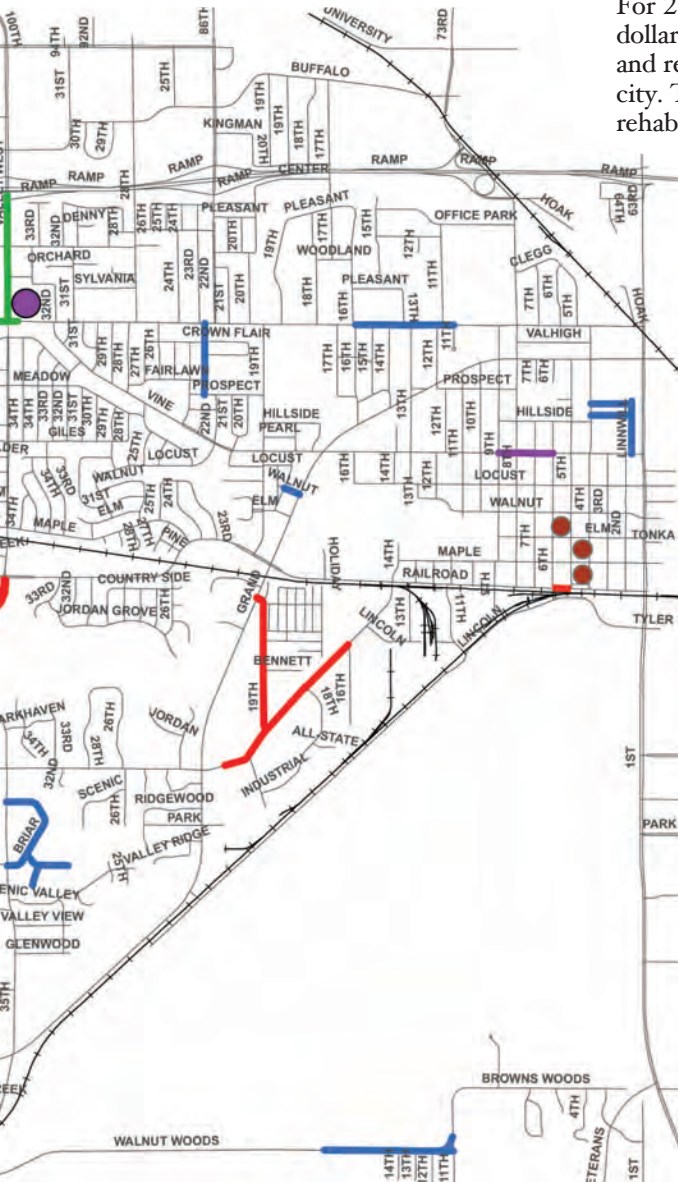
condition in the most cost effective manner. A SMS computerized database system is utilized to inventory streets, inspect road conditions, predict maintenance needs, and to determine annual repairs and budgets. The concept behind the SMS is to schedule timely proactive lower cost preventative maintenance activities that will

extend pavement quality and reduce future expensive street replacements. This results in substantial cost savings over the service life of the streets. This concept is similar to having regular oil changes for a car to extend engine quality and life and save on expensive future repair and replacement costs.

For 2014 approximately \$3.75 million dollars' worth of street maintenance and repair is proposed throughout the city. The type of street maintenance and rehabilitation that will be constructed in the City this year include asphalt overlays, street patching, pavement sealing, and pavement reconstruction.

This map shows the locations of the City Street and Parking Lot Rehabilitation Projects proposed for 2014.

As always, please use care, caution, and safety in mind when driving through construction work zones.



your VOICE MATTERS

The City of WDM would love to hear from you on how we can improve the WDM Magazine to better serve the citizens of West Des Moines. Please don't hesitate to give us your suggestions on articles you would like to see, how it is presented, etc.!

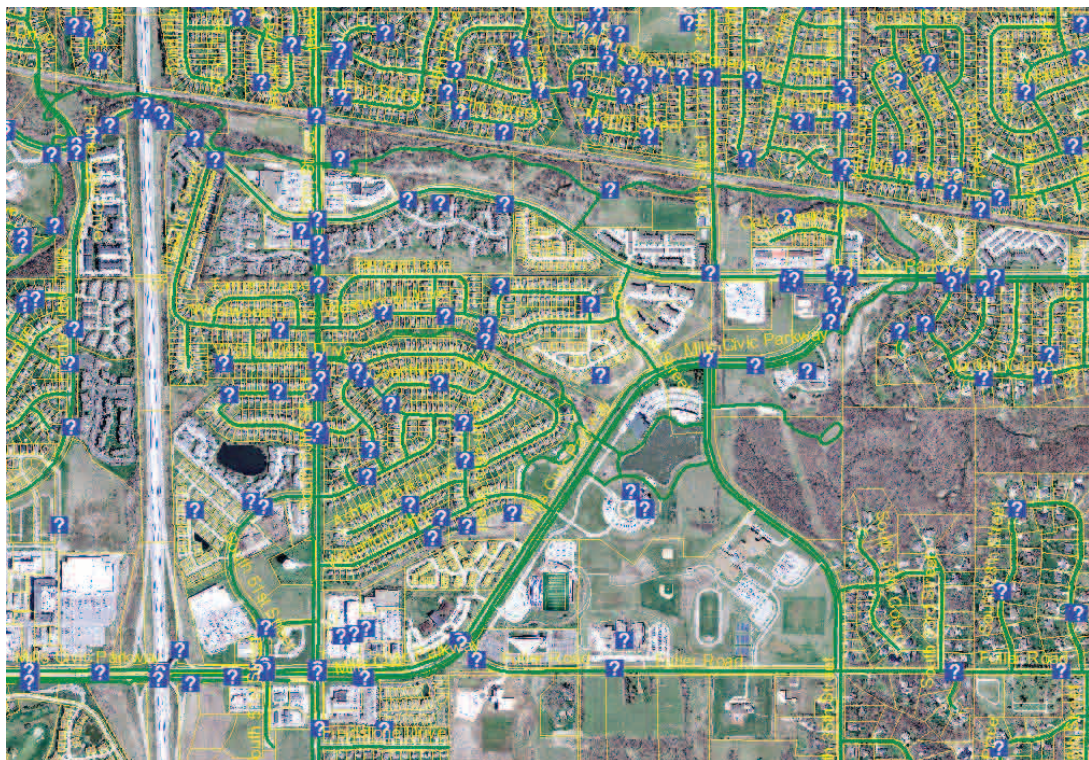


Please email your comments and suggestions to
wdmmagazinesuggestions@gmail.com

Partner with a high quality, award winning magazine!

Reach 30,000 homes and businesses in West Des Moines! Contact Terry Block at wdm.mag@gmail.com • (515) 240-3750 or (515) 222-3598. Ask for a media kit and more information on how you can **increase YOUR business** through your sponsorship in the WDM Magazine.

Are residents using *your*GOV? Check it out! ►



*your*GOV

PUT THE CITY OF WEST DES MOINES TO WORK FOR YOU

YourGOV has recently completed updates which should greatly enhance the experience of citizens reporting issues to the City. Users of the current YourGOV mobile apps for Android and iOS will be prompted to update their apps. The mobile apps have a new look and feel, and many additional features! Locating and submitting issues will be even simpler!

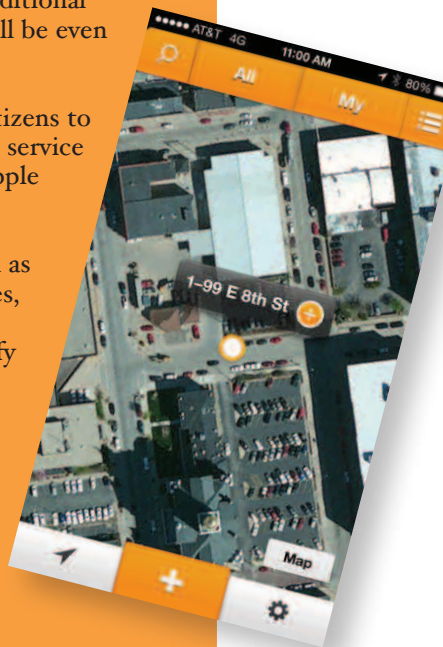
YourGOV is a FREE service that allows citizens to personally report non-emergency issues and service requests via the web, or directly from an Apple iPhone or Android Phone.

- Quickly report community issues, such as potholes, vandalism, street light outages, dead animals, and more.
- Simple 3-step process helps you identify the location, fill in your details, and submit.
- ^a Your request goes straight to the City of West Des Moines Public Works where it is reviewed and routed for proper handling and faster resolution.

Visit <http://yourgov.wdm-ia.com> to start using the YourGOV web-based request portal.

Users of the Apple iPhone™ can download their free YourGOV iPhone app by visiting the iTunes App Store. Users of Android™ enabled smartphones can download their free YourGOV app at Google Market and the Amazon App Store.

By using YourGOV, you can help West Des Moines become a more responsive, more sustainable, and more collaborative community.



How much *water* does it take? You'll be surprised

As one of the coldest Iowa winters on record gives way to spring and summer, our thoughts turn to any number of activities that don't involve snow boots. With the no-mittens-pants-required season just around the corner, we can also expect to use and consume a lot more water. So, just how much water does it take for summer activities, not to mention our year-round necessities? Here's a list of the estimated water needed to satisfy all types of needs and deeds whether or not the weather is cooperating.

Flush a toilet

Toilet water use can vary significantly. Older toilets can use anywhere from 3.5 to 7 gallons of water with every flush. Federal plumbing standards now specify that new toilets can only use up to 1.6 gallons per flush (GPF), and there are high efficiency toilets that use up to 1.28 GPF. The chart below estimates gallons of water used per person per year comparing three toilet models.

Toilet Consumption	Average Flushes Per Day	Estimated Gallons Used Per Person Per Year
7 GPF	5	12,775
3.5 GPF	5	6,388
1.28 GPF	5	2,336

Take a bath

Bathtub sizes vary greatly, and so do people's bathing habits, but a good average is about 40 gallons.

Take a shower

Are you one of those people who zips in and out, or do you stand and soak up the spray? Since showers may last a few minutes or stretch out for quite a while, it's best to use a gallon per minute figure to get a handle on this. Old showerheads use as much as 4 gallons per minute, while newer low-flow showerheads use about 2 gallons per minute.

Brush your teeth

About 1 gallon, depending on whether you let the water run while brushing and how carefully you follow your dentist's advice.

Wash dishes in a dishwasher

20 gallons per load until the new energy-efficient models came on the market, which can reduce water usage to only about 4 gallons.

Wash dishes by hand

4 gallons per minute, but with a low-flow faucet head, it might be closer to 1 gallon.

Wash clothes in a washing machine

40 gallons per load for top-loading washers and about 20 gallons for front-loaders.

Produce an acre of corn

The amount of water to produce an ear of corn is 2-4 gallons weekly. To produce an acre of corn takes 350,000 gallons of water over a 100-day growing season.

Produce a pound of wood

Hardwood trees use about 120 gallons of water to produce 1 pound of wood. But trees with leaves are known to give back as well. The average-sized birch tree has about 200,000 leaves, which will transpire 20 to 100 gallons of water each day during the warmest part of the growing season.

Make a slice of bread

About 10 gallons of water are required to make one, 1-ounce slice of bread. This is a global average based on the fact that producing wheat takes about 150 gallons of water per pound.

Produce an egg

400 gallons. Most of the water is required for feeding the chickens.

Make a cup of coffee

You thought you knew this one, didn't you? The correct answer is 35 gallons. The world population requires about 120 billion cubic meters of water per year in order to be able to drink coffee. This is equivalent to 1.5 times the annual Rhine runoff and constitutes 2 percent of the global water use for crop production.

A liter of water

It takes 3.7 gallons of water to manufacture the plastic for the bottle in a liter bottle of water.

Soda

A soda pop bottling factory would use around a gallon or more of water to make a 2-liter bottle of soda. But when you factor in the water used to grow all the ingredients, such as sugar cane, the figure jumps as high as 132 gallons.

Hamburger

When you slap that first ground beef patty on the grill this spring, remember it took anywhere from 4,000 to 18,000 gallons of water to make it. The range is wide due to the various methods of feeding cattle, but no matter how you slice it, a lot of water is required to grow the feed grains and to quench the bovine thirst.

Car

An estimated 39,090 gallons of water are needed to make a car. It's unclear if that includes the more than 2,000 gallons used to make its tires (each tire takes 518 gallons to make).

Pair of Jeans

It takes around 1,800 gallons of water to grow enough cotton to produce just one pair of average blue jeans.

And how much water does it take to wear cut-off jeans, run through the sprinkler and have a glass of lemonade on the first hot day of 2014? Now that's a good question.



Sources: U.S. Geological Survey, Regional Water Providers Consortium, Water Footprint, The Water Content of Things, treehugger.com, Colorado State University

WDM RESIDENT GUIDE

All City service requests can be directed to the Online Service Desk at

www.wdm.iowa.gov

EMERGENCY 911

Non-Emergency Dispatch 222-3321

ADA Coordinator 222-3603

TDD/TTY 1-800-413-4955

Aquatic Centers 273-0700

Ambulance Billing 273-0652

Animal Control 222-3364

250 Mills Civic Parkway

Animal Licenses SEE WestPet

Better Business Bureau 243-8137

Birth Certificates SEE Vital Records

Building Safety/Inspections 222-3630

developmentservices@wdm.iowa.gov

Business License Info. 1-800-532-1216

Cable Television

Mediacom 1-800-332-0245

Billing, Cust. Service, Connect/ Disconnect,

2205 Ingersoll Ave. Des Moines • mchsi.com

Jordan Cemetery 222-3444

Sales and Maintenance

Chamber of Commerce 225-6009

www.wdmchamber.org

City Attorney SEE Legal Department

City Clerk 222-3603

Business related licenses / voter registration

application

City Council 222-3610

City Hall Offices 222-3600

4200 Mills Civic Pkwy

City Manager 222-3610

Claim for Damages 222-3601

Code Enforcement 222-3304

police@wdm.iowa.gov

Community Center 222-3440

Community & Econ. Development 273-0770

ced@wdm.iowa.gov

County Web Site Addresses

• Dallas County www.co.dallas.ia.us

• Polk County www.co.polk.ia.us

• Madison County www.madisoncoia.us

• Warren County www.co.warren.ia.us

Death Certificates SEE Vital Records

Development Services

Building Division 222-3630

Engineering & Planning Divisions 222-3620

developmentservices@wdm.iowa.gov

Des Moines Area Regional Transit (DART)

Public Transportation 283-8100

dart@rideditdart.com

Des Moines Register

Subscriptions 1-847-424-0225

Driver's License

• Dallas County 993-6992

• Polk County 244-1052

• Madison County 462-1542

• Warren County 961-1144

Driveway Permits 222-3480

560 S. 16th St. • publicworks@wdm.iowa.gov

Economic Development 273-0770

ced@wdm.iowa.gov

Election Office

• Dallas County 993-6914

• Polk County 286-3247

• Madison County 462-3914

• Warren County 961-1020

Electrical Service See UTILITIES

Emergency Medical Services (EMS) 273-0768

EMS Billing 8055 Mills Civic Parkway

CPR and Public Access Defibrillation Classes

ems@wdm.iowa.gov

Farmers Market (VJ Foundation) 222-3642

Finance Department 222-3600

Fire Administration 222-3420

3421 Ashworth Road • fire@wdm.iowa.gov

Gas Service See UTILITIES

Hazardous Waste

Regional Collection Center 967-5512

Holiday Pool 273-0700

Housing Rehabilitation Program 273-0770

Human Resources 222-3616

Human Rights Commission 222-3675

Human Services 222-3660

318 5th St • humanservices@wdm.iowa.gov

Senior & Disabled Transportation, Energy
Assistance, Food & Clothing Pantry, Homeless
Prevention

Illegal Waste Disposal 725-0268

<http://www.iowadnr.gov>

State Dept of Natural Resources Industrial or major
hazardous waste and chemical spills.

Minor/Household Spills 222-3321

Job Hotline (City of WDM) 222-3616

www.wdm.iowa.gov

Library 222-3400

4000 Mills Civic Parkway • library@wdm.iowa.gov

Legal Department 222-3523

4200 Mills Civic Parkway

Marriage Licenses SEE Vital Records

Mayor's Office..... 222-3610

Motor Vehicle License Plates/Registration

- Dallas County..... 993-5812
- Polk County..... 286-3030
- Madison County..... 462-1542
- Warren County..... 961-1111

Nature Lodge..... 222-3424
Raccoon River Park 2500 Grand Ave.

One Call Underground Utility Lines
811 OR 1-800-292-8989

Parks and Recreation..... 222-3444
parkrec@wdm.iowa.gov

Parking Violations (non-moving) 222-3600

Passports..... 1-877-487-2778

Planning & Zoning..... 222-3620
developmentservices@wdm.iowa.gov

Police Administration..... 222-3300
police@wdm.iowa.gov

Police/Fire/EMS/Dispatch (Westcom)

- Emergency..... 911
- Non-Emergency..... 222-3321
250 Mills Civic Parkway

Post Office..... 255-6471
430 5th St. WDM 50265 • usps.com

Property Tax

- Dallas County..... 993-5808
- Polk County..... 286-3060
- Madison County..... 462-1542
- Warren County..... 961-1110

Public Transportation..... See DART

Public Works..... 222-3480
publicworks@wdm.iowa.gov

Recycling – Curb IT!
Waste Management..... www.wm.com
Missed Pickup/Questions..... 265-5267

Recreation Programs..... 222-3444

Rental Housing Inspector..... 222-3630
developmentservices@wdm.iowa.gov

Senior Citizen Meals..... 274-0373

Sewer Stoppages/Repair..... 222-3480
publicworks@wdm.iowa.gov

Shelter Rentals (Parks & Rec)..... 222-3444

School Districts

- Norwalk
981-0676 • www.norwalk.k12.ia.us
- Van Meter
996-2221 • www.vmbulldogs.com
- Waukee
987-5161 • www.waukee.k12.ia.us
- West Des Moines
633-5000 • www.wdm.k12ia.us

Sidewalk Permits..... 222-3480
560 S. 16th St. • publicworks@wdm.iowa.gov

Social Security Offices..... 800-772-1213

Street Light Outages
MidAmerican Energy..... 1-888-427-5632

Street Repairs/Cleaning..... 222-3480
publicworks@wdm.iowa.gov

Taxes..... see Property Tax

Tickets Moving Violations

- Dallas County..... 993-5816
- Polk County..... 222-3772
- Madison County..... 462-1542
- Warren County..... 961-1032

Parking Violations (non-moving)

Finance..... 222-3600

Traffic Signals/Street Signs..... 222-3480
publicworks@wdm.iowa.gov

Trash Collection..... 265-7374

Waste Connections • www.wasteconnections.com

Tree Planting Permits..... 222-3480

publicworks@wdm.iowa.gov

Utilities Mid American Energy

Gas & Electric..... 1-888-427-5632

EMERGENCY..... 1-800-595-5325

One Call Line Locator..... 1-800-292-8989

www.midamericanenergy.com

Valley Junction Foundation..... 222-3642

Vehicle Registration

.....see Motor Vehicle License Plates/Registration

Vital Records

- Dallas County..... 993-5804
- Polk County..... 286-3781
- Madison County..... 462-3771
- Warren County..... 961-1089

Voter Registration

- Dallas County..... 993-6914
- Polk County..... 286-3080
- Madison County..... 462-3914
- Warren County..... 961-1020

Iowa Elections Division..... 281-8849

Water Treatment Plant..... 222-3465

1505 Railroad Ave.

West Des Moines Water Works.. 222-3460

Water/Solid Waste, New Service, Service

Changes/Maintenance..... 4200 Mills Civic Pky

www.wdmww.com • waterworks@wdmww.com

Westcom

• EMERGENCY..... 911

• Dispatch Non-Emergency..... 222-3321

WestPet..... 855-434-7567

Animal Licenses

Yard Waste – Compost IT!

Waste Management..... www.wm.com

General Info/Questions..... 222-3600

Missed Pickup..... 265-5267

Persons with disabilities are encouraged to participate in City activities. Those individuals seeking City services and in need of special accommodations should either contact the department sponsoring the event or the ADA Coordinator.



WDM Public Library

Mission Statement: The WDM Public Library is a relevant and integral part of the community. The library enriches the lives of residents by providing

convenient and timely access to information and ideas; by offering engaging activities and opportunities for personal and professional growth; by promoting a love of reading and learning; and by remaining responsive to the changing needs of its users.

WDM Library *Adult Programs*

All programs are free and require registration unless otherwise indicated.
You may register for most programs online at www.wdmlibrary.org.

WDM WRITER'S CLUB

2nd & 4th Sat @ 10 am

Informal meetings for accomplished or aspiring writers – share any form of writing and offer/receive constructive criticism. 2nd Floor Library Conference Rm. 222-3413

SCRAPBOOK CLUB

Sat, 10 am-4 pm: Apr 5, May 3, Jun 7, Jul 12, Aug 2

Whether you're a scrapbooker or a cardmaker, bring a project and your own supplies. (No sales at the event.) We'll provide space, snacks, cutting tools, and some seasonal stamps! Library Community Rm. \$1 donation requested. Registration preferred. 222-3407 • wdmlibrary.org

BEADING BASICS: EARRINGS

Tue, Apr 8 at 6:30 pm

Learn basic wire wrapping techniques as we make a simple pair of earrings. Sponsored by the WDM Library Friends Foundation. Registration begins Mon, Mar 3. 222-3407 • wdmlibrary.org

CLUB READ ADULT BOOK DISCUSSIONS

Tue @ 7pm:

Apr 1 – *Nothing Daunted* by Dorothy Wickenden

May 6 – *Bone River* by Megan Chance

Jun 3 – *The Language of Flowers* by Vanessa Diffenbaugh

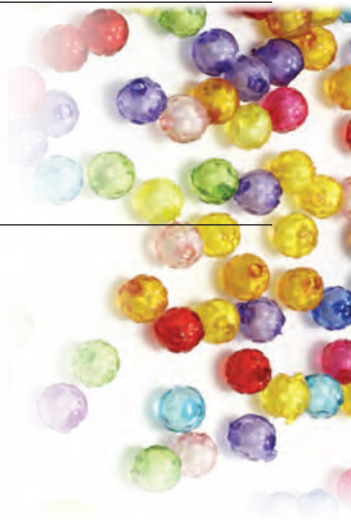
Jul 8 – *Where'd You Go, Bernadette* by Maria Semple

A few copies are available at the Information Desk or you may bring your own copy. Library 2nd Floor Classroom. Books purchased by the WDM Library Friends Foundation. 222-3407 • wdmlibrary.org

CLUB READ SOCIAL

Tue @ 7pm: Aug 5

Make new friends! Discover new authors! We'll share what we've all been reading lately! Newcomers welcome. Bring an appetizer or dessert to share. Library Community Rm. Registration preferred. 222-3407 • wdmlibrary.org





OPEN COMPUTER LAB & GADGET ZOO

See Our Website Calendar for Dates & Times

Keeping up with the latest technology can be tough, that's why we offer free one-on-one assistance with Internet, email, attachments, and more. If you're confused by eReaders and tablets, staff can explain the options, and show you how to borrow e-materials from the library! You'll also have a chance to play with the Kindle, Nook, iPad, and other tablets. Laptop lab and devices provided by the WDM Library Friends Foundation. Registration required. 222-3403 • wdmlibrary.org



Adult Summer Reading Club 2014

Literary Elements @ Your Library

Why should kids have all the fun? The WDM Public Library has a Summer Reading Club for adults, Literary Elements @ Your Library, with weekly prize drawings, contests, displays, and more – just for reading (or listening) to books! Registration begins Monday, May 19. Look for more information in May at the Reference Desk or on our website at www.wdmlibrary.org.

Sponsored by the WDM Library Friends Foundation



If You Enjoy Our Programs, **Please Join The Friends!**

Friends memberships pay for many adult and teen programs: Club Read, Holiday Cardmaking, Author Visits, and Teen Craft Nights, to name a few!

Donations are tax deductible!

WDM Library Friends Foundation,
4000 Mills Civic Pkwy, WDM, IA 50265.
222-3407 • wdmlibrary.org

WDM Library *Teen Programs*



SUMMER VOLUNTEERS

The Library is always looking for student volunteers, especially during the summer months. Volunteers help out Library staff in many ways including assisting with summer programs, shelving picture books, cleaning shelves, and refilling summer reading supplies. Volunteer positions are open to students age 13 and above (completed 6th grade). If you are interested in becoming a student volunteer, pick up an application at any of the library's service desks or visit our website. Positions are limited so turn in your application soon! 222-3412 • wdmlibrary.org

GROUP SERVICE PROJECTS

Are you looking to earn a few volunteer hours for your Silver Cord or another award program? The Library is in need of teens to help with a monthly group service project. Projects vary each month and may include cleaning book bins, dusting shelves, or preparing program supplies. Please contact Courtney if you are interested in finding out more about this program. 222-3412 • courtney.bench@wdm.iowa.gov



SPARK A REACTION

@ *your library*

Sparks will fly this summer at the library! Teens can earn great rewards by reading, participating in summer contests, and attending library programs. Sign up at the Reference Desk or visit us online at www.wdmlibrary.org. Registration for the Teen Summer Reading Club begins **Monday, May 19**.

Summer library programs for teens will be full of exploration and experiments, including box

forts and catapults; cooking experiments and Myth Busters; and Franken-toys and duct tape boats. Registration for teen library programs begins **Monday, June 2** for June programs and **Monday, June 30** for July programs. Register at the Reference Desk, by phone or online. 222-3403 • wdmlibrary.org

Check the Library's website for more information on upcoming teen programs.

The Summer Reading Club is Sponsored by the WDM Library Friends Foundation.

Storytime Series

All children's programs are free and require registration unless otherwise indicated! You may register online at www.wdmlibrary.org, in person, or call us at **222-3405**. Registration for April programs begins **Mon, Mar 31 at 9 a.m.**

MOTHER GOOSE STORYTIME

**Mon @ 9:30, 10 & 10:30 am:
Apr 7, 14 & 21**

Join Jenna for stories, rhymes, flannelboards, gentle tunes and puppets incorporating early literacy skills. Library Storyroom. Age 6 mo-2 yrs w/adult. Registration required.

NIGHTY-NIGHT DROP-IN STORYTIME

Mon @ 6:45 pm: Apr 7, 14 & 21

Join Nate for stories, rhymes, and songs. Library Storyroom. All ages w/adult. No registration.

LAPSIT LAMBS

**Tue @ 9:30 & 10:30 am:
Apr 8, 15 & 22**

Using rhymes, stories, music, and puppetry, Amy will engage baby and caregiver in language-rich activities designed for prewalking babies. Ages 1-18mo w/adult. Library Storyroom. Registration required.

DROP-IN OLIVER'S TALES

Wed @ 9:30 am: Apr 9, 16 & 23

Join Betsy and Oliver the sheep dog for stories, flannelboards, movement rhymes, and music! (Note: No craft at the drop-in session.) Library Storyroom. All ages. No registration.

OLIVER'S TALES

**Wed @ 10:30 am & 1:30 pm:
Apr 9, 16 & 23**

Join Betsy and Oliver the sheep dog for stories, flannelboards, movement rhymes, music, and a craft! Library Storyroom. Ages 3-6. Registration required.





Storytime Series

All children's programs are free and require registration unless otherwise indicated! You may register online at **www.wdmlibrary.org**, in person, or call us at **222-3405**. Registration for April programs begins **Mon, Mar 31 at 9 a.m.**

FAMILY STORYTIME

Thu @ 10:30 am: Apr 10, 17 & 24

Join Nate for stories, flannelboards, songs, rhymes, and a craft. Library Community Room. Ages 2-6 w/adult. Registration required.

DROP-IN FAMILY STORYTIME

Fri @ 10:30 am: Apr 11, 18 & 25

Picture books, action rhymes, flannelboards, puppets, and songs for the whole family! All ages w/adult. No registration.

TALES WITH TAILS

Thu, Apr 3, 4-6 pm

Strengthen your reading skills with a 4-legged friend! The West Des Moines Public Library invites you to read with a certified therapy dog and practice your skills as a reader. Ages 6-12. Registration required (choose one time slot per child).

LEGO CLUB

Wed, Apr 9 & 23 @ 3:45 pm

What CAN'T you build with Legos?! Put your creative skills to the test. We'll have a challenge for you, if you think you're up to it. Community Room. Ages 5-12. Sign up for one session per month. Registration required.

KIDS CLUB READ

Thu, Apr 10 at 4:15 pm

If you like to read and talk about books, this group is for you! Join us for discussion and activities related to this month's book, *The Homework Machine* by Dan Gutman. Ages 8-12. Sign up in the Children's Department.

MAY BASKETS

Apr 29 & 30 at 10 am

Join us for a spring story and make May baskets to share with your friends. Please choose one session to attend. Community Room. Ages 2-6 w/adult. Registration required.





FIZZ BOOM READ





Summer Reading Club 2014

FIZZ, BOOM, READ! @ YOUR LIBRARY!

The West Des Moines Library invites kids of all ages to Fizz, Boom, READ! @ Your Library this summer. Sign up for Summer Reading Club begins **Monday, May 19** for all ages. Complete your reading goals and participate in contests, win prizes, and earn a ticket to our final celebration on Saturday, July 26!

While you are reading to reach your goals, come to the library and enjoy our special events! This year, we will again challenge you to complete a series of tasks during Survivor, teach the art of quilting in Kids Learn to Quilt, and offer prizes for the best and most creative Lego creations in our Lego Contest. We will also welcome visits from the Blank Park Zoo, a glow-in-the-dark magic show by Troy Roark, Bubble Wonder, Chasing4Life, and more! Registration for individual programs begins **June 2** for events in June and **June 30** for events in July.

For more information, pick up a calendar in the Children's Department or visit our website at www.wdmlibrary.org and go to the Programs for Kids section to reach our blog.

The Summer Reading Club is sponsored by the WDM Library Friends Foundation.



If You Enjoy Our Programs, **Please Join The Friends!**

- During the 2012-13 Fiscal Year, the library offered 493 children's programs with 38,883 people attending. Friends memberships pay for many of the special children's programs throughout the year.
- Memberships provide incentives to more than 2500 children participating in the Summer Reading Club, which encourages young readers to keep learning when they are not in school.
- Your donation is tax deductible!

WDM Library Friends Foundation

4000 Mills Civic Pkwy, WDM, IA 50265 • 222-3407 • wdmlibrary.org



WDM Library services

*All services are **free**
unless otherwise indicated.*

Questions? Call 222.3400

GET A LIBRARY CARD... IT'S FREE!

Present a valid ID with proof of current address. Residents of WDM, DSM, Ankeny, Clive, Urbandale, and Windsor Heights may apply. Cards are valid for three years (no renewal fee).

LIBRARY HOURS

(Labor – Memorial Day)

Mon-Thu: 9 am-9pm | Fri: 9 am-6 pm

Sat: 9 am-5 pm* | Sun: 2 pm-5 pm*

*SUMMER HOURS

Sat: 10 am-4 pm | Sun: Closed

Call or check our website for holiday hours.

222-3400 | wdmlibrary.org

ONLINE CATALOG... wdmlibrary.org

Access the library catalog 24/7 from the comfort of your home...just follow the link on our website. Reserve items that are checked out, or on the shelf!

RENEWALS/ ACCOUNT ACCESS BY PHONE

Use your library card number to access a list of titles checked out, including due dates; overdue items; titles on reserve with your position on the waiting list; and charges on your account. You may renew all of your items at once, or renew individual titles if you have the barcodes.

225-1576 or 225-1586
wdmlibrary.org



WE TAKE RESERVATIONS

If the item you want is checked out, use your library card to place a reserve or "hold" on it. Want to read a bestseller? We buy one copy for every six reserves. Holds can be placed by phone or online, and we'll call you when your item comes in. If we don't own the book you need, we can usually buy it, or borrow it from another library within a couple of weeks.

222-3400 | wdmlibrary.org

BOOK CLUB COLLECTION

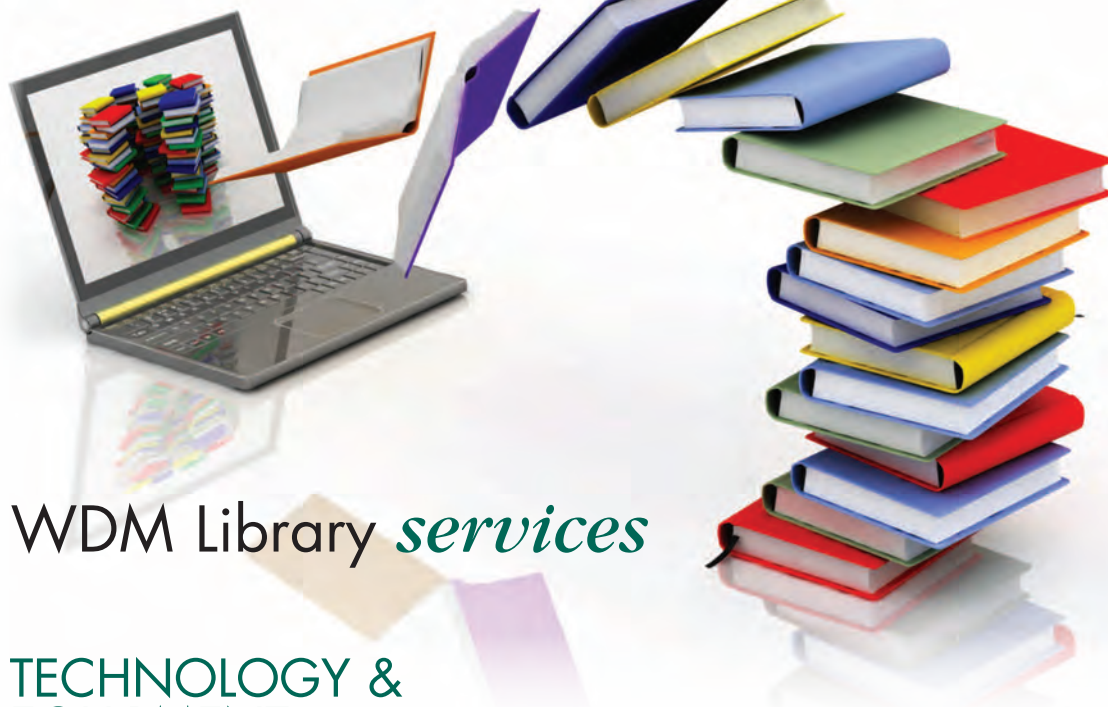
The library has multiple copies of past Club Read titles available for local book clubs to borrow. Specific titles are listed on our website. Advance reservations required.

222-3413 [adult titles] • 222-3575
[children's titles] | wdmlibrary.org

MORE THAN BOOKS

Your library is more than a warehouse for books. You'll find popular magazines and newspapers; large print materials; puppets and puzzles; recorded books; new releases, classics, and nonfiction DVD's; music CD's; and more. E-books are offered through the WILBOR library consortium. This works similarly to our OverDrive downloadable audiobooks collection. A WDM library card and a small software install are required. For details, look for the eBooks news item on our website and click on the WILBOR link. **222-3403 | wdmlibrary.org**





WDM Library *services*

TECHNOLOGY & EQUIPMENT

Available for use in the library: photocopier, fax, interactive storybooks, word processing, free Internet access, wireless access, and a 20/20+TV enlarger for the visually impaired. Available for checkout: overhead projector. Hate long lines? Try the 3M SelfCheck System! Coming soon...iPads for checkout!

222-3400

ASK A LIBRARIAN

Got a question? We can help! Try our electronic resources...EBSCO Host magazine index, Novelist, ProQuest, and more! Business/investment info includes S&P's and The Street publications, Value Line, Investor's Business Daily, and Morningstar Mutual Funds Reports. **222-3403**

KIDS BLOG

Find information on our children's programs, book lists, staff recommendations, reading tips, childhood literacy, and more. Visit our website and go to the Programs for Kids section to reach our blog.

222-3405 • wdmlibrary.org

PUBLIC MEETING ROOMS

Available for public use at no charge: small rooms (8 people), Classroom (20), Community Room (60). Call for guidelines and scheduling information. • **222-3400**

TEEN ZONE

YA materials are located upstairs, along with comfy couches and study tables. Get book lists and recommendations. For info on programs and activities, drop in or check our website.

222-3412 • wdmlibrary.org

WE MAKE HOUSECALLS!

If you are a WDM resident, unable to come to the library for health reasons and interested in receiving regular monthly visits from a volunteer, give us a call.

222-3400



WDM LIBRARY *Friends Foundation* MAKES A DIFFERENCE

Our community library is fortunate to have the support of the WDM Library Friends Foundation – a volunteer-based, non-profit organization.

- Friends Memberships fund special projects, like the Laptop Lab, and programs for all ages. Contributions mean more books, music, and movies in the collection, so YOU have a better selection.
- Your donations are tax deductible!

WDM Library Friends Foundation

4000 Mills Civic Pkwy, WDM, IA
50265 • 222-3407 • wdmlibrary.org

BE A VOLUNTEER

Make a difference! We need reliable volunteers, especially in our homebound delivery program (1-2 deliveries per month). Fill out an application at the Info Desk.

222-3400 • wdmlibrary.org

BOOK SALE AREA

Don't miss the Friends book sale area (just around the corner from the Info Desk) to find great bargains from 10¢ magazines to \$1 hardbacks – adult and children's titles. Proceeds benefit library programs and collections. • **222-3400**

DO YOU TWITTER?

Follow us @ WDMLibrary, WDMLibraryChild or WDMLibraryTeen to receive "tweets" (updates) on library news, programs, and events. Don't have a Twitter account? Instructions are available at the Reference or Children's Desk. Find us on Facebook, too!



MOBILE APP puts the library at your fingertips!

With our new library app, you can instantly tap into library resources from any mobile phone connected to the internet. Browse the library catalog, hold or renew a book, check your account, ask a question, find events, and more. Search for "West Des Moines Library" on your phone app store and download. It's free!

**222-3403 •
wdmlibrary.org**



YOUR LIBRARY STORY

Has the WDM Library has made a difference in YOUR life? Tell us about it in 500 words or less. Selected stories will be featured on our website or promotional materials (with permission). For details, pick up a card at one of our service desks, or visit our website.

wdmlibrary.org

See Library Activities pages for adult & children's programs at the WDM Library.

WDM Human Services

"The ♥ of the Community"

WDM Human Services has been helping community members since 1979. As a department within the City of West Des Moines, WDM Human Services is a non-profit agency that provides necessary assistance to low-income, elderly and disabled individuals in our service area. Basic needs such as food, clothing, shelter, transportation and emergency assistance are a few of the critical services provided by WDM Human Services. For more than three decades, we have provided support and assistance to community members during emergency and crisis situations to ensure their safety and well being and to improve or enhance their quality of life. WDM Human Services partners with members of the community to provide support and assistance. If you would like to help us meet our community need, please call 273-0633.



TRANSPORTATION

description	contact/ location	dates days/times	eligibility/ qualifications	fee
SENIOR DINING CENTER Transportation is available for senior residents of West Des Moines, Clive (Polk County), Windsor Heights and Des Moines (Frisbee area only). Along with a nutritious lunch, enjoy several fun daily activities.	Trans. Supervisor 222-3661 217 5th St. WDM Community Center	M – F 9am – 2pm Lunch served at 11:30 am	<ul style="list-style-type: none"> • Senior residents (60+) • Reservations required at least 24 hours in advance 	donations encouraged
APPOINTMENTS Transportation is available for necessary medical appointments, recreational group trips and Human Services referral trips.	Trans. Supervisor 222-3661	M – F 8am – 4pm	<ul style="list-style-type: none"> • Seniors (60+), disabled and low-income residents of WDM • Reservations must be made at least 24 hours in advance. 	donations encouraged

**Human Services Mission:**

"To provide opportunities for citizens to improve and enhance their quality of life and sense of community through the programs and services available."

TRANSPORTATION

description	contact/ location	dates days/times	eligibility/ qualifications	fee
SENIOR DINNER CLUB Seniors (60+) have the opportunity to enjoy one another's company while they dine at one of our finest area restaurants.	Trans. Supervisor 222-3661	First Tuesday of each month	<ul style="list-style-type: none"> • WDM senior residents. • Reservations must be made at least 24 hours in advance. 	Cost of your dinner <hr/> Transportation FREE (donations encouraged)

CITIZENS WITH SPECIAL NEEDS

FRIENDSHIP CONNECTION

Friendship Connection is a club for young adults with special needs.

WDM
Human
Services
222-3660

Thursdays
10am – noon

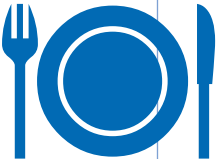

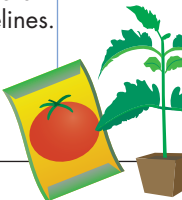
- Young adults with special needs

NONE




FOOD

WDM Human Services *programs*

description	contact/ location	dates days/times	eligibility/ qualifications	fee
FREE MEAL WDM Human Services, The Churches Outreach Group and the Eddie Davis Community Center serves a free meal at the Eddie Davis Community Center to anyone in need on Tuesdays through May.	Eddie Davis Community Center – 1312 Maple St., WDM	Tuesdays 6pm – 7pm Through May 2014	NONE 	NONE
DES MOINES AREA RELIGIOUS COUNCIL FOOD PANTRY Emergency food is available at WDM Human Services for households in need.	Program Outreach Assistants 222-3660	M 8:30am - 3pm T 8:30am - 3pm W 8:30am - noon TH 8:30am - 3pm F 8:30am - noon	<ul style="list-style-type: none"> • Emergency Assistance only • Must provide picture ID and proof of address • Must be WDM or Clive resident 	NONE <i>Funding for this program is provided by USDA which is an equal opportunity employer.</i>
FREE SUMMER LUNCH PROGRAM FOR CHILDREN The State of Iowa, in conjunction with WDM Human Services and the WDM Community School District, is providing a free summer lunch program to ensure children from low-income homes receive adequate food while not in school.	Human Services staff 222-3660 <ul style="list-style-type: none"> • Legion Park • Phenix • Hillside • Stilwell 	Lunches will be served M-F, noon – 1pm beginning approx. June 9 – August 8. No lunch will be served on July 4	All children 18 years or younger. 	FREE for children 18 years or younger
GARDEN PROGRAM Offset the cost of food and have fun at the same time growing your own garden. Tilling is available to elderly & disabled residents of WDM.	Program Outreach Assistants 222-3660	M 8am – 3pm T 8am – 3pm W 8am – noon TH 8am – 3pm Sign-up begins May 1	Must meet income criteria of Federal Poverty Guidelines. Elderly (60+) Disabled (SSI and/or SSA eligible)	NONE 
SHARE IOWA is a private, not-for-profit organization that provides up to 50% savings on food packages once a month. The standard food package varies monthly, and always contains fresh fruit, vegetables and meat.	Richard at 279-5783 Carol at 201-5473 Share Iowa 800.344.1107	Sign-up is the first Tuesday after the third day of each month at WDM Community Center, 217 5th St. from 11:30am until 1pm fee \$25 in cash or food stamps plus two hours of ANY volunteer service a month.		

Visit www.wdmhumanservices.com for info.

HOUSEHOLD ASSISTANCE

description	contact/ location	dates days/times	eligibility/ qualifications	fee
ENERGY ASSISTANCE (LIHEAP) The Low Income Home Energy Assistance Program (LIHEAP) helps qualifying households with their primary heating costs during the winter.	Program Outreach Assistants 222-3660 Call for an appointment.	M 8am – 3pm T 8am – 3pm W 8am – noon TH 8am – 3pm Through April 30, 2014	<ul style="list-style-type: none"> • Low-income households in Western Polk county • Social security card & date of birth for all household members • Copy of your most recent heating/ electric bill • 13 weeks of verifiable income from all sources for all household members 	NONE 
Dallas County Residents receive assistance at the Dallas County Family Development Center, 2814 1st St., Perry, IA 50220 • 465-5185				
EMERGENCY ASSISTANCE/HOMELESS PREVENTION Emergency Assistance is available to avoid housing evictions and utility disconnects to eligible households.	Program Outreach Assistants 222-3660	M 8am – 3pm T 8am – 3pm W 8am – noon TH 8am – 3pm	<ul style="list-style-type: none"> • Low income WDM residents. • Residents must show eviction or disconnect notice to qualify. • See above energy requirements. 	NONE
ASSISTANCE WITH GOVERNMENT FORMS Government forms are not always easy to fill out. WDM Human Services is here to help.	Program Outreach Assistants 222-3660	M 8am – 3pm T 8am – 3pm W 8am – noon TH 8am – 3pm	Service area resident.	NONE

Assistance is available for the following forms: Iowa Rent Reimbursement, Property Tax Credit, Special Assessment, Iowa Mobile/Manufactured/ Modular Home Owner Application for Reduced Tax Rate, Low-Income Telephone Assistance Programs (Link-Up and Lifeline) and hawki insurance. Bring household income and address verification.

DONATE TODAY!

Go to www.wdmhumanservices.com and click on **"Donate Now"** to make a secure, tax-deductible contribution. It has never been easier to help a neighbor in need!

YOUTH ASSISTANCE

description	contact/ location	dates days/times	eligibility/ qualifications	fee
SCHOLARSHIPS Limited scholarships for recreational/educational activities, (e.g., dance, sports, music) are available to eligible households.	Program Outreach Assistants 222-3660	M 8am – 3pm T 8am – 3pm W 8am – noon TH 8am – 3pm	<ul style="list-style-type: none"> • Proof of income • Proof of address • Documented proof of activity costs • Eligible low-income residents of WDM 	depending on household income
HOMEWORK HELPER HOUR One-on-one personalized tutoring to help students meet academic goals.	Human Services Staff 222-3660	Wednesdays 4pm – 5pm	<ul style="list-style-type: none"> • Must live in the West Des Moines School District • Income guidelines • Grades K – 6 	NONE
SCHOOL SUPPLIES School supplies are available on a limited basis in August including classroom supplies and backpacks.	Program Outreach Assistants 222-3660	DONATIONS NEEDED: Call Mindy Hotovec at 222-3663	<ul style="list-style-type: none"> • Eligible low-income residents of WDM 	NONE
<i>Distribution of donated items will take place at the WDM Human Services office in August. Call for more information.</i>				
SWIM PASSES Swim passes are available to low-income residents of West Des Moines.	Program Outreach Assistants 222-3660	M 8am – 3pm T 8am – 3pm W 8am – noon TH 8am – 3pm	<ul style="list-style-type: none"> • Eligible low-income residents of WDM 	Reduced Rate



HOUSING

HOUSING SOLUTIONS

An intensive housing and supportive services program that works with low-income/homeless families to identify and work to overcome barriers preventing them from providing stable or permanent housing for their families.

Application opportunities will be announced throughout the year.

Transitional Housing Coordinator
222-3666

M – F
 8am – 4pm

Limited availability.

Eligible homeless participants will need to meet HUD homeless guidelines and income criteria.



CURRENT NEEDS LIST

- Personal care items
- Diapers & wipes
- Spring/Summer clothing (for all ages)
- Non-perishable food items
- Gift cards for gas, groceries & clothing
- Towels, sheets & blankets

Donations may be dropped off Monday through Friday between 8am & 4pm at 318 5th Street in WDM.



CLOTHING CLOSET

description	contact/ location	dates days/times	eligibility/ qualifications	fee
Gently used clothing articles are available to those in need. Small household items are also available on a limited basis.	Program Outreach Assistants 222-3660	M 8:30am - 3pm T 8:30am - 3pm W 8:30am - noon TH 8:30am - 3pm F 8:30am - noon	<ul style="list-style-type: none"> • Proof of income • Proof of address • Service area resident • ID required 	NONE (donations encouraged)

This is a community supported program — donations of clothing and small household items are always needed.

LIFE SKILLS

COMPUTER CLASSES

are available on a limited basis to teach or enhance computer skills on a variety of levels.

Human Services Staff
222-3660

Tuesdays & Thursdays
3:30pm – 4:30pm

NONE



NONE (donations encouraged)

ELDERLY ASSISTANCE

HANDYMAN/CHORE

Services include lawn mowing, snow removal and minor home repairs for low-income elderly and disabled residents of WDM.

Program Outreach Assistants
222-3660

M – F
8am – 4pm

- Income - eligible Seniors (age 60+) or disabled residents of WDM.
- Registration required for new clients.

NONE (donations encouraged)



VOLUNTEER TODAY!

West Des Moines Human Services extends a heartfelt **THANKS** to all of the wonderful volunteers who donate their time and talents to help us continue to be the heart of the community. Volunteers are currently needed in the food pantry, clothing closet and for our Friendship Connection Program. If you have a passion for helping those in need, please contact **Melinda Hotovec** at **222-3663** or visit **www.wdm.iowa.gov**.

WDM HUMAN SERVICES

"The ♥ of the Community"

Friendship Connection

(Formerly YAC)

Friendship Connection is offered every Thursday from 10 am to noon through WDM Human Services. Participants socialize, play games, sing, enjoy refreshments and have fun! Organizations throughout the community also make special presentations on occasion. Volunteers are needed to assist with this program. To learn more, or to register as a participant, volunteer or presenter, please call 222-3660 or visit our website www.wdmhumanservices.com.



2014 Free Children's Summer Lunch Program

West Des Moines Human Services is pleased to partner with the State of Iowa and the West Des Moines Community School District to provide the Free Children's Summer Lunch Program. This free lunch program is designed to provide nutritional meals for low-income youth (up to age 18) during the summer months. This year's program will be held at the following locations in West Des Moines:

- **Legion Park** (4th & Vine St)
lunch
- **Hillside Elementary** (713 8th St)
breakfast and lunch
- **Stilwell Junior High** (1601 Vine St)
breakfast and lunch
- **Phenix Elementary** (415 7th St)
breakfast and lunch

Please contact Human Services at 222-3660 for specific dates or visit our website at: www.wdmhumanservices.com



Help Support Youth Scholarships

This summer hundreds of kids will participate in local day camps to experience new adventures, learning tools, places and friendships.

WDM Human Services provides youth scholarships to low-income households in WDM. We believe every child should be able to experience activities to shape their future. With your help, we can provide that through our youth scholarship program. If you would like to donate to this worthwhile cause, please mail your tax deductible donation to:

**WDM Human Services/
Youth Scholarship Program**

318 5th Street
PO Box 65320
WDM, IA 50265



WDM Human Services Current Needs

*Partner
with
WDM
Human
Services
to help
our
neighbors
in need!*

Personal Pantry:

Each month WDM Human Services assists approximately 300 low-income households with personal care products. We need your help to meet the needs in our community. Following is a list of items we need on an on-going basis:

- Laundry detergent
- Shampoo
- Conditioner
- Deodorant
- Toilet Paper
- Toothpaste
- Diapers (Sizes 3-6)
- Soap

Clothing Closet:

With spring and summer on the way, our clothing closet is in need of new or gently used

children's, teen, and adult clothing items for the warmer seasons. We also need towels, sheets, blankets and small household items. Clothing Closet donations are accepted Monday through Friday 8am – 4pm at 318 5th Street in West Des Moines. Donation receipts are available.

Thank You *to everyone who supported the 2013 holiday programs at WDM Human Services including Toyland and Adopt-A-Family. Many individuals had a brighter holiday thanks to our volunteers and donors!*



WDM CITY OFFICIALS

Mayor

Steven K. Gaer

City Council

Kevin Trevillyan,
First Ward

John Mickelson,
Second Ward

Russ Trimble,
Third Ward

Rick Messerschmidt
At Large

Jim Sandager
At Large

Key City Staff

City Manager
Greg L. Sparks
222-3610

City Attorney
Richard J. Scieszinski
222-3523

Bicycle Commission

Kip Albertson
Margaret Christiansen
Spencer Cox
Lisa Dreyer
Greg France
Steve Gattton
Stacie Hatch
Suzanne Lemon
Joel Wolcott

Board Of Adjustment

Michael Blaser
Eric P. Christiansen
Thomas Cunningham
Jennifer Drake
Sherry Stewart

Civil Service Commission

Lucas Casey
Chris Haviland
Lori Lavorato

Human Rights Commission

Bernell Edwards
Frank Harty
Justine Morton
Ila Plasencia
Jay Sehgal

Human Services Board

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Sue Bosworth
Tammy Cline
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The WDM magazine was produced by the City of West Des Moines, JM Impressions and Colorfx.

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At the last West Des Moines City Council meeting of 2013, the Council received the 2012-13 Comprehensive Annual Financial Report, as well as a short presentation by the City's audit firm.

As residents of West Des Moines, you can be assured that the City Council and staff place the highest priority on sound financial management of the community's resources. For 20 consecutive years the City has been awarded the Certificate of Achievement for Excellence in Financial Reporting from the Government Finance Officers Association. This award is based on a government publishing, an easily readable and efficiently organized comprehensive financial report that satisfies accepted accounting principles, and applicable legal requirements. In addition, the City has received the Distinguished Budget Presentation Award for 15 consecutive years. To achieve that award, the budget must be proficient as a policy document, a financial plan, an operations guide, and a communications device.

Another outside review on City finances are the analysis performed by the bond rating agencies-Standard and Poor's Rating Services, and Moody's Investor Services. This past year, the Standard and Poor's rating of AAA was reaffirmed based on "the City's status as an employment and residential center for the entire Des Moines metropolitan area; the City's access to the large and diverse Des Moines area economy; strong incomes and extremely strong market value per capita, and a very strong financial position coupled with significant revenue-raising flexibility." West Des Moines is one of less than 100 cities nationally to have the distinction of carrying the highest rating from both Moody's and Standard and Poor's. The practical aspect

of the bond rating is that it allows the City to borrow money for capital projects at the lowest possible interest rates. Since 2008, the City has successfully refinanced several of its general obligation bond issuances, and as a result, has netted over \$6.7 million of net present value interest savings.

I have been asked the question over the years, "Why does the city borrow money?" The answer is that we borrow money to finance long-term capital assets and improvements. An example would be a road project that has a projected life in excess of 20 years, such as the 105th St. /Alice's Road I-80 Interchange project. West Des Moines has established four measures in regard to the issuance of debt. First, the City prefers to limit the amount of general obligation debt (debt paid from property taxes) to one-half of the constitutionally allowed debt limit. Second, the City strives to maintain bonded debt below \$1,000 per capita. Third, a debt issuance that is not voted on by the taxpayers should not necessitate an increase in the property tax rate. Finally, the debt service property tax rate will be maintained at or near \$2.00 per \$1,000 of valuation. As such, the City has not increased the property tax of \$12.05 per \$1,000 of valuation since the 2007-08 fiscal year.

The City Council and staff will continue to exercise conservative fiscal policies and budgeting in 2014. Property tax rates will remain at the same rate, and the City will be focused on growing the tax base and controlling costs.

A stylized, handwritten signature in dark ink, appearing to read "Greg L. Sparks". The signature is fluid and cursive, with a large, sweeping "G" and "S".

Greg L. Sparks

SPRING/SUMMER 2014

WDM Parks & Recreation

PROGRAM GUIDE

Registration Starts:

- ▶ **WDM Resident**
March 10
- ▶ **Non-Resident**
March 24



GRAND OPENING

Raccoon River Archery Facility

Join us for the Grand Opening of this exciting new addition to Raccoon River Park. We will have light refreshments, a ribbon cutting ceremony at 5:30 p.m. and some archery equipment available so you can give it your best shot!

WHEN TUESDAY, MAY 20 • 5PM – 7PM

WHERE RACCOON RIVER PARK
ARCHERY FACILITY



RACCOON RIVER CACHE BASH

This geo-cache bash will have you exploring the Raccoon River Park in search of treasure! A short introduction to geo-caching will be presented at 10am to those who have not experience geo-caching before and wish to attend. There will be a limited number of GPS units available for your use.



DATE	May 17
TIME	10am – 1pm
LOCATION	Raccoon River Park Nature Lodge
AGES	ALL
FEE	Free

Are you interested in hosting a block party in your neighborhood?

BLOCK PARTY

Fill out a City of West Des Moines application that can be obtained on-line or by contacting the City Clerk's Office at **222-3603**. Please contact the Clerk's office 30 days before the planned event. There is no charge for the permit.





INDEPENDENCE DAY EVENTS

INDEPENDENCE DAY PARADE

DATE: July 3

LINE-UP: 5:15pm

PARADE STARTS: 6:30pm

Parade entry information will be available starting in early May. To have entry information mailed to you please call 222-3444. Parade will be limited to the first 75 entries.

Sponsored by



POST-PARADE STREET DANCE

On 5th Street in Valley Junction following the parade featuring Faculty Lounge.

HOLIDAY CLASSIC HORSESHOE TOURNAMENT

DATE/TIME: July 4 • 9am to 6pm — To enter contact the WDM Horseshoe Pitchers Association at 681-1937. The tournament will be held in Holiday Park.

JULY 4TH COLORING CONTEST

Pick up a copy of the July 4th Coloring Contest sheet at any of these locations: WDM Community Center, Raccoon River Park Nature Lodge, Valley View Aquatic Center, Holiday Aquatic Center, or WDM City Hall. The coloring sheet can also be downloaded to print at www.wdm.iowa.gov. Contest is for children ages 3-10. One winner from each age division will be picked to receive a \$10 gift certificate to a WDM Aquatic Center concession stand.

Coloring sheets will be available starting June 9, 2014. The deadline for submissions will be Tuesday, July 1 at 5pm. Winners will be announced on Thursday, July 3. Prizes will be mailed shortly after July 4.

JULY 4TH AQUATIC CENTER SPECIAL

DATE/TIME:

July 4 / Noon to 6pm

pay only \$3 for admission per person.

31ST ANNUAL MUD VOLLEYBALL TOURNAMENT

DATE: July 4

Pre-registration required.

Call WDM Fire Department at

222-3420 for more information.

COMMUNITY BAND CONCERT

DATE/TIME: July 4 • 7pm

LOCATION: Coneflower Shelters at Raccoon River Park, 2500 Grand Ave.

FIREWORKS DISPLAY
JULY 4TH — THE FIREWORKS DISPLAY WILL START AT DUSK OVER BLUE HERON LAKE IN RACCOON RIVER PARK, 2500 GRAND AVE. • WDM



FAMILY FUN NIGHT IN VALLEY JUNCTION

Get out of the house and enjoy some good old fashioned fun with the West Des Moines Parks and Recreation Department! We will be on 5th Street during the Valley Junction Farmer's Market with a variety of FREE activities for the entire family to enjoy. Highlights include: inflatables, a balloon artist, face painting and free bicycle helmets for kids. (Limited Supply) Come join the FUN at this family friendly event.

DATE	Thursday, May 15
TIME	4pm – 7pm
LOCATION	The 300 block of 5th Street Valley Junction
AGES	ALL
FEE	FREE



SAVE THE DATE:
Saturday, September 27

IllumiFest
a Fall Festival of light

NEW IN 2014
Mayor's Bike Ride

NEW
LOCATION
CITY HALL
POND

FISHING DERBY

Join the West Des Moines Parks and Recreation and the WDM Police Department for the 15th Annual Cops N' Bobbers Fishing Derby. Teams must consist of at least one child under 18 year of age and one adult (18 years old and up). Contestants must supply their own bait, tackle and poles. This is a catch and release event from the shores of **City Hall Pond** located at **4200 Mills Civic Pkwy**. Participants will need to return all fish to the pond once they are measured. Prizes will be awarded in several categories. For more information please call Sgt. Brent Kock at 222-3320.

DATE	June 7
TIME	9am – 11:30am
LOCATION	WDM City Hall Pond 4200 Mills Civic Pkwy
AGES	ALL (teams need to follow above rules)
FEE	Free, no fishing license required June 6, 7 & 8 for Iowa residents

SKATEBOARD-XTREME CHALLENGE

A Skateboard Competition

(Co-sponsored by the cities of Urbandale, West Des Moines, and Clive) All ages welcome! Competition will be divided by age level. This skateboard competition is a great chance for skateboarders to show their stuff and win great prizes.

DATE	Saturday, August 9
TIME	Competition begins at 11am
LOCATION	Urbandale Skateboard Park, located in Walker Johnston Park (9000 Douglas Ave., Urbandale)
FEE	FREE



MARTIAL ARTS

TAE-KWON-DO/KARATE

The Korean art of self defense, Tae-Kwon-Do is recognized as a beneficial method of improving health, balance, agility and poise. As a philosophy of mental alertness and moral ethics, TKD can serve to enhance anyone's life young or old. Beginner classes are for white through green belts. Intermediate/Advanced classes are for green belts and up.

DATES: June 3 – July 29

TIMES & DAYS: Tuesdays

6:30pm Beginner #13918

7:30pm Interm/Advance #13917

LOCATION: WDM Community Center

AGES: 6 & up

REGISTER BY: One week before the session starts.

FEE: \$39 (Additional fee charged for session testing)

LITTLE NINJAS

Join our early childhood program designed to teach the basic fundamentals of both Tae-Kwon-Do and Karate. This class will focus on building self respect, self confidence, coordination of mind and body, and self-discipline.

DATES/TIMES/DAYS:

June 3 – July 29 • Tuesdays

5:30pm – 6pm #13921

6pm – 6:30 #13922

LOCATION:

WDM Community Center

AGES: 4-5

REGISTER BY:

1 week before the session starts

FEE: \$29

TAE-KWON-DO/ LITTLE NINJAS INSTRUCTOR:

Phil Dickey:

Fifth Degree Black Belt in

Karate, Fourth Degree Black

Belt in Tae-Kwon-Do,

International Martial Arts

Hall of Fame Inductee.



PINTEREST® PLAYTIME

Does your Pinterest® board have loads of ideas that you don't have any time to do anything with? Are you looking for some "mommy time" to interact with other mothers? Register for our newest program, Pinterest® Playtime! Each time we meet at the brand new Valley Community Center, we will make a Pinterest® craft, drink some coffee from the Maplenod Café, and enjoy each other's company while the kids play in the supervised Children's Area. We will provide the supplies and the childcare. You just need to provide the fun and conversation!



RIBBON AND PEARL NECKLACE

DATE: Monday, March 31

PROGRAM #: 14037



TWINE STAR

DATE: Monday, April 28

PROGRAM #: 14038



FABRIC COVERED BUTTON BRACELET

DATE: Monday, May 19

PROGRAM #: 14039



TIME: 10 – 11:15am

LOCATION:

Valley Community Center
(4444 Fuller Road, WDM)

FEE: \$10 per program

MAX #: 10

STORY HOUR AT THE PARK

Join the West Des Moines Parks and Recreation staff for an hour of story power! Bring a picnic lunch to enjoy as our Naturalist shares nature books, stories and games.



DATES:

May 7, 14, 21, 28

July 9, 16, 23, 30

TIME: Noon – 1pm

LOCATION:

Raccoon River Park
Nature Lodge

AGES: All

FEE: Free

FAIRYTALE TIME IN THE PARK!

Come experience your community park and join the West Des Moines Parks and Recreation staff for a story and a snack or craft. Bring a blanket and a friend! *Childcare providers – Please let us know if you are bringing your group so we can be sure to have enough supplies for all participants!

TIME: 10:30am – 11:15am

AGES/FEE: Free for all ages

DATES: **LOCATIONS:**

June 13	Legion Park (301 Vine Street)
June 20	Quail Cove Park (1515 S 52nd Street)
June 27	Ashawa Park (4431 Waterford Drive)
July 4	NO FAIRYTALE TIME IN THE PARK
July 11	Jaycee Park (5608 Center Street)
July 18	Wild Rose Park (6801 Cody Drive)
July 25	Kiwanis Park (3101 Maple Street)
August 1	Meadowview Park (638 Prairie View Dr.)
August 8	Pearson Park (1256 19th Street)

START SMART PROGRAMS

The Right Start... Start Smart

Start Smart Programs, created by the National Alliance for Youth Sports, help kids get ready for sports...and succeed in life. It is a step-by-step approach that builds confidence and self-esteem, and makes sports fun. The Start Smart philosophy is based around the idea that kids and parents will be able to have a positive sports experience together. Start Smart was developed by top motor skill development

specialists in the field of youth sports. Parent-child groups perform motor skill tasks that gradually build confidence in children while they are having fun at the same time. Also, parents spend quality time together with their child while learning how to properly teach and support them in sports. **All materials needed for participation are included in the registration fee, and a parent must attend and participate with their child. It is recommended that non-registered siblings do not attend as it makes it difficult for parents to fully participate in the program.**

TENNIS

- 1.) **DATES:** Mondays, June 9 – July 7
TIME: 5:30pm – 6:30pm
AGES: 5 – 7
LOCATION: Jaycee Park tennis court
FEE: \$55
PROGRAM #: 13886
MAX #: 20

- 2.) **DATES:** Mondays,
 July 21 – August 18
TIME: 5:30pm – 6:30pm
AGES: 5 – 7
LOCATION:
 Jaycee Park
 tennis court
FEE: \$55
PROGRAM #:
 13887
MAX #: 20

SOCCER

- 1.) **DATES:** Tuesdays, June 10 – July 8
TIME: 5:30pm – 6:30pm
AGES: 3 – 4
LOCATION: Peony Park
FEE: \$59 **PROGRAM #:** 13880
MAX #: 20

- 2.) **DATES:** Tuesdays, June 10 – July 8
TIME: 6:30pm – 7:30pm
AGES: 5 – 6
LOCATION: Peony Park
FEE: \$59 **PROGRAM #:** 13881
MAX #: 20

- 3.) **DATES:** Tuesdays, July 22 – August 19
TIME: 5:30pm – 6:30pm
AGES: 3 – 4
LOCATION: Peony Park
FEE: \$59 **PROGRAM #:** 13882
MAX #: 20

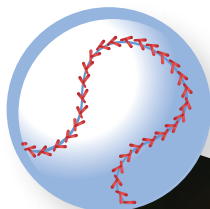
- 4.) **DATES:** Tuesdays, July 22 – August 19
TIME: 6:30pm – 7:30pm
AGES: 5 – 6
LOCATION: Peony Park
FEE: \$59 **PROGRAM #:** 13883
MAX #: 20



START SMART PROGRAMS

BASEBALL

- 1.) **DATES:** Wednesdays, June 11 – July 9
TIME: 5:30pm – 6:30pm
AGES: 3 – 4
LOCATION: Willow Springs Park
FEE: \$59 **PROGRAM #:** 13888
MAX #: 20
- 2.) **DATES:** Wednesdays, June 11 – July 9
TIME: 6:30pm – 7:30pm
AGES: 5 – 6
LOCATION: Willow Springs Park
FEE: \$59 **PROGRAM #:** 13889
MAX #: 20
- 3.) **DATES:** Wednesdays, July 23 – August 20
TIME: 5:30pm – 6:30pm
AGES: 3 – 4
LOCATION: Willow Springs Park
FEE: \$59 **PROGRAM #:** 13890
MAX #: 20
- 4.) **DATES:** Wednesdays, July 23 – August 20
TIME: 6:30pm – 7:30pm
AGES: 5 – 6
LOCATION: Willow Springs Park
FEE: \$59 **PROGRAM #:** 13891
MAX #: 20



WEATHER HOTLINE: 222-3500

Information regarding cancellation of sessions will be posted after 4pm the day of the session.

Or like us on Facebook for updates.



Scan with your
mobile device.

PEEWEE T-BALL

Are you looking for a way to introduce softball or baseball to your 5-7 year old but don't want to enroll them in a program that is too competitive or time-consuming? Register them for our newest youth sports program, PeeWee T-Ball! This program is designed as a fun way for children to learn the basics of softball and baseball. Our staff will help guide each team through the fundamentals of hitting, catching, fielding, and base running. Teams are determined upon arrival each night of play.

Basic Game Format:

- No score kept • No strike-outs • No walks • No pitching (only a tee will be used) • 4 innings=standard game
- 1 inning=all players batting through

Supplies Provided: • Bats • Balls • Tee • Helmet • Bases

Supplies To Bring:

- Tennis shoes • Glove • Water bottle • Program Jersey (handed out on 1st night of play)

DATES/DAYS: Thursdays

- **June 12 – July 10** (no game July 3)

Time: 5:30 – 6:30pm **Ages:** 5 – 6 **Program #:** 13892

Time: 6:30 – 7:30pm **Ages:** 6 – 7 **Program #:** 13893

- **July 24 – August 14**

Time: 5:30 – 6:30pm **Ages:** 5 – 6 **Program #:** 13894

Time: 6:30 – 7:30pm **Ages:** 6 – 7 **Program #:** 13895

LOCATION: Legion Park Ball Diamond **FEE:** \$55

MAX # PER SESSION: 20 **MIN# PER SESSION:** 12



NATURE CLASS FOR CHILDREN 3-5

Uncle Ikes NATURE PROGRAMS

The purpose of the Uncle Ikes program is to give children the opportunity to learn about Iowa's natural resources, environment and outdoor recreation. It is hoped that children who attend will gain an increased awareness about the earth and will learn to make responsible environmental decisions as they grow. Non-residents of West Des Moines are eligible to register for these programs at the same time residents are allowed to register. These programs are co-sponsored by WDM Parks and Recreation, Polk County Conservation Board and the Izaak Walton League Des Moines Chapter.



NATURE FRIENDS - PRESCHOOLERS EXPLORING NATURE

Nature Class for children 3-5 with an adult

We will explore a different nature topic each evening through stories, sharing time, guided exploration, and art activities. Snacks will be provided.

Participate in a Park Passport Program. Attend five different programs, each located at a different park and receive a Nature Friend Explorer pack.

Participants must record program name, location and date with the speaker's initials on their passport. Turn the passport in at the office at Jester Park or Raccoon River Nature Lodge to receive your Nature Friend Explorer pack. One Nature Friend Explorer pack per child please.

Time: 6:30pm – 7:30pm **Ages:** 3 – 5 and an adult **Fee:** \$7

Date	Program Name	Location	Program #
Mon May 5	EggCiting Facts	Easter lake #4	14062
Tues May 20	Watch Me Grow!	RRP Nature Lodge	14063
Mon June 2	Giants of the Prairie	Jester Park #6	14064
Tues June 17	Toadally Awesome	Pearson Park	14069
Mon July 7	Water Wonders	Jester Park #5	14065
Tues July 22	Insect Investigations	Southwoods	14066
Mon August 4	Turtle Talk	Easter Lake #4	14067
Tues August 19	Wiggly Worms	Ashawa Park	14068
Mon Sept 8	TyKe Hike	Browns Woods	14148

BURNT MARSHMALLOW

Each session of Burnt Marshmallow Day Camp is specifically designed for ages 4 to 6, with a variety of activities that include: games, songs, stories, sharing, crafts, visits from special guests, and field trips. Each camper receives a t-shirt with their registration! Burnt Marshmallow Day Camp is led by one Camp Director and two assistants. Registration is limited to 20 children per session, so sign up early! *Each camper is asked to bring a sack lunch every day, with the exception of Thursday, when WDM Parks and Recreation will be providing a "Burnt Marshmallow" Cook-out!

STAR WARS

June 9-13
#14125

Join our crew and BLAST OFF into a week of high adventure! Our mission will be to explore far away galaxies and learn about outer space. We'll make our own light sabers, and "Darth Vader" masks. This week our activities will allow your mind to travel into creative dimensions. Our special field trip will be to the Science Center of Iowa, where we'll tour the planets and see the stars. "What on Earth..." could be better?

THE LION KING

June 16-20 #14124

Become a little "Simba" or a little "Miss Nala" as we venture into the wonderful world of wildlife this week! Bring your animal instincts and join us for an action-packed week discovering various zoo animals! We'll make animal masks and other "creature creations!" Our field trip on Friday will take us to the Blank Park Zoo. We're going to the Zoo...how about you?



BUBBLE GUPPIES

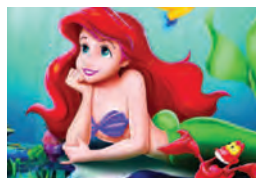
June 23-27 #14117 Something fishy is going on this week! Join us as we explore amazing aquatic life and have fun with those famous fish named Molly, Gil and Mr. Grouper! We'll paint fish T-shirts, and create an awesome ocean in a bottle! Our field trip this week will take us on an unforgettable fishing trip to Raccoon River Park!



And we wouldn't forget about our cookout on Thursday. "What time is it? It's time for LUNCH!"

LITTLE MERMAIDS AND WONDERFUL WHALES

June 30 - July 3 #14118 (No class on Friday, July 4th, the fees are pre-rated this week.) This week we will journey "Under the Sea" for a whale of a good time at the Pearson Park beach house! We'll make our own water slide, and learn how to turn your backyard into a slippery, silly water wonderland! Pack your swim suits and plan to get wet. The highlight of our week will be



the private use of Valley View Aquatic Center... including all the spray and splash features of the leisure pool!

THE ADVENTURES OF CURIOUS GEORGE

July 7-11 #14119

No monkey business here.... we'll swing into an action-packed week of monkey-games and excitement! Find out about good sportsmanship, sharing, and play a different game or sport each day! The "man in the big yellow hat" will encourage us to play fair, and have fun! Our active, monkey-themed field trip will take us to Monkey Joe's on Friday!



DAY CAMP



FROZEN

July 14-18 #14120

"Do you wanna build a snowman?" It may be summer outside, but our theme this week features things that are cold and FROZEN! Join us as we

create various types of snowmen named Olaf, and feature some of the adventures of Anna, Elsa, Kristoff and Sven! We'll focus on acts of kindness this week and make friendship bracelets. Our field trip will take us ICE SKATING where it will be nice and cool inside. Join the FROZEN phenomenon as we feature activities from one of Disney's newest movies.



DORA AND DIEGO'S EXCELLENT OUTDOOR ADVENTURE

July 21-25

#14121

Just as Dora and Diego love

animals...we'll enjoy the chance to have a hands-on experience with animals of all kinds this week! Farm animals, pets and other critters will be explored, with a few "special guests" making a surprise visit! Discover where your favorite animals live and what they eat. On Friday, we will take a trip to Living History Farms to explore a bit of amazing animal behaviors. Are you ready for an excellent outdoor adventure?



MICKEY AND MINNIE'S CLUBHOUSE

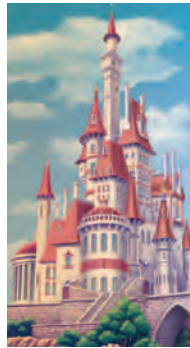
July 28 - August 1 #14122

"Oh, TOODLES!" Everything is more fun when Mickey and Minnie are involved! This week we'll explore the fascinating wonders of floating, flying and bouncing objects! What goes up must come down. We'll play several games with balloons and balls, and try to keep them up in the air! We'll fly a kite, and make paper airplanes. See how high you can bounce and jump as you take flight at "Pump it UP" on Friday!

ONCE UPON A TIME...

August 4-8 #14123

Just as all good stories begin with the phrase, "Once Upon a Time..." so will our week! We'll invite our favorite Prince and Princesses to join us as we discover the wonderful world of imagination. We'll build Cinderella's castle, and dress up like Knights in Shining Armor! We'll have a tea party with Mrs. Pots and Chip, and ride Aladdin's magic carpet! "Be Our Guest" on Friday as we watch an animated mouse come to life at Chuck E. Cheese.



DAYS: Monday – Friday

TIME: 9am – Noon

AGES: 4 – 6

LOCATION: Pearson Park Shelter and playground.
(19th & Pleasant Street)



FEE: Pricing is \$69 per week; \$56 the week of June 30th
(No class on Friday, July 4th)

REGISTER BY:

1 week prior to each session

First Steps Dance Class

Classes are designed to introduce children to the fundamental skills of dance at a cost and time commitment that is minimal to parents. All classes are led by Josalynn Agnew, an instructor with many years of studio experience. Let your child learn basic dance movements in a non-threatening, recreational environment!

- 3-4 year olds will receive instruction in ballet and jazz.
- 5-7 year olds will receive instruction in ballet, jazz, and tap.

No special shoes are required. The registration fee covers all 6 weeks of instruction and a t-shirt.

DAY/DATES: Tuesdays April 15 – May 20

AGE	TIME	PROGRAM #
3-4	5-5:30pm	#13873
3-4	5:30-6pm	#13874
3-4	6-6:30pm	#13875
5-7	6:30-7:30pm	#13876

LOCATION: WDM Community Center **FEES:** \$39



BEGINNERS TWIRL CAMP

Sign your child up for this very popular program! Let them experience the thrill of learning to twirl the baton. Led by former VHS Tiger Twirlers Baton Club member and current Drake student, Alessa Strelecki, your child will learn the basics of baton twirling each day of the camp. A special highlight of the program will be the opportunity for the campers to show off their new-found skill as they march together in the West Des Moines Independence Days Parade (held on July 3rd). A T-shirt and baton are included in the program fee. Don't miss out on this awesome opportunity!

DATES: June 30 – July 3**TIME:** 10:30am – 11:15am**AGES:** 5 – 7**PROGRAM #:** 13877**TIME:** 11:15am – 12:15pm**AGES:** 8 – 10**PROGRAM #:** 13878**LOCATION:** Raccoon River Park Nature Lodge**FEE:** \$49**INTERMEDIATE TWIRL CAMP**

Did your child participate in Twirl Camp in one or more of the last four summers? Does she want to build upon what she already learned? This program is the follow-up to the Beginners Twirl Camp. Led by former VHS Tiger Twirlers Baton Club member and current Drake student, Alessa Strelecki, your child will learn some intermediate skills involved with baton twirling each day of the camp. And once again campers will get to show off their perfected skill as they march in the West Des Moines Independence Days Parade (held on July 3rd). A T-shirt is included in the program fee. **Participants should use the baton they used in previous summers or are responsible for purchasing a new one to fit their measurements.**

DATES: June 30 – July 3**TIMES:** 1pm – 2pm**AGES:** 6 – 13**LOCATION:** Raccoon River Park Nature Lodge**FEE:** \$25**PROGRAM #:** 13879

SUMMER CAMPS

KIDS IN THE KITCHEN

Kids in the Kitchen is an introduction to cooking for young boys and girls. Children involved in the preparation of their meals prove to be healthier eaters, so start them on the right path with this three week program! The students will be taught everything from mixing and measuring to kitchen safety. Each class the children will make a snack while learning kitchen basics and cooking techniques. Please feel free to bring an apron to protect clothing from any kitchen messes!

DATE	June 10, 12, 17, 19, 24, 26
DAYS	Tuesdays & Thursdays
TIME	4pm – 5pm
GRADE PROGRAM #	completed K – 1 14126
TIME	5:30pm – 6:30pm
GRADE PROGRAM #	completed 2 – 3 14127
LOCATION	WDM Nature Lodge
FEE	\$30



NATURE EXPLORERS

Join the West Des Moines Park and Recreation Department and the Iowa Department of Natural Resources as we co-sponsor this camp held at Walnut Woods State Park! Here, your child will explore their natural surrounding to find materials for some cool crafts! They will learn about nature with games, hikes and songs. A cookout on Thursday will end this fun filled week!

DATE	June 23 – 26 (Mon – Thurs)
TIME	9am – Noon
LOCATION	Walnut Woods State Park Lodge
AGES	6 – 8
FEE	\$44 (includes camp t-shirt)
PROGRAM #	14073



CREEPY CRAWLERS CAMP

This camp is for kids who love to hunt insects, pick up worms and play in the creek! Your child will have lots of fun learning as we go on frog hunts, insect safaris and look under every rock or trash can for “cool” critters!

DATE	July 16, 17, 18
TIME	1pm – 4pm
LOCATION	Raccoon River Park Nature Lodge
AGES	6 – 8
FEE	\$39 (includes camp t-shirt)
PROGRAM #	14074



MYTH BUSTER CAMP

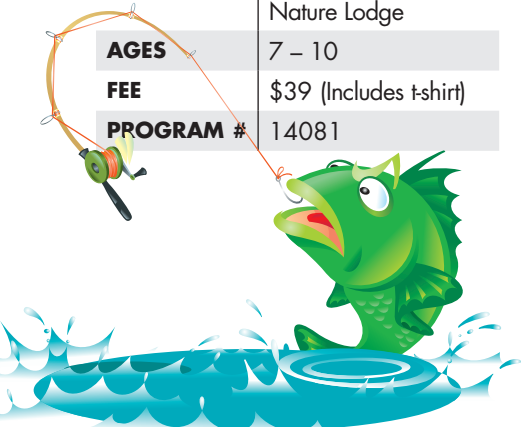
Can eggs cook on a sidewalk on a hot summer day? Can you dissolve a metal screw with cola? Is yawning contagious? Does spitting on a worm attract fish? Join our "myth busters" team and put these and other myths to the test.

DATE	June 30, July 1, 2
TIME	9am – noon
PROGRAM #	14079
TIME	1pm – 4pm
PROGRAM #	14080
LOCATION	Raccoon River Park Nature Lodge
AGES	7 – 10
FEE	\$39

LET'S GO FISHING

You can't beat a summer day, sitting next to Blue Heron Lake and fishing! Get outta the house and enjoy the summer as you learn about fish and some of the secrets to catching them! We have the poles and bait so what's keeping you from joining the fun?!

DATE	July 16, 17, 18
TIME	9am – noon
LOCATION	Raccoon River Park Nature Lodge
AGES	7 – 10
FEE	\$39 (Includes t-shirt)
PROGRAM #	14081



CAMP FISH!

This camp is for the boy or girl who really enjoys fishing and being outside! Of course, they won't fish all the time! Your child will be introduced to the wonderful world of nature with games, hiking, geocaching and a cook out!

DATE	June 9 – 13
TIME	9am – 4pm
LOCATION	Raccoon River Park Nature Lodge
AGES	9 – 12
FEE	\$109 (Includes t-shirt)
PROGRAM #	14083

EXTREME THREE

Three extreme days will give your child something to talk about! They will end the camp with a day of team building on low and high ropes courses. Campers will also spend time canoeing at Raccoon River Park, geocaching and rock climbing at Climb Iowa. These three days will be sure to be a highlight in your child's summer. This camp will fill fast, so sign up early!

DATE	June 18 – 20
TIME	9am – 4pm
LOCATION	Raccoon River Park Nature Lodge
AGES	11 – 13
FEE	\$95 (Includes fees for ropes course, Climb Iowa)
PROGRAM #	14084

SUMMER CAMPS

WILD FOR WATER

Be ready to have lots of fun in the sun as you explore the water worlds around you. You will go fishing, hiking and creek sloshing. You will get to try your hand at kayaking and spend a day at Valley View Aquatic Center. Water games and contests will be the rule as you learn and have fun at the same time!

DATE	June 23 – 27
TIME	1pm – 4:30pm
LOCATION	Raccoon River Park Nature Lodge
AGES	9 – 12
FEE	\$59 (includes t-shirt and a day pass to aquatic center)
PROGRAM #	14086

WATER ADVENTURE CAMP

Join us for some water adventure! Your child will canoe, fish, kayak, hike and cook out on a Raccoon River sand bar (All participants must wear a life jacket during all water activities outside the pool!) Sure to be lots of fun. Registration is limited, sign up early!

DATE	August 4 – 8
TIME	9am – 4pm
LOCATION	Raccoon River Park Nature Lodge
AGES	10 – 13
FEE	\$109 (includes t-shirt)
PROGRAM #	14087

EXPLORE

Do you have a child that can't stand to stay indoors regardless of the weather? If so, these day camps may be just what you have been looking for. Your child will have the opportunity to really explore Raccoon River. You may sign up for one or all of the Explore Days.

DATE	THEME	PROGRAM #
August 11	Creek Hikin' – You will spend most of the day in Jordan Creek looking for frogs, fish and fun!	14088
August 12	Archery – You will spend some time learning the basics of archery. We will learn target style archery and have some outdoor fun in the process!	14090
August 13	River Rats! – Your child will have the time of their lives exploring river sand bars and floodplain forests of the Raccoon River!	14089
TIME	9am – 4pm	
AGES	9 – 12	
LOCATION	Raccoon River Park Nature Lodge	
FEE	\$24/day	





New!

BIKE BASH

Does your child love to bike? If so, this may be the camp for them! They will spend two days exploring the bike trails of Des Moines and West Des Moines. They will bike the trails of Greenwood Park, Waterworks, Grays Lake and Jordan Creek. There will be lots of time for picnics, splashing in the creek, learning basic bike maintenance, and relaxing rides. Bikes with multiple gears are suggested. Bike helmets required!!

DATE	July 14 & 15
TIME	9am – 4pm
LOCATION	TBA
AGES	9 – 12
FEE	\$49
PROGRAM #	14091

CYCLE INTO SUMMER

Here is a camp for the younger child who loves to ride bikes! They will explore the bike trails in and around Raccoon River Park. The trails are nice and flat, so one speed bikes are fine, but each day we will be riding 3-4 miles. Grab your helmet and join the biking fun!

DATE	July 10 & 11
TIME	9am – 12pm
LOCATION	Raccoon River Park Nature Lodge
AGES	7 & 8
FEE	\$24
PROGRAM #	14092

ARCHERY AND THE OUTDOORS!

During these camps your child will learn about archery equipment, archery techniques and how to safely shoot competition style archery. These classes will be taught by a certified NASP teacher. Your children will get a taste of the great outdoors and the opportunities it holds while at this half-day camp.



DATE	July 28 – 31
LEVEL	Beginner – No Archery Experience needed
TIME	9am – 12pm
PROGRAM #	14107
LEVEL	Novice – This student has had some archery experience
TIME	1pm – 4pm
PROGRAM #	14108
LOCATION	Raccoon River Park Nature Lodge
AGES	10 – 13
FEE	\$44

HUNTER EDUCATION

Anyone born after January 1, 1972 is required to complete a 12 hour Hunter Safety Course before they can obtain an Iowa hunting license. The two-day course includes instruction on safe handling of firearms and archery equipment, as well as information on hunter ethics, conservation management and hunting regulations.

DATES/ TIMES	Thursday, August 21: 6pm – 9pm Saturday, August 23: 8am – 5pm (please bring a sack lunch on Saturday) (MUST ATTEND BOTH DAYS)
LOCATION	Raccoon River Park Nature Lodge
AGES	12 and up
FEE	Free
REGISTER	http://www.iowadnr.gov/training

EXPLORE ARCHERY

Have you thought about trying out archery, but you don't have any equipment? These family events are planned just for you! Come to the NEW archery facility at Raccoon River Park to give it a try. We will provide the bows and arrows for you to try this exciting sport. This activity is free, but registration is required.

New!



DATE TIME	PROGRAM#
Thursday, April 17 5:30pm – 7:30pm	14102
Tuesday, May 6 5:30pm – 7:30pm	14103
Saturday, June 14 9am – 11am	14104
Wednesday, July 16 5:30pm – 7:30pm	14105
LOCATION	Raccoon River Park Archery Facility
AGES	All
FEE	Free



PARK PACKS

Have you ever wanted to do fun and educational outdoor activities with your children, scouts or home school group, but didn't know where to start? The West Des Moines Parks and Recreation Department has put together "Park Packs" to help you get started. These packs will give you the knowledge and activities to get your family out and enjoying nature. You will be able to check out the "Park Packs" from the Nature Lodge. We currently have packs available on insects, birds, mammals, GPS Geocaching and life in the pond. Come and check one out today!



YOUTH GOLF LESSONS

Whether you are an experienced golfer or just starting out, this class can help you. Group instruction will be provided along with individual instruction as needed. Lessons are held at West Grand golf. Amenities include: Target Greens, Putting Greens and Practice Bunkers. Participants will learn Putting, Chipping, Iron Play and Woods and/or Metals. Registrants will need to bring all clubs to the first class.

SESSION /DATE: TIME/PROGRAM #:

Session I: June 16 – 19 8:30am #14010 • 9:45am #14011

Session II: June 23 – 26 8:30am #14012 • 9:45am #14013

AGES: 8 and up

MAX: 12 participants.

LOCATION:

West Grand Golf, 6450 Raccoon River Road (1 mile west off of west I-35)

FEE: \$51 per person



YOUTH TENNIS LESSONS

Details have not yet been finalized during the production of this publication. Please call WDM Parks & Recreation office at 222.3444 or go to www.wdm.iowa.gov for updated information.



TOM KARPAN RELAYS

Don't miss this special annual track and field event for kids ages 5-14! Winners of qualifying events* will be eligible to take part in the Iowa State Hershey Track and Field Meet in Marshalltown in June!

Races will be grouped according to age (5, 6, 7, 8, 9-10, 11-12, 13-14) and gender. **A participant's age is as of December 31, 2014.** An award ribbon will be given to each participant for each event. 1st, 2nd, and 3rd place ribbons will also be given for each heat/event. The fastest time or longest distance recorded for each event (ages 9-14) will be eligible to attend the Hershey Track and Field Meet in Marshalltown in June. These participants will be notified of their eligibility shortly after May 26.

Event	Age
200 Meter Dash	9-14*
Softball Throw	9-14*
Standing Long Jump	9-14*
50 Meter Dash	5-8
100 Meter Dash	5-8, 9-14*
400 Meter Dash	9-14*
4 x 100 Meter Relay	9-14*

DATE: Thursday, May 22, 2014

TIME: Registration starts at 4:15pm.

Meet starts at 4:45pm

AGES: 5 – 14

LOCATION: Valley High School Track

FEE: FREE

PROGRAM#: 13898

Weather Hotline 222-3453

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LEE COLE'S MAGICAMP

Magicamp is for anyone who likes to have fun. You'll spend two days learning from professional magician **Lee Cole** on how to entertain and amaze your friends, family and classmates. You'll learn tricks that can be done anywhere, at any time, and for the rest of your life. This two day camp will be held at the West Des Moines Community Center. All magic materials are provided.

AGES: 8-15

LOCATION: WDM
Community Center
FEE: \$45

DATE:	TIME:	PROGRAM #:
June 23 & 25	9am – 11:45am	13896
July 28 & 30	9am – 11:45am	13897

SUMMER AT THE WEST DES MOINES TEEN CENTER

Did you know a recent study found that children spend 75.5% of their day being inactive? Does your child fit into this category? Want to change that statistic? If you are looking for recreational opportunities for your 6th – 9th grader, have them try out the WDM Teen Center! This program is open to all metro students. We are opening our doors for the summer for the first time ever! Each week of operation will include games, crafts, activities, and a field trip; and the regular Teen Center staff members are sticking around to ensure everything is safe and fun. So, come on! Enrich your child's summer with the WDM Teen Center!

DATES: Mon – Fri; June 9 – August 8 (not open June 30 – July 4)

TIME: 12pm – 5pm

LOCATION: WDM Teen Center @ Rex Mathes (1401 Vine Street)

AGES: entering 6th – 9th grade in 2014

FEE: \$65 per week *free/reduced fees available — Contact WDM Human Services at 222-3660 for free/reduced details.

DATES: **PROGRAM #:**

June 9 – 13	14028
June 16 – 20	14029
June 23 – 27	14030
July 7 – 11	14031
July 14 – 18	14033
July 21 – 25	14034
July 28 – Aug 1	14035
Aug 4 – 8	14036



Whippoowill Theatre

We can hardly contain our excitement about the creation of an expanded WDM Children's Theater! Headed up by Sarah Hobart, a professional with many years of theater and musical experience, the Whippoowill Theatre shows and programs are designed to educate your child about the world of theatrical art while keeping it low cost and fun for the whole family.



Disney's The Little Mermaid Jr.

Journey "under the sea" with Ariel and her aquatic friends in Disney's THE LITTLE MERMAID JR., adapted from Disney's 2008 Broadway production. In a magical underwater kingdom, the beautiful young mermaid Ariel longs to leave her ocean home – and her fins – behind and live in the world above. But first she'll have to defy her father King Triton, make a deal with the evil sea witch Ursula, and convince the handsome Prince Eric that she's the girl whose enchanting voice he's been seeking.

Participants will learn auditioning skills, singing, acting, choreography, and more! Lessons will be built around learning the materials for the show, and the camps will culminate in two live performances. Each participant will receive 2 free tickets for family to attend the performance. Additional tickets will be available for \$8 for adults and \$5 for kids under 18. Please see our website for more information and frequently asked questions.

Note: Younger kids with more experience may register for Camp 2, or teens who would like Assistant Director experience may register for Camp 1 with the permission from the directors.

Disney's The Little Mermaid (Camp 1)

DATES	Monday – Friday June 9 – 27
TIME	9am – 12pm
LOCATION	West Des Moines Community Center
AGES	6 – 12 year olds
MINIMUM #	15
MAXIMUM #	30
FEE	\$245
PROGRAM #	14040
PERFORMANCE DATES/TIME	June 27 at 7pm & June 28 at 2pm

Disney's The Little Mermaid (Camp 2)

DATES	Monday – Friday June 9 – 27
TIME	1pm – 4pm
LOCATION	West Des Moines Community Center
AGES	13 – 18 year olds
MINIMUM #	15
MAXIMUM #	30
FEE	\$245
PROGRAM #	14041
PERFORMANCE DATES/TIME	June 28 at 7pm & June 29 at 2pm



You can learn more about Sarah Hobart and Whippoowill Theatre at www.whippoowilltheatre.com

Spring Break Fine Arts Camp

Join Whippoorwill Theatre for 5 days of fun! Each day will feature interactive presentations and classes by staff and guest artists on topics including singing, acting, dance, movement, stage combat, technical skills, and more! There will be a campers' showcase at 2pm on the last day for parents. Campers should bring a sack lunch and a snack.

DATES	March 17 – 21
TIME	9am – 3pm
LOCATION	Rex Mathes (1401 Vine Street)
AGES	7 – 16
MINIMUM #	10
MAXIMUM #	30
FEE	\$175
PROGRAM #	13651

Private Lessons During Spring Break Fine Arts Camp

During our Fine Arts Camp, we'll be offering private lessons to campers and non-campers alike! Students will be paired with a private teacher/coach and have one 30 minute session each day for the 5 days of the camp. Lessons will be offered in voice, all instruments (including piano), acting, and music theory.

DATES	March 17 – 21
TIME	9am – 3pm (30 minutes scheduled within this time frame)
LOCATION	Rex Mathes (1401 Vine Street)
AGES	7 – 16
MAXIMUM #	30
FEE	\$95
PROGRAM #	13652

Theatre Performance and Improv!

Learning performing skills helps children develop the confidence and social skills to succeed in any environment. These two camps are designed to work together or as two separate experiences. Week One will focus on stage movement, vocal production, audition skills, basic choreography for theatre, etc., while Week Two will focus on Improv games and performance. There will be a short Improv showcase at the end of week two for friends and family.

DATES	Monday – Friday July 7 – 11 & 14 – 18	
TIME	9am – 12pm	
LOCATION	WDM Community Center	
AGES	FEE	PROGRAM #
6 – 12	Week 1 Only \$65	14042
6 – 12	Week 2 Only \$65	14043
6 – 12	Both Weeks \$99	14044
13 – 18	Week 1 Only \$65	14045
13 – 18	Week 1 Only \$65	14046
13 – 18	Both Weeks \$99	14047
MIN/MAX	10 / 30	

Page to Stage: Steampunk Superheroes!

During our two weeks together we will create a new group of Steampunk inspired Superheroes and together as a group we'll develop them into a new theatrical play script. Then we'll cast the show, rehearse, choreograph, design the costumes and set, and perform it for our friends and families! There will be tons of room for creativity and lots of expert guidance from our staff. (Teens who wish to gain experience in an Assistant Director capacity may sign up with permission from the directors.)

DATES	Monday – Friday July 7 – 11 & 14 – 18
TIME	1pm – 4pm
LOCATION	WDM Community Center
AGES	6 – 14 year olds
MIN/MAX	10 / 30
FEE	\$99
PROGRAM #	14048
PERFORMANCE DATE/TIME	4pm on Friday, July 18

Broadway SCENES for TEENS!

Spend two fantastic weeks immersed in the world of Broadway musicals! Come prepared to sing an audition piece (a Broadway or pop song) the first day. Our faculty will teach you skills to help you nail an audition and cast you in several scenes from Broadway shows, ranging from solo numbers and duets, to small ensembles and chorus pieces. Developing the scenes will include learning skills in acting, singing, stage movement, and choreography. We'll cast you according to your abilities and challenge you to grow and achieve new things. Scenes will be selected with our participants in mind, but we hope to use

materials from shows like Wicked, Legally Blonde, Les Miserables, Chicago, etc. Come in comfortable clothes and ready to work! (Younger kids with prior experience may enroll in this course with the permission of the directors)

DATES	Monday – Friday July 7 – 11 & 14 – 18
TIME	1pm – 4pm
LOCATION	WDM Community Center
AGES	13 – 18 year olds
MIN/MAX	10 / 30
FEE	\$99
PROGRAM #	14049
PERFORMANCE DATE/TIME	7pm on Friday, July 18



CHILDREN OF EDEN

Children of Eden – A Community Musical

Children of Eden — A Community Musical
As a gift to our growing community, Whippoorwill Theatre will be offering, free of charge, a full-scale summer musical for adults and children! From Stephen Schwartz (Pippin, Godspell, Prince of Egypt, Wicked) comes a joyous and inspirational musical about parents, children and faith... not to mention centuries of unresolved family business!

A large cast is needed to take on the story of the Old Testament in this moving, foot-stomping musical. We will have a few small speaking/singing roles for children as young as 8, several roles for male and female teens, and many roles for men and women. All roles have significant singing. Everyone, young and old, who auditions

will be part of the show whether as a lead, an ensemble member, or in the colorful and exciting community chorus.

No registration is needed. Auditions are open to the public and will take place May 5-8 at the Rex Mathes building at 1401 Vine Street. Performances will be the last weekend in July and the first weekend in August at Indian Hills Middle School. All cast members must be available for all performance dates. Chorus members may have more flexibility. Rehearsals will be held weeknights — required rehearsals will depend on your role in the show. Please see our website for many more details and Frequently Asked Questions.

www.whippoorwilltheatre.com

YouthTech^{Inc.}

Youth Tech Inc. in cooperation with Des Moines Area Community College West Campus's Celebrate! Innovation program is an interactive computer camp that focuses on providing enrichment opportunities to students in the world of computers. With a caring environment at the core of camp values, Youth Tech strives to create a positive learning community that encourages creativity, fun and academic excellence. For more information about Youth Tech Inc., please visit our web site at www.youthtechinc.com

AGES: Our age suggestion is ages **10 – 17** on most classes. Commonly we accept students who may be younger. Ultimately, we leave the final decision to the parents as to what you think your student is capable of doing. Our courses are open to any student with a passion for learning.

WEB DESIGN

This course is an in-depth look at the world of web design and development. Students enrolled in this session will learn how to build their own web site from start to finish using Adobe's award winning suite of products. The learning for this camp does not end at the door. Students will have access to their web site with free hosting for one year.

DATE: June 9 – 12

TIME: 9am – 12pm

FEE: \$155

PROGRAM #: 14050

VIDEO GAME DESIGN

This course provides students with a fun interactive look at the world of video game design and development. Students enrolled in this camp will learn the basics of video game design and produce several different interactive video games to share with their friends and family.

DATE: June 9 – 12

TIME: 1pm – 4pm

FEE: \$170

PROGRAM #: 14051

DATE: June 30 – July 1

TIME: 9am – 4pm

FEE: \$170

PROGRAM #: 14052

*Please send a sack lunch with your child.



DATE: July 14 – 17

TIME: 9am – 12pm

FEE: \$170

PROGRAM #: 14053



ROBOTICS

This course offers hands-on opportunities to build and program robots. Working in small teams, students will design robotics systems to compete in fun real-world activities. Each day will bring a new challenge, and your team's robot will have to morph to better adapt and compete. Students will compete in the battle bots competition at the end of the camp to prove their robot is the best. This class is perfect for the student who has a big imagination and likes to build things.

DATE: June 16 – 19

TIME: 1pm – 4pm

FEE: \$160

PROGRAM #: 14054

DATE: July 21 – 24

TIME: 1pm – 4pm

FEE: \$160

PROGRAM #: 14055

3D GAME DESIGN

Video Game Design is a

prerequisite for this course This class offers an interactive look at the world of 3D Game Design. This awesome 3D video game design course offers the chance for students to create and immerse themselves in a 3D world. If you are looking to design professional 3D games that both look and feel just like the ones you play at home, then you don't want to miss this course.

DATE: June 16 – 19

TIME: 9am – 12pm

FEE: \$160

PROGRAM #: 14056

DATE: July 2 – 3

TIME: 9am – 4pm

FEE: \$160

PROGRAM #: 14057

*Please send a sack lunch with your child.

THE GAMING ACADEMY

The gaming academy is an all day course for students who love games. During this course students will be immersed into the world of 2D and 3D game design. The gaming academy is a combination of our Video Game Design, Advanced Game Design and 3D Game Design courses. The course offers students a variety of hands on experience designing and building their very own games. *Please send a sack lunch with your child.

DATE: June 30 – July 3

TIME: 9am – 4pm

FEE: \$300

PROGRAM #: 14058

ANIMATION STUDIO

This class is a combination of our 2D and 3D Animation classes. Students enrolled in this course will work from beginner to advance animation concepts. If you like animation and animated movies then this is the perfect class for you. Students who are interested in how things move and creating fun animations for everyone to enjoy will enjoy this fun interactive classroom.

DATE: July 7 – 10

TIME: 9am – 12pm

FEE: \$165

PROGRAM #: 14059

GAME DESIGN APPS

Video Game Design is a

Prerequisite for this course. This course provides students with a fun interactive look at the world mobile video game design and development. Students enrolled in this course will learn how to publish games to their favorite Apple® or Android™ devices.

DATE: July 7 – 10

TIME: 1pm – 4pm

FEE: \$170

PROGRAM #: 14060

DATE: July 28 – 31

TIME: 9am – 12pm

FEE: \$170

PROGRAM #: 14061

MUSIC STUDIO

Everyone loves music! This class offers an interactive look at digital music production. Students will go through the creative process of developing their own tracks and look at the integration of music into our everyday world. This class is perfect for the student who loves music and wants to learn how to create and share their own digital music to share with the world.

DATE: July 14 – July 17

TIME: 1pm – 4pm

FEE: \$160

PROGRAM #: 14070



New!



LOCATION:

DMACC West Campus
5959 Grand Ave • WDM

MIN. 5 / MAX. 16



*Continued from
previous page*

YouthTech^{Inc.}

YOUTH

iVIDEO GAME DESIGN

Want to create video games? This is an introductory course for younger students who want learn to build simple video games. This course combines the art of video game design and animation to create interactive characters that fly around the screen. Amaze your friends and family with your fun interactive games.

DATE: July 21 – 24

TIME: 10am – noon

AGES: 6 – 10

FEE: \$105

PROGRAM #: 14071

MOVIE MAKERS

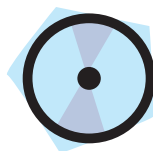
This hands-on, interactive course will instruct students on the world of digital video design and production. Students will film, direct and edit their own digital video creations. Students enrolled in this course amaze their peers with green screen and special effects work.

DATE: July 28 – 31

TIME: 1pm – 4pm

FEE: \$150

PROGRAM #: 14072



CIRCUS PERFORMANCE

Want to learn amazing new skills that will impress your friends and family? Come and learn circus arts right here in West Des Moines from a real circus performer. In this class, you'll try out fun activities like juggling, aerial and floor acrobatics, and even roll around in a human-sized hamster ball! Sign up today for an experience you won't find anywhere else!

DAY DATES	Mondays, April 7 – May 5
TIME	5:30pm – 6:30pm
LOCATION	Raccoon River Park Nature Lodge
AGES	9 – 13
FEE	\$50 (includes a set of juggling balls)
PROGRAM #	13872



PLANET 7

Do you want your child to have a chance to see what Jr. High has in store for them? The Planet 7 program will offer an opportunity for 6th graders entering 7th grade to:

- **build self-esteem**
- **learn how to deal with peer pressure**
- **meet new friends**
- **learn time management & study skills**
- **familiarize themselves with a new school**

Other fun aspects of the program includes field trips to;

Val Lanes, Valley View Aquatic Center, the Adventure Learning Center, and World's of Fun in Kansas City, MO. All incoming 7th graders for the fall of 2014 in the **West Des Moines Public School District** are eligible to register in the program. Registration begins March 10, 2014.

TIME: 9am – 4pm Mon – Thur; 6:45am – 8:30pm Fri

AGES: Incoming 7th graders in the WDM Community School District

FEE: \$149

DATE:	LOCATION:	PROGRAM #:
July 14 – 18	Stilwell JH	13702
July 21 – 25	Stilwell JH	13703
July 28 – August 1	Stilwell JH	13704
August 4 – 8	Stilwell JH	13705
July 14 – 18	Indian Hills JH	13706
July 21 – 25	Indian Hills JH	13707
July 28 – August 1	Indian Hills JH	13708
August 4 – 8	Indian Hills JH	13709



***Register for the junior high your child will attend**

****It is best to register on-line at wdm.iowa.gov**

Any paper registrations that are turned into the WDM Parks and Recreation Administration Office will be entered into our registration system the week of March 10 in the order they were received.



ADULT FITNESS



WATER AEROBICS

Get out and enjoy some fun in the water and get a workout at the same time. This 45 minute cardio workout with water resistance is perfect for people of all ages and abilities. Classes are held in shallow water so even non-swimmers can enjoy this unique workout.

DATES: June 2 – August 7

DAYS: Mon – Thur

TIME: 5:45pm – 6:30pm

LOCATION:

Valley View Aquatic Center
(81st and Bridgewood)

FEE: 2x a week \$45

3x a week \$59

4x a week \$69

PROGRAM #: 14015



PARTY YOURSELF INTO SHAPE

THE LATIN-INSPIRED, EASY-TO-FOLLOW, CALORIE-BURNING, DANCE-FITNESS PARTY. FEEL THE MUSIC AND LET LOOSE.

- **Mon, Wed:** 5:15pm – 6:15pm
- **Tues (Zumba Gold)**
4:15pm – 5pm
- **Thursday:** 5pm – 6pm
- **Friday:** specialty class
5:15pm – 6:15pm
to be announced

LOCATION:

WDM Community Center

AGES: 12+



FOR CLASS DETAILS CALL:

EVA OTANEZ

515-419-9523

eva.cris@zumbafunfiesta.com

<http://eva123.zumba.com>

SELF DEFENSE CLASS FOR WOMEN

This class is designed to encourage participants to become more aware of potential dangers, avoid being a target, recognize intuition, and predict potentially violent situations. Participants will also learn and practice simple, yet incredibly effective physical techniques for self protection and escape in the case of a physical attack. Designed for women of all ages (16+) and physical abilities.

TIME	6:30pm – 9pm
DATES	Session 1 – May 21
PROGRAM #	14145
DATES	Session 2 – June 18
PROGRAM #	14146
DATES	Session 3 – July 16
PROGRAM #	14147
LOCATION	WDM Community Center
AGES	16 years and older
FEE	\$35 per session

Instructor: Amanda Kruse, MSW, Des Moines Area Self Defense, LLC — *has a Master's degree in Social Work, is currently a brown belt in Taekwondo, working toward black belt and has a strong desire to help women live their lives free of fear and violence.*



YOGA ON THE LAWN

Get your Sunday off to a great start with some Yoga on the Lawn! This FREE program is a great introduction to Yoga for the beginner, and offers new challenges for seasoned yogis. Each week a volunteer instructor from a local studio will lead the group in a great morning stretch! Bring a water bottle and yoga mat.

DATES: Sundays June 1 – August 31

TIME: 9am

LOCATION:

North lawn at WDM City Hall
(4200 Mills Civic Parkway)

AGES: All **FEE:** FREE!

BLUE TUESDAYS

Have you ever wanted to go paddling, but just didn't want to go alone? If so, this may be just for you! Bring your canoe, kayak or SUP and join fellow paddling enthusiast for an evening of paddling fun! For more information call 222-3435.

DATE: Second Tuesday of each Month
May — Sept.

TIME: 6pm – 8pm

LOCATION: Blue Heron Lake
Boat Ramp at Raccoon River Park

AGES: All

FEE: Free

LEVEL I ABSOLUTE BEGINNER BALLROOM

This ballroom class is for anyone who is an absolute beginner, never danced before, or may have 2 left feet. Others who may find this class beneficial are those who have had a small amount of dance experience or someone who has taken this type of class before but needs to refresh their dancing. This course teaches 5 dances during this class and the dances being taught are Merengue (a slow salsa dance), Foxtrot, Swing (East Coast), Waltz, and Rumba. Jim and Suzi will teach 3-6 figures in each dance as we progress through the class. When you complete this course you should be comfortable going to wedding reception dances or social dances at various venues around the Greater Des Moines Area.

**DAYS
TIME** Sundays
12:30pm – 1:30pm

DATES May 4 – June 22
7 week class
(no class Memorial Day
Sunday)

PROGRAM # 13631

DATES July 13 – August 24
7 week class

PROGRAM # 14128

FEE \$60 per person

LOCATION WDM Community
Center

FORMATION PRACTICE

**DATES
PROGRAM #** April – June
14132

**DATES
PROGRAM #** July – September
14133

TIME 2:30pm – 3:30pm

FEE \$25 per person

LOCATION WDM Community
Center

MIXED LEVEL II AND LEVEL III INTERMEDIATE BALLROOM

This ballroom class is for anyone who has completed Level I classes or has equivalent experience in dancing and training. These classes are intended as a follow-on course for the Level I Ballroom students. If you have not had this previous class but you know 4-5 figures in Foxtrot, Swing, Waltz, and Rumba and couple of figures in Tango and Cha Cha; you are welcome to join this class. If you know some of these dances well you may attend the associated class.

This course teaches 1 dance each 2 weeks and Jim and Suzi will review all the figures taught in previous Level I and Level II Ballroom. They will then add figures and technique with an additional 3-5 figures being added to each dance as we progress through the class. This is not a single course and as many as 6 months will be required to cover all the various dances being taught at this level. Any dance not included in the normal Level I and Level II Ballroom class curriculum will be taught at a beginning level as we introduce new dances to the students.

When you complete this course you should be very comfortable dancing at any social event any where and perhaps using your dancing for formation teams, showcases, or even (for the more daring) competing at some event.

**DAYS
TIME** Sundays
1:30pm – 2:30pm

DATES May 4 – June 22
(no class Memorial Day
Sunday)

**FEE
PROGRAM #** 7 week class
Quickstep, Bolero, Swing
\$100 per couple
13642

DATES July 13 – August 24
7 week class
*Foxtrot, Waltz,
Rumba, Tango*

**FEE
PROGRAM #** \$120 per couple
14134

LOCATION WDM Community
Center

MIXED LEVEL I & II

**ABSOLUTE AND BEYOND
BEGINNER BALLROOM**

This ballroom class is for anyone who is an absolute beginner, never danced before, or may have 2 left feet and for anyone who has some knowledge of various ballroom dances. It will be a great class for those who need to review their Level I – Absolute Beginner Ballroom class and for those who would like to add additional figures beyond that class. This course teaches 5 dances during this class and the dances being taught are Merengue (a slow salsa dance), Foxtrot, Swing (East Coast), Waltz, and Rumba. Jim and Suzi will teach 3-6 figures in each dance as we progress through the class. When you complete this course you should be comfortable going to wedding reception dances or social dances at various venues around the Greater Des Moines Area.

*May I
have this
Dance?*

DAYS TIME	Thursdays 6:45pm – 7:45pm
DATES	May 1 – June 19 8 week class
FEE	\$65 per person
PROGRAM #	13637
DATES	July 10 – August 21 7 week class
FEE	\$60 per person
PROGRAM #	14139
LOCATION	WDM Community Center



ADULT SPORTS

COED BADMINTON OPEN GYM

Drop in for pick-up badminton matches.

LOCATION: Valley Southwoods
9th Grade – 625 S. 35th St.

DAYS: Sundays
(Will not meet 5/26)

DATE: March 2 – Aug. 31

TIME: 2:30pm – 5pm

FEE:

- \$2 WDM school district residents
- \$3 non-residents



ADULT TENNIS LESSONS

Details have not yet been finalized during the production of this publication. Please call WDM Parks & Recreation office at 222.3444 or go to www.wdm.iowa.gov for updated information.

HORSESHOE PITCHING LEAGUE

This coed league is designed for all levels of ability (players will be handicapped). Prizes and traveling trophy awarded. Call LeRoy Law at 681-1937 to register. Free pitching instruction available through the week.

DATES: April 30 – July 30

DAYS: Wednesdays

TIMES: 6:30pm – 8:30pm

AGES: 12 and older

LOCATION: Holiday Park Horseshoe Courts

FEE: One \$3 league fee due 2nd night of play

ADULT GOLF LESSONS

Whether you are an experienced golfer or just starting out, this class can help you. Group instruction will be provided along with individual instruction as needed. Lessons are held at West Grand golf, amenities include: Target Greens, Putting Greens and Practice Bunkers. Participants will learn Putting, Chipping, Iron Play and Woods and/or Metals. Registrants will need to bring all clubs to the first class.

Max: 15 participants.

SESSION:	DATES:	PROGRAM #
Session I:	May 19 – 22	14022
Session II:	June 16 – 19	14023
Session III:	June 23 – 26	14024

TIME: 6:30pm – 7:30pm

LOCATION: West Grand Golf
6450 Raccoon River Drive
(1 mile west off of I-35)

INSTRUCTOR: Brian Larson

FEE: \$51

**NEW
FORMAT**

ADULT SPORTS

MEN'S "50 PLUS DRAFT" SOFTBALL LEAGUE

This Recreational League will take individual sign-up only. Prior to League games beginning April 30 individuals will be placed on organized teams by Volunteer Managers. Team balance will be a top priority with equal number of players from age groups and abilities represented on each team. The April 23 start date will be a drop in practice/player informational meeting for participants signed-up for the program. Teams will play a 9 game schedule. All games will be staffed with an umpire and score keeper. Recreational only — no standings and awards. Players will receive a league t-shirt.

DAYS	Wednesdays
GAME TIME	6:15pm – 9:15pm
SEASON DATES	Spring Season starts April 23 Summer Season starts July 16
AGES	Must turn 50 by 12/31/14
LOCATION	Raccoon River Park Softball Complex
FEES	\$25 per season, \$45 for both spring and summer (<i>Player fee, Non Resident fee and sales tax included</i>)
CONTACT	Kevin Fitzgerald 222-3453 e-mail: Kevin.fitzgerald@wdm.iowa.gov

MEN'S "60 PLUS" DROP-IN SOFTBALL

Players who are 60 and older can now drop in, split up into teams and play softball. No pre-registration necessary! Just show up!

DATES: April 15 – October 16

DAYS: Tuesdays & Thursdays

TIME: 10am – Noon **AGE:** 58+ by Dec. 31, 2014

LOCATION: Raccoon River Park Softball Complex

FEE: \$2 residents, \$3 non-residents

ADULT MEN'S FLAG FOOTBALL LEAGUES

SUMMER LEAGUES Men's Flag

Football Teams now have another season to play the game they love. Applications will be available in late April. Please call **222-3444** to receive an application by mail, email or fax. Seven man teams will play a seven game schedule. Applications for **FALL LEAGUES** held at Valley Stadium will be available at the WDM Parks and Recreation Office in August.

START DATE: Wednesday, June 11

LEAGUE: DAY: PROGRAM #

Mens B Wed. 13899

Mens C Wed. 13900

GAME TIMES: 6:15pm – 9:15pm

LOCATION: Valley Stadium
4440 Mills Civic Pkwy

AGES: 18 & older
and a High School graduate

FEES: \$425 entry fee, \$25.50 tax,
\$6 non-resident fee

DEADLINE TO APPLY:

Wednesday, May 21

INDIVIDUAL SOFTBALL, VOLLEYBALL, KICKBALL OR FLAG FOOTBALL PLAYERS

Love softball, volleyball, kickball or flag football but just moved to town or don't have a team to play on? Anyone interested in playing in any of our leagues can call Bruce at **222-3454** or e-mail **bruce.mankle@wdm.iowa.gov** and be placed on an individuals list. We will list your name, phone number and which league you would prefer to play in. This list will then be distributed to all team managers in our leagues and on our website. We can't guarantee you will be placed on a team, but past response has been positive.

ADULT COED KICKBALL LEAGUE

Coed Kickball league play this fall at Raccoon River Park Softball Complex. Leagues are offered on Mondays – Thursdays and start the week of August 25. Call Parks & Recreation office at 222-3453 for registration information.

ADULT SOFTBALL *Summer Season*

MEN'S COMMERCIAL SOFTBALL LEAGUES

Competitive 12" slow pitch softball leagues. Games are staffed with one umpire and official score keeper. Teams play a 14-game round robin schedule.

League	Day	Start Date	Program #	Ages
Men's DBHD B	WED	6/25	13901	Adults (18 & older and out of high school)
Men's DBHD C	TUES	6/24	13902	
Men's 50+	SUN	6/22	13911	50 yrs & older (Must turn 50 by 12/31/14)

FEES: \$360 entry fee + tax, ASA., WDM Adult SB Player Fee, Non-resident fees.

MEN'S RECREATIONAL "50+ DRAFT" SOFTBALL LEAGUE

Recreational 12-inch slow pitch softball league for men over 50 years old. Teams play a 9-game schedule. All games are staffed with an umpire and a score keeper.

League	Day	Start Date	Program #	Ages
Men's 50+ Draft	WED	7/9	13724	50 yrs & older (Must turn 50 by 12/31/14)

FEES: \$25 individual entry fee (WDM Adult SB Player Fee, Non-resident fee and tax included)

COED COMMERCIAL SOFTBALL LEAGUE

Competitive 12-inch slow pitch softball leagues. Games are staffed with one umpire and official score keeper. Teams play a 7-game schedule.

League	Day	Start date	Program #
Coed	TH	6/26	13913
Coed	SUN	6/22	13912

AGES: Adults (18 & older and out of high school)

FEES: \$270 entry fee + tax, ASA., WDM Adult SB Player Fee, Non-resident fees.



CONTACT: Please call 222-3444 to have application mailed, emailed or faxed to you.

DEADLINE TO APPLY: Wednesday, May 21 by 4pm

GAME TIMES: Generally 6:15pm – 9:15pm **LOCATION:** Raccoon River Park



SCOREBOARD ADVERTISING OPPORTUNITY

Please contact Bruce at **222-3454** for details.

MEN'S RECREATION SOFTBALL LEAGUES

Recreational 12" slow pitch men's softball leagues. Teams play a 14-game round robin schedule. Carpet used to call balls and strikes, umpire your own games. All games staffed with a score keeper.

League	Day	Start date	Program #
Men's DbHd Rec.	M	6/23	13903
Men's DbHd Rec.	TH	6/26	13904

AGES: Adults (18 & older and out of high school)

FEE: \$220 entry fee + tax, ASA.,

WDM Adult SB Player Fee, Non-resident fees.

**COED RECREATION SOFTBALL LEAGUES**

Recreational 12" slow pitch coed softball leagues. Teams play a 6-game schedule. Carpet used to call balls and strikes, umpire your own game. All games staffed with a score keeper.

League	Day	Start date	Program #	Ages
B League	SUN	6/22	13907	Adults (18 & older and out of high school)
C League	SUN	6/22	13908	
D League	SUN	6/22	13909	
E League	SUN	6/22	13910	
C League	TH	6/26	13906	
D League	TH	6/26	13905	

FEE: \$170 entry fee + tax, ASA.,

WDM Adult SB Player Fee, Non-resident fees.

***ADULT ATHLETIC LEAGUE TEAM ACCEPTANCE POLICY**

The Adult Athletic League Team Acceptance Policy applies to all adult athletic leagues. The order of priority is as follows:

1.) Returning Teams. Defined as having at least 51% of last season's roster.

- Teams who participated in the league the previous season.**
- Teams who participated in the league the previous year.**
- Teams may be placed in another division at Department's option to equalize competition.**

2.) New Teams. Teams that did not participate in the league the previous season or year.

3.) Late Teams. Any team that does not meet the established deadlines will be accepted at the Department's discretion.

If more teams apply than we have space for, priority will be given to teams with the highest percentage of players on their roster residing within the City of West Des Moines School District in all cases except softball, where City boundaries apply.



Day Trips

BROADWAY ACROSS AMERICA PRESENTS: "WICKED" AT THE HISTORIC ORPHEUM THEATRE

Join us for a special day out in Omaha!! The Orpheum Theater is Omaha's "golden palace", a historic Midwestern landmark. We will enjoy lunch together at Spaghetti Works, with some brief time for shopping in the Old Market area before the matinee performance of "WICKED!" Winner of 35 major awards, including a Grammy and three Tony Awards, WICKED is Broadway's biggest blockbuster, a cultural phenomenon and was just named "the defining musical of the decade" by The New York Times. Transportation, lunch and theatre tickets are all included in the program fee.

DATE	Thursday, May 8
TIME	9am – 6:30pm
LOCATION	Omaha, NE
FEE	\$119
REGISTER BY	April 10
PROGRAM #	13678



"RING OF FIRE" — THE MUSIC OF JOHNNY CASH AT THE AMANA THEATRE

From the iconic songbook of Johnny Cash comes this unique musical about love and faith, struggle and success, rowdiness and redemption, and home and family. More than two dozen classic hits—including "I Walk the Line," "A Boy Named Sue," "Folsom Prison Blues," and the title tune—performed by a multi-talented cast, paint a musical portrait of The Man in Black that promises to be a foot-stompin', crowd-pleasin' salute to a uniquely American legend! Lunch is included at the famous Ox Yoke Inn, where food is served "family style." There will also be free time for shopping....making it a wonderful day in the Amana Colonies!!

DATE	Wednesday, May 21
TIME	8am – 7pm
LOCATION	Amana Colonies
FEE	\$69
REGISTER BY	May 7
PROGRAM #	14097



DAY TRIP INFORMATION **PLEASE NOTE: Space is limited to the first 52 people that register. These trips generally fill quickly, so please register early. The date listed is a registration cut-off date. These trips are open to people 55 years old and over. All trips depart from the Southeast corner of the Valley West Mall parking lot.*

"DOWNTON ABBEY" TEA AT MISS SPENSER'S TEA ROOM

The appeal of the "Downton Abbey" mini-series continues! Join us this year as Miss Spenser brings to you an entirely NEW program: To Marry an English Lord. Guests will enjoy a lovely, filling three course, English-inspired tea luncheon. Our meal will include: sandwiches and savories; scones with toppings; plenty of sweets and as always...an endless pot of gourmet tea. Step back in time to a more traditional time when the taking of afternoon tea was a daily ritual. Enjoy the delicious luncheon and outstanding program!

DATE	Thursday, June 5
TIME	10am – 5pm
LOCATION	New Virginia
FEE	\$ 54
REGISTER BY	May 22
PROGRAM #	14098



DISCOVER IOWA FALLS

Travel with us today as we discover a few of the highlights that Iowa Falls has to offer! We'll be greeted by our step on guide with morning coffee and treats as we tour throughout several interesting "City Highlights." Our stops will include the Historic St. Matthew's Episcopal Church, featuring a short organ recital, and a relaxing lunch aboard the Scenic City Empress excursion boat on the Iowa River. We will tour two additional stops that our step on guide will choose, before an afternoon sundae at the Historic Princess Café. Come see what Iowa's "Most Scenic City" is all about!

DATE	Wednesday, June 25
TIME	7:30am – 5:30pm
LOCATION	Iowa Falls
FEE	\$ 59
REGISTER BY	June 4
PROGRAM #	14099



Day Trips

"SPAM TOWN, USA"

Travel with us today as we discover a few of the highlights Austin, MN has to offer. Home of the Fortune 500 Company...Hormel Foods Corporation, our day will include a tour of the 16,500 square foot interactive SPAM Museum, lunch at the Old Mill Restaurant, a visit to the Hormel Historic Home and the Hormel Institute. We'll also include an ice cream treat from Culver's upon departure! Our day is sure to be educational, as well as interesting and FUN!

DATE	Tuesday, July 22
TIME	7am – 7pm
LOCATION	Austin, MN
FEE	\$54
REGISTER BY	July 1
PROGRAM #	14101



AMES CHOCOLATE & WINE EXPERIENCE

In three top-notch shops, you will be given a lesson on the history of chocolate, mold your own chocolate-on-a-stick and delight in the smells of cooking with chocolate. Of course, there will be sampling along the way, so come hungry! We'll start our day off learning the rich European History of chocolate at Chocolaterie Stam. We'll step into the world of a small-town candy and ice cream store which also features tempting chocolates at Temptations on Main. Lunch will be served at Olde Main Brewing Company where they specialize in handcrafted entrees and their own brewed root beer! We'll enjoy some personal shopping time in the Main Street Cultural District before touring Prairie Moon Winery & Vineyards where we'll enjoy a tasting and learn about the history and art of making wine!

DATE	Tuesday, August 19
TIME	9am – 5pm
LOCATION	Ames
FEE	\$49
REGISTER BY	July 29
PROGRAM #	14106



DAY TRIP INFORMATION **PLEASE NOTE: Space is limited to the first 52 people that register. These trips generally fill quickly, so please register early. The date listed is a registration cut-off date. These trips are open to people 55 years old and over. All trips depart from the Southeast corner of the Valley West Mall parking lot.*

MINNESOTA SPORTS WEEKEND

Join the West Des Moines Parks and Recreation on a Sports Trip in September. We are planning a weekend that will have both the Minnesota Twins and Minnesota Vikings playing in Minneapolis. For more information call, 222-3441.



A \$100 non-refundable deposit is due at the time of registration, with the remaining balance due three weeks prior to departure. Because all travel expenses are prepaid, we cannot offer refunds for travel programs.

ST. LOUIS CARDINALS VS. CHICAGO CUBS WEEKEND

Join us as we travel to the "The Gateway to the West" to take in the rivalry between the Cubs and Cards!! This three day, two night package includes: stadium seating in section #345 on Friday night; premium, all-inclusive seats on Saturday in a box suite on Redbird Row! These seats include: a two-hour, all-you-can-eat picnic buffet; Coca-cola products throughout the game; Bud and Bud Light beverages through the middle of the 8th inning and your game ticket! (Please note: These seats include indoor/outdoor seating in Suite #214, in right field.) This weekend package also includes a two night hotel stay; breakfast each morning at the hotel; and roundtrip transportation. Whichever team you cheer for....GO CUBS!! or GO CARDS!! This weekend will satisfy all baseball fans!!

DATE	August 29 – 31 (Friday – Sunday)
LOCATION	St. Louis, MO
FEE	\$399/person double \$369/person triple \$349/person quad \$499/person single
REGISTER BY	July 25
PROGRAM #	14109





Aquatic Centers Open **May 31st!**

AQUATIC CENTER SEASON PASSES

Resident and Non Resident Passes
are on sale NOW at...

- West Des Moines City Hall
4200 Mills Civic Parkway
Monday through Friday 8am-5pm
- WDM Community Center
217 5th St.
Monday through Friday Noon-5pm

**Season passes are good at
both WDM aquatic centers and
at the Clive Aquatic Center.**

PASS PRICES

WDM Resident

Single.....\$80
Two Person\$110
\$35 per each additional person
\$50 — Nanny Fee

Non-resident

Single.....\$120
Two Person\$160
\$45 per each additional person
\$50 — Nanny Fee

**Everyone with a pool pass will
need to have their photo taken
in one of the following ways:**

- **At the time of purchase**
- **During regular office hours**
- **At the pool this summer
(lines might be long)**

**Returning pass holders with a
photo on file do NOT need their
photo retaken.**

WEATHER POLICY

If the Aquatic Center closes because
of weather (electrical storm or cool
temperatures) between 12:30pm – 5pm
the pool will not reopen until 5:45pm.
If the pool does not open at 5:45pm
the pool will not reopen.

Aquatic Programs

CURRENT WALKING

A new twist on an old activity. Join us at the Valley View Park Aquatic Center's lazy river for a walk against the river's current. Walkers will enjoy a unique resistance, challenging them to get a greater benefit from their stroll.

DAYS: Sun – Fri

TIME: 5:45pm – 6:30pm

AGES: 18+

LOCATION: 81st & Bridgewood

FEE: \$4 per visit

(please pay at the aquatic center)

ADULT LAP SWIM

Enjoy a great cardio workout by swimming laps. Valley View Aquatic Center features 25 yard lanes for swimmers to use.

DAYS: Sun – Fri

TIME: 5:45pm – 6:30pm

LOCATION:

Valley View Aquatic Center

FEE: \$4 per visit

(please pay at the aquatic center)



PARENT & ME SWIM LESSONS (EVENINGS ONLY)

This self guided program provides an opportunity for parents and their young children to explore the water together. Participants will have a special area of the pool to work together and learn basic water exploration skills. Parents will be given handouts that will provide directions for activities to do with their child.

DATES:

Session 1: June 16 – 27 #14025

Session 2: July 7 – 18 #14026

Session 3: July 21 – Aug 1 #14027

DAYS: Mon/Wed/Fri

TIME: 5:45pm – 6:20pm

AGES: 12 – 36 months & adult

LOCATION: Valley View Aquatic Center

FEE: \$26/couple



DOGGIE DIP

Check the Aquatic Centers in late July for details call 273-0700.

AQUATIC CENTER RENTALS

Looking for a unique outing for your business, church, or youth group? Why not schedule a private rental of one of the West Des Moines Aquatic Centers? Aquatic Center Rentals at either Valley View or Holiday are available

6:30pm to 8:30pm on Saturdays, June 7 – August 2. Rental fees include all costs. Concessions are available as well, but not included in rental fees.

Holiday Aquatic Center

- \$715 for whole Pool

Valley View Aquatic Center

- \$660 - Lazy River - Slides and Lazy River
- \$330 - Leisure Pool - Kids Pool
- \$248 - Lap Pool - Diving Boards and Drop Slide
- \$1,045 - Whole Facility

For more information and reservations please call 222-3440.





AQUATIC CENTER BIRTHDAY PARTIES

Have your next birthday party in the sun and fun at Valley View or Holiday Aquatic Center!! Party packages include: reserved space for 2 hours for your group, admission to the aquatic center for your group, one FREE admission for an accompanying adult, and your choice of a food combo from the concessions for everyone in your party! Your group will also get to use the water slides during a special assigned pool break so there are NO lines to wait in!!

- Group of 10 (+ 1 FREE adult) \$115
- Each additional person \$15

Groups cannot be larger than 15 people.

For more information or to make a reservation please call 222-3440

PRIVATE SWIM LESSONS

Each child learns and excels differently. Learn to swim or further your child's skills through private lessons with one-on-one instruction. Instructors will use the Learn-to-Swim progressions, but at an individualized pace.

DAYS: Mon – Fri

DATES: June 16 – 20, June 23 – 27, July 7 – 11

TIMES: 9am – 9:30am, 9:35am – 10:05am,
10:10am – 10:40am

LOCATION: Holiday Aquatic Center

FEE: \$99 per session

Call 222-3440 for more information



The ***I Can Swim West Des Moines*** program is looking to provide adults who have both the desire to learn to swim as well as give back to the community, swimming instruction with sound swimming skills and water safety in an encouraging environment. It is our belief that every person should have the opportunity to learn to swim and gain the confidence to feel comfortable in and around the water. In an effort to encourage more adults to learn to swim, the I Can Swim WDM program asks participants to commit to an act of outreach that will support other adults learning to swim. Spaces for this program are limited. For more information about the I Can Swim Program visit www.icanswimiowa.com



ADULT SWIM LESSONS

Learn to swim or improve your skills in this class for adults.

DAYS: Mon – Fri **DATES:** June 16 – 27 **TIME:** 6:15pm – 6:45pm

LOCATION: Holiday Aquatic Center **FEE:** \$43 **PROGRAM #:** 14149

American Red Cross Skill Progress Levels:

WATER PUPS: 3 & 4 year olds.

Water Exploration: Putting face under water, bubble blowing, kicking, supported kick on front & back.



**American
Red Cross**

ADV. WATER PUPS: 3 & 4 year olds.

Children will kick and glide on front and back and learn basic swimming skills.

These classes have a minimum age requirement of 5 yrs.

LEVEL 1 – INTRODUCTION TO WATER SKILLS

Helps participants feel comfortable in the water.

- Enter and exit water using ladder, steps or side
- Blow bubbles through mouth and nose • Bobbing
- Open eyes under water and retrieve submerged objects
- Front and back glides and floats
- Recover to vertical position
- Roll from front to back and back to front
- Tread water using arm and hand actions
- Alternating and simultaneous leg actions on front and back
- Alternating and simultaneous arm actions on front and back
- Combined arm and leg actions on front and back

LEVEL 2 – FUNDAMENTAL AQUATIC SKILLS

Gives participants success with fundamental skills.

- Enter and exit water by stepping or jumping from the side
- Fully submerge and hold breath
- Bobbing
- Open eyes under water and retrieve submerged objects
- Front, jellyfish and tuck floats
- Front and back glides and floats
- Recover to vertical position
- Roll from front to back and back to front
- Change direction of travel while swimming on front or back
- Tread water using arm and leg actions
- Combined arm and leg actions on front and back
- Finning arm action

LEVEL 3 – STROKE DEVELOPMENT

Builds on the skills in Level 2 through additional guided practice in deeper water.

- Enter water by jumping from the side
- Headfirst entries from the side in sitting and kneeling positions
- Bobbing while moving toward safety • Rotary breathing
- Survival float • Back float
- Change from vertical to horizontal position on front and back
- Tread water
- Flutter, scissor, dolphin and breaststroke kicks on front
- Front crawl and elementary backstroke

TO BETTER PLACE YOUR CHILD in the

American Red Cross Learn to Swim Program, please review these lists of skills taught in each progress level. These partial lists are skills taught in the course and required for completion of the level.

LEVEL 4 STROKE IMPROVEMENT

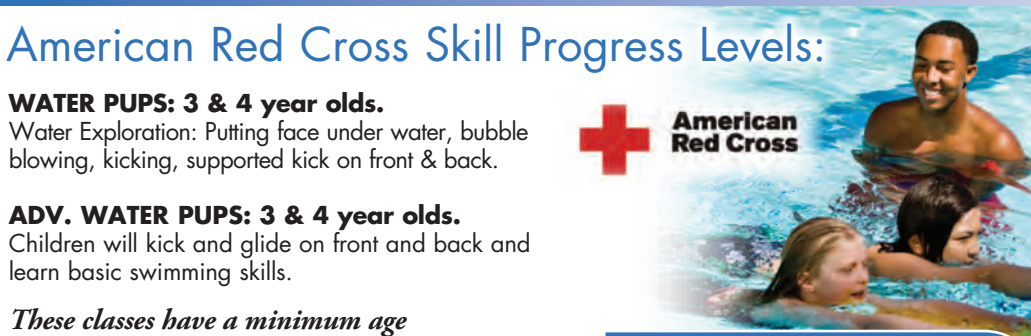
Develops confidence in the skills learned and improves other aquatic skills.

- Headfirst entries from the side in compact and stride positions
- Swim under water
- Feetfirst surface dive
- Survival swimming
- Front crawl and backstroke open turns
- Tread water using 2 different kicks
- Front and back crawl, elementary backstroke, breaststroke, sidestroke and butterfly
- Flutter and dolphin kicks on back

LEVEL 5 STROKE REFINEMENT

Provides further coordination and refinement of strokes.

- Shallow-angle dive from the side then glide and begin a front stroke
- Tuck and pike surface dives, submerge completely
- Front flip turn and backstroke flip turn while swimming
- Front and back crawl, elementary backstroke, breaststroke, sidestroke and butterfly
- Sculling



REMEMBER: Please refrain from registering your child for multiple sessions assuming they will advance to the next swim level for the following session. Changes to registrations once processed are charged a \$5 processing fee, and if the class you need is full, your child will not be able to join that class.

**MORNING SWIM LESSONS:
VALLEY VIEW AQUATIC CENTER**

DAYS: Week I: Tues – Fri • Week II: Mon – Fri

DATES: Session 1: June 17 – 27

Session 2: July 8 – 18

Session 3: July 22 – August 1

FEES: Water Pups, Adv. Pups: \$42

Levels 1 – 5: \$40

LOCATION: 81st and Bridgewood

**Valley View Aquatic Center Morning
Lessons Schedule & Program Numbers**

**30 Minute
Classes**

Water Pups	8:30	9:10	9:50	10:30
Session 1	13726	13729	13732	13735
Session 2	13727	13730	13733	13736
Session 3	13728	13731	13734	13737
Adv Pups	8:30	9:10	9:50	10:30
Session 1	13738	13741	13744	13747
Session 2	13739	13742	13745	13748
Session 3	13740	13743	13746	13749
Level 1	8:30	9:10	9:50	10:30
Session 1	13750	13753	13756	13759
Session 2	13751	13754	13757	13760
Session 3	13752	13755	13758	13761
Level 2	8:30	9:10	9:50	10:30
Session 1	13762	13765	13768	13771
Session 2	13763	13766	13769	13772
Session 3	13764	13767	13770	13773
Level 3	8:30	9:10	9:50	10:30
Session 1	13774	13777	13780	13783
Session 2	13775	13778	13781	13784
Session 3	13776	13785	13779	13782
Level 4	8:30	9:10	9:50	10:30
Session 1	13786	13789	13792	13795
Session 2	13787	13790	13793	13796
Session 3	13788	13791	13794	13797
Level 5	8:30	9:10	9:50	10:30
Session 1	13798	13801	N/A	13804
Session 2	13799	N/A	13803	N/A
Session 2	13800	13802	N/A	N/A

**EVENING SWIM LESSONS:
HOLIDAY AQUATIC CENTER**

DAYS: Monday – Friday

DATES: Session 1: June 16 – 27

Session 2: July 7 – 18

Session 3: July 21 – August 1

FEES: Water Pups, Adv Pups: \$45

Level 1 – 5: \$43

LOCATION: Holiday Park Aquatic Center,
17th & Railroad

**Holiday Aquatic Center Evening Swim
Lessons Schedule & Program Numbers**

Water Pups	6:15	6:50	7:25	8:00
Session 1	13806	13807	N/A	N/A
Session 2	13809	13811	N/A	N/A
Session 3	13810	13812	N/A	N/A
Adv Pups	6:15	6:50	7:25	8:00
Session 1	13813	13814	N/A	N/A
Session 2	13816	13818	N/A	N/A
Session 3	13817	13819	N/A	N/A
Level 1	6:15	6:50	7:25	8:00
Session 1	N/A	13820	13821	13822
Session 2	N/A	13826	13828	13830
Session 3	N/A	13827	13829	13831
Level 2	6:15	6:50	7:25	8:00
Session 1	N/A	13832	13833	13834
Session 2	N/A	13838	13840	13842
Session 3	N/A	13839	13841	13843
Level 3	6:15	6:50	7:25	8:00
Session 1	N/A	13844	13845	13846
Session 2	N/A	13850	13852	13854
Session 3	N/A	13851	13853	13855
Level 4	6:15	6:50	7:25	8:00
Session 1	N/A	13856	N/A	13858
Session 2	N/A	13862	13857	13864
Session 3	N/A	N/A	13863	13865
Level 5	6:15	6:50	7:25	8:00
Session 1	N/A	N/A	13867	13868
Session 2	N/A	N/A	N/A	13870
Session 3	N/A	13866	N/A	13871

Dogs in Parks

Please remember that the **ONLY** place that dogs are allowed to be off-leash in the City's parks is the Raccoon River Dog Park. Park rules and regulations require that dogs be on a leash not more than 10 feet long. This is for the safety and well-being of all park visitors and for the safety of your dog.

Also, please be considerate to other park visitors and clean up after your dog. Waste bags are provided in Raccoon River Park along the trail. Remember to bring a bag with you to all other parks and trails. We appreciate responsible pet owners!



Going to the Dog Park?

Here are some things that you can do to... Minimize RISK and Maximize FUN

- Assess the Park before Entering
 - Are the dogs in the park a good “match” for your dog’s style of play?
 - Do the owners in the park maintain control of their dogs?

Raccoon River Dog Park

Dog park permits are now on sale! Don't miss out on the fun!

Mail-In

Go to www.wdm.iowa.gov/DogPark Download the application form, complete it and mail the form, a copy of rabies & distemper/parvo vaccination records and payment to the address on the form.

Walk-In

Stop by one of the following locations. Be sure to bring your dog's records showing current rabies & distemper/parvo vaccinations.

WDM Parks & Recreation Administration

4200 Mills Civic Parkway – 1B
8am – 5pm, Monday-Friday

Raccoon River Park

Nature Lodge

2500 Grand Avenue
8am – 5pm, Monday-Friday
Evening/Weekend Hours –
Call 222-3424

- BE an ACTIVE observer! Keep your dog in sight and under your command.
 - Keep your CELL PHONE in YOUR POCKET!
 - Don't get caught up in conversation and lose track of your dog and surrounding.
- Recall your dog FREQUENTLY!
 - Keeps the dogs brain “connected” to you and allows you to manage your dogs energy.
 - Keep moving WITH YOUR DOG!

"Dogs Like Me"

You and your "best friend" are invited to meet up with other owners of the same breed at the Raccoon River Dog Park on these special days!

ALL DOGS ARE WELCOME ON THESE DAYS!

Don't worry if your dog is not a purebred, does not belong to the group of the day, or that your dog is a mix of the best that every breed has to offer. Big, small, short or tall, bring your best friend to Raccoon River

Dog Park on any of these days, no pre-registration is necessary! A permit is required to enter the dog park, but free one-day passes will be available for those without a permit who would like to try out the dog park and meet other dog owners.

Not sure what group your dog belongs to? For more information on dog breeds and to see which American Kennel Club group your dog belongs to, please visit the American Kennel Club's website at www.akc.org.



May 3, 2014, 9am – 11am Hark! Here Come the Hounds!

Hounds are often relied upon for scents tracking abilities but are also known for their companionship. Bring your hound to the Dog Park and meet other hound owners.

May 31, 2014, 9am – 11am Left, Left, Left, Right Left! Follow the Herd!

If you've got one really smart Herding dog in your family, stop by to meet other owners of Herding breeds and their bright best friends.

June 7, 2014, 9am – 11am Big, Tall, Short, Small...And Loved By All!

Non-Sporting breed dogs are so diverse that there's something to love about all of them! Come out to the Dog Park to meet other Non-Sporting owners and their beloved best friends.

June 21, 2014, 9am – 11am Red Rover, Red Rover, Send The Retrievers Right Over

This day is for the Sporting group... from pointers to retrievers and setters to spaniels.





NATURE LODGE RENTALS

Looking for a room with a view to hold that family function or business meeting? Then the Raccoon River Park Nature Lodge is just the place for you! The Lakeview Room provides a panoramic view of Blue Heron Lake in Raccoon River Park. This unique setting provides a quality experience for your guests to enjoy and offers a variety of spaces and services to make planning your event and easy as one...two...three!

The Lakeview Room accommodates groups as small as 20 people up to sit down functions for 110 people. Our great rental rates make things affordable and works with your budget. We have preferred caterers if you choose to use them, or feel free to make your own arrangements with your caterer. Only beer and wine are allowed at the Lodge.

Give us a call today at 222-3424 to check availability today!



THE LAKEVIEW ROOM
PROVIDES A PANORAMIC
VIEW OF BLUE HERON





WDM COMMUNITY CENTER RENTALS

Located in the heart of Valley Junction, the West Des Moines Community Center offers a variety of meeting and social function spaces that can meet your needs. On the **first level** there are **several flexible rooms** that can accommodate groups from 20 to 100 people depending on your set up requirements.

The **Grand Ballroom** is located on the **second level** of the building which offers space for seated functions for groups as large as 200 people. The Ballroom has recently been updated with a new maple wood floor, ceiling and lighting updates, fresh coat of paint, and new windows. It is a great space for large family or business dinner affairs as well as wedding receptions.

Give us a call at 222-3440 to check rates and availability today!



Jordan Cemetery

A resting place for many of the founding families of West Des Moines, Jordan Cemetery is located at 2700 Fuller Road. Jordan Cemetery dates back to 1846 when James Jordan arrived in Polk County and homesteaded in the area. The cemetery is now operated by the Parks and Recreation Department, and continues to provide cemetery lots for sale. If you would like information please contact the Parks and Recreation Office at 222-3444.



4 WAYS TO REGISTER NOW!



Scan & Register with your mobile device.

• On-Line:

<https://reconline.wdm-ia.com>

• Mail-In:

P.O. Box 65320, WDM, IA 50265

• Call-In:

222-3444

• Fax-In:

222-3459

POLICIES

REFUND POLICY

Refunds will be gladly given for any reason as long as your request for a refund is submitted before the registration deadline date. Any time after that date, refunds will only be issued with a written medical excuse. *This policy does not apply to travel programs & adult sports leagues.*

CANCELLATION POLICY

We reserve the right to cancel a program or activity that does not meet the minimum number of participants necessary to offer the program.

REGISTRATION CHANGE FEE

A fee of \$5 will be charged for each Registration Change made after participants are enrolled in a program.

RECREATION PROGRAM ASSISTANCE

Fee discounts are available for WDM residents meeting guidelines for assistance. Applications will be available at **WDM Human Services, 318 5th Street.**

ACCOMMODATIONS

It is the responsibility of the individual with a disability requiring accommodations to inform the Parks and Recreation Department, at least 48 hours in advance. Please call **222-3444** to have accommodations provided.



First Name(s) (Parent or Guardian)

Last Name

Address

City, State, Zip

Home Phone

Alternate Phone Number

e-mail Address

Visa, Mastercard, or Discover (Circle one)

Card number

exp. date

\$5 / change fee for program changes made after your registration has been processed.

WDM Parks And Recreation Waiver And Release

In consideration of my own or my child's participation in the Parks and Recreation (hereinafter referred to as "P&R") program or activity through the City of West Des Moines, Iowa (hereinafter referred to as "City"), we hereby release the City, its officials, employees, representatives, and agents from any and all accidents, injuries, damages, or losses received by my child or by myself through the P&R program that have not been caused by negligence attributable to the City. I also agree and acknowledge that the City is not responsible for any intentional or reckless actions of the City's officials, employees, representatives, and agents since those actions are the sole conduct of the responsible individual(s). I further agree and acknowledge that this release of liability is full, complete, and comprehensive, and it covers all accidents, injuries, damages, or losses, known or unknown, and any and all costs related thereto arising out of or otherwise related to my child's participation or my own participation in programs or activities, and that this release is binding upon our heirs, successors, and assigns.

We certify that my child and or myself has received a proper physical examination within the past year and that we are physically able to participate in all P&R activities. We understand that it is our obligation to timely inform P&R of any restrictions or limitations regarding our physical abilities. We also understand that it is our obligation to follow all regulations and rules set forth by P&R in the performance of the activities. We hereby release, indemnify, and hold harmless the City, its officials, employees, representatives, and agents from any and all claims, settlements, and judgments, including all reasonable investigative fees, attorney's fees, and court costs for any injury, damage, or loss, which is due to or arises in whole or in part due to negligent, reckless, or intentional actions taken by my child or by myself.

Participant Name	Birthdate	Activity	Program #	Fee

Please make checks payable to the City of West Des Moines

MAIL to: WDM Parks and Recreation • P.O. Box 65320 • West Des Moines, IA 50265

DROP OFF this form with your payment at the Parks and Recreation Administration Office
4200 Mills Civic Parkway • West Des Moines, IA 50265



Scan with
your mobile
device to see
our website

PRSRT STD
U.S. POSTAGE
PAID
Des Moines, IA
Permit No. 589
ECRWSS



P.O. Box 65320
West Des Moines, Iowa 50265

BIRTHDAY PARTIES



Birthdays are special, and we have some great ways to celebrate them! Choose from various themes and locations, and leave the planning details to us!! Our parties include: set up; a reserved space for your event; a party host or hostess; a theme related activity; cake; ice cream; juice; paper goods; and most importantly....the clean up!! All parties cost \$110 for the first 12 participants (including the birthday child) and are two hours in length. An additional fee of \$10 per child will be charged for parties larger than 12, with a maximum of 15 participants allowed.

***PLEASE NOTE:** All party participants must meet the minimum age required for each specific party!! *** To schedule your special date, please call 222-3424.** Reservations must be made at least 2 weeks in advance.

THEME:	LOCATION:	AGE: (of all party participants)
Amazing Animals	Nature Lodge	4-8
Princess Party	Nature Lodge	4-8
Sports of All Sorts	Nature Lodge	5-8
Flower Power	Nature Lodge	5-8
Pirate Party	Nature Lodge	5-8
Pajama Party	Nature Lodge	5-8

**For Birthday
Parties at WDM
Aquatic Centers,
please see p51**

Party fees and themes are effective April 18th